

**Washington St. Coaches Association  
ISA Fall meeting**

**Agenda**

**Sunday, Oct. 22, 2023**

**11:00 am**

- I. Call to order – President Olson
- II. Introduction of ISA Reps, Executive Board, guest speaker  
In Attendance: Darrell Olson, Rob Freise, Mike Schick, El Lualainen, Rick Giampietri, Brett Lucas, Mark Keel, Pat Fitterer, Nalin Sood, Cindy Adset, Mick Hoffman, Brian Jackson, Suzanne Marble, Tawnya Brewer, Kevin Eager, Corey Davis, Tom Harmon, Dan Taylor, Ciara Ashworth, Ryan Fleisher, Jeanne Gloudeleman's, Laura Lindersmith
- III. **Guest Speaker: Mick Hoffman, Executive Director, WIAA**  
Splitting the spring Sports State weekends. Surveys are coming out this fall.  
How do we get surveys out?  
Is this because it is easier to have multiple weekends for state championships?  
Cindy: We are not changing the format, just the weekend.  
Rob: we are getting better the percentages returning survey results  
Mick: Social Emotional Component is 2 of the 5 hours. The five classes would be available through the UW. Then sport specific classes. The general rules clinic embedded. Susan Crown exchange. A school could apply to do their own training. Coaches School.  
Updated school counts are coming in for the upcoming 4 year cycle, schools can appeal at the second week in January. Tell your sad story with data.  
Four Corners Coaching, Bruce Brown  
Cindy: Sport committees, we talked to league presidents this past year.  
We like when ISA's are involved in these committees, but they should be in more than one division.  
Mick the goal is to have ISA representative in all divisions.  
NFHS, there is a possibility to have a representative of your sport on the rules committee.  
Gender Identity, OSPI as the student identifies themselves, not a title IX thing.

Cindy: Amendments were finalized and will be public soon, they will be discussed at leagues and then they will be discussed at winter coalition 1/22/23, then finalized in the spring.

Checking on ISA report: Dance/Drill, Softball, Volleyball, Gymnastics, Boys Basketball, Baseball, Girls Basketball, Track and Field, Football, Wrestling, Athletic Trainers

IV. **Approval of March 26, 2023 ISA meeting minutes**

Moved and seconded, Ed and Rick

approved

V. **Financial Report – Rob Friese**

- a. Membership update
- b. Are ALL ISA's current members of the WSCA ??
- c. Member card use for post-season
- d. 2023-'24 WSCA Budget Update
- e. ISA reimbursement for 2023-'24 TBD. Reimbursement to individual sport groups. Will be based on our financial status on May 1, 2022. We did this for 2022-'23 and it worked. **ISA's must submit proper paperwork for reimbursement.**
- f. ISA individual sport bank accounts – each sport must set up their own individual sport bank account's. Keep a copy of your meeting notes. You need officers and a treasurer. Each ISA is responsible for the management of their sport's finances.

VI. **Membership: Rob & Darrell**

- Membership update
- process for requesting roster of coaches in your individual sport group – Rob
- all 'personal' coaches information shared with ISA's is CONFIDENTIAL and may not be released to the outside public. We will share a coaches email only - Darrell
- When do cards get released to coaches? : group &/or individually
- retrieving your membership card if you delete or lose it – Rob
- We have consolidated **boys & girls sports** selections on membership registration page:
  - Cross Country
  - Golf
  - Wrestling
  - Tennis
  - Soccer
- We have the ability to send out mass emails to your coaches groups if you need to get any news out to your group in a timely manner.

VII. **Mental Health** – how are the baseball coaches addressing this issue - Brian Jackson

- What are other sports doing to address the mental health issues facing

our athletes?

- Is time being devoted, at clinics, to discuss the mental health of our athletes and time given to share with each coach ?
- Is this a front burner issue with individual sport groups ?
- Hilinski's Hope
- The Jason Foundation
- Others ??

