

Yoga Awakening Online Yoga School Application

Application for 200-Hour RYS Yoga Teacher Training

Thank you for your interest in the 200-Hour Yoga Alliance Certified Yoga Teacher Training program with Yoga Awakening and Park City School of Yoga. Please complete this form and submit it online to be@yogaawakeningwithsue.com

Personal Information

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Date of Birth: _____

Profession: _____

Yoga Background

1. When did you begin to study yoga?
2. What yoga classes and workshops have you attended in the past two years?
3. Describe your own personal yoga practice.

Frequency:

Duration:

Length of time practicing yoga:

4. List details of any previous yoga teacher training.

List and describe any yoga teaching experience.

Personal Reflection

Please briefly address each of the following questions:

1. How has yoga affected your life?
2. Why do you want to become a certified yoga teacher?
3. Why do you believe you are the best candidate for this program?

References

Please list one reference and have them send a letter of reference directly to
be@yogaawakeningwithsue.com. References should be from current yoga instructors.

Reference Form

Wake Up and Manifest Online Yoga School

Yoga Teacher Reference

Applicants to the yoga teacher training Certification Program are required to submit references from individuals who have personal knowledge of their yoga experience. Your input regarding the applicant will enable us to better evaluate their qualifications.

When complete, please email to be@yogaawakeningwithsue.com

(Please print)

Name of applicant:

Name of yoga teacher giving reference: _____

Phone number: _____

Please respond to the questions below:

1. In what capacity have you known the applicant?

2. How long has the applicant been attending your yoga classes?

3. How often?

4. Rank the applicant's sincerity towards their practice of yoga:

1 2 3 4 5 6 7 8 9 10 (Least to Most)

5. Rank the applicant's proficiency in yoga:

1 2 3 4 5 6 7 8 9 10 (Low to High)

6. Rank the applicant's overall readiness to become a yoga teacher:

1 2 3 4 5 6 7 8 9 10 (Not ready to Well prepared)

Thank you for completing this reference.

Signature: _____

Date: _____