Brian Jackson: Mental Health. Goal was with the WSBCA try to create a program that would be conducted at our clinic about awareness. We have stalled with that. What can we use? I am trained with Mental Health training, they have a youth and adult mental training. What can we brainstorm? Nalin, do we need a sub committee? Dan, would it be something that we meet with WIAA, to watch or view? Rob, being a member of NOCAD partners with the Jason Foundation.

A current contact that wrestling used for the Jason Foundation.

[BrettMarciel@jasonfoundation.com](mailto:BrettMarciel@jasonfoundation.com)

Hilinski's Hope is currently working with baseball. Marathon Day for Mental Health, first week of April

#### VIII. ISA's – Your Job.....

- Represent the coaches in your individual sport group
- Be the spokesperson for your sport group
- Communicate to your coaches group information from the WIAA and/or your national sport's association.
- Provide feedback to the WIAA regarding any issues related to your sport that may need immediate or long term solutions.
- Provide networking opportunities for your sport group
- Provide educational clock hour opportunities for your coaches
- Be a good financial steward of your individual sport group's financials.

#### **IX. Report on our new insurance carrier Loomis LaPan - Rob**

#### **X. WA COACH report – Mike Schick**

- Winter deadline for submission of articles and information in magazine - Jan. 14
- WASH COACH magazine publishing schedule - Mike
- Hard copies mailed to ISA's ? - Mike
- ISA's review website for your sport's Hall-of-Fame Coaches - Mike
- Where do HOF applications posted on website get sent if a coach wants to nominate ?
- *Hearing Their Final Whistle* column – Mike
- Share good stories from your sport, in the magazine
- WSCA website update: [washcoach.net](http://washcoach.net)
  - ISA's: review your page and be current with the info on your site.
- Submit bio's from each of you, and a picture, for the winter COACH magazine

Mike, it is hard to get a copy after printing, please be diligent to give me a heads up before printing if you want a printed copy.

- XI. **ISA Reports on website:** How to submit your ISA report on the WSCA website – **Brett**
- XII. **Clinic Clock Hours report – Pat Fitterer**
- Approval of clock hours FALL & WINTER individual sports clinics, if any?
  - Reminder to submit your clock hour request forms into 24/7 – plan ahead!
  - ALL clock hours must be approved by the WSCA Executive Board.
- Pat, everyone is filling out information as a backup.
- XIII. **Lifetime Achievement Award – Tom Harmon explain to ISA's**  
Tom, add a picture, give us a quick synopsis.
- XIV. **Career Recognition Award – Brett Lucas explain to ISA's**
- XV. **Lifetime Membership nomination form - Mike explain to ISA's**
- XVI. **WSCA Special Project / Event GRANT - Rob**
- XVII. **WIAA Report ? – Mike Schick**
- Amendment process upcoming ?
- The WIAA is a great advocate for helping the amendment process through at the board meetings.
- XVIII. **ISA Reports** – written reports should be submitted online ahead of the meeting. You will give an oral report to the group. Your report will be shown on screen while you are talking.  
Reports given out by Dance/Drill, Softball, Volleyball, Gymnastics, Boys Basketball, Baseball, Girls Basketball, Track and Field, Wrestling, Athletic Training/Sports Medicine, Tennis(was not in attendance but submitted a report).
- XIX. **Discussion:** the Executive Board has started discussions about increasing the WSCA dues to \$50 beginning with the 2024-'25 fiscal year.
- Reasons include:
  - overall operating costs (due to inflation), post COVID, has increased for our association
  - Cost of our liability insurance will increase yearly
  - Increase in ISA payouts
  - Stipends for our **Executive Director** and **Magazine Editor** have remained stagnant, while their responsibilities have increased significantly over the last 3 years.
  - Have not had a dues increase since 2015
- Discussion: most are in favor.
- XX. **Spring 2024 ISA Meeting date: Sunday, March 17 or 24** – will let everyone know  
Discussion will happen at the Executive Board meeting on Monday 10/23/23
- XXI. **Go 'round.....**

Meeting adjourned

2:44 PM

***Thanks to ALL ISA's for attending today's meeting and making the WSCA such a strong professional coaches organization***