

FKW: Spa in Lusail

Meta Title: Spa in Lusail: ESPA Life, Marina Stream Spa and More

Meta Description: From ESPA Life to Marina Stream Spa and Wellness, spa in Lusail are among the best places to pamper yourself. Here are the details.

Slug: spa-lusail

Excerpt: Spa in Lusail offers relaxing treatments with professional therapists and top facilities. Here are the details.

Category: Guides+Advice

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Cover Image:



Alt Text: (Spa in Lusail)

<https://elements.envato.com/concentrated-wellness-center-massotherapist-stretc-Y4CBRRF>

A Guide to the Best Spa in Lusail

Known for its eco-friendly infrastructure and a lively multicultural environment, Lusail is also home to comforting spa centres. Whether you seek a classic massage, rejuvenating facials or a full pampering day, spa in Lusail serves the purpose. Let's explore a list of the best spa centres in Lusail and everything about them:

- [ESPA Life](#)

- [V Spa](#)
- [Raffles Spa and Wellness](#)
- [Marina Stream Spa and Wellness](#)
- [Moskva Beauty Salon and Spa](#)
- [Key Takeaways](#)
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List of Top Spas in Lusail

[Living in Lusail](#) offers an extensive range of amenities, providing residents and visitors with convenience and spa centres are among them. The spa in Lusail provides high-quality services within a calm and comfortable setting. Explore more about these spa centres with us!

1. ESPA Life

ESPA Life is the Waldorf Astoria Spa in Lusail, delivering a dynamic wellness and spa experience. It guarantees mental and physical regeneration and relaxation through state-of-the-art treatments and facilities.

Spanning 2,500 m² over 3 floors, it features different rooms for men and women and a terrace with beach and pool views. Additionally, this award-winning spa offers sensory sauna and steam rooms, along with quartz and flotation beds, to elevate the visitor experience. ESPA Life also offers a range of products, including skincare, body care, homeware and more.

Location

Waldorf Astoria, Damsa Boulevard, Entertainment City, Lusail
(Map Link: <https://maps.app.goo.gl/daexbjqdxuZxYT7g8>)

Services

Serivces	Treatments
Nurture	• Nurture Ritual • Bespoke Beauty Intensive Facial • Embody Rest Massage • Essence of ESPA Rest and Restore Massage • ESPA Signature Restorative Journey • Mother Me Relax and Restore Massage • Mother Me Soothing Leg Treatment • Recharge Salt Stone Massage
Resilience	• Immune Fortifying Ritual • Build Resilience Body Ritual • Natural Facelift • Fortifying Cryo Facial • Cryo Eye & Scalp Treatment

	• Embody Strength Massage • Essence of ESPA Resilience Massage
Reflection	• Chakra Crystal Ritual • Poultice Frequency Ritual • Mindful Facial • Embody Mindfulness Massage • Essence of ESPA Reflection Massage • ESPA Signature Positivity Journey
Form	• Detox Body Balancer Ritual • Cryo Marma Body Ritual • Intensive Regenerating Facial • Cryo Eye Lift Treatment • Embody Energy Massage • Active Deep Muscle Massage • Contour & Firm Treatment • Targeted Hip & Thigh Treatment
Vitality	• Virya Abhyanga Ritual • Active Nutrients Glow From Within Facial • Depuff Eye Treatment • Embody Mindful Positivity Massage • Essence of ESPA Vitality Massage
Hammam	• Berber Hammam • Gardens of Marrakesh • Traditional Hammam

Facilities

- Ladies' Tea Lounge and Relaxation Room
- Male Snow Room
- Wyld Erth Spa Café
- Heated Loungers
- Ice Fountains
- Vip and Couples Suite With Private Entrance

Opening Hours

Thursday to Monday: 10:00 am to 11:00 pm

Tuesday to Wednesday: 10:00 am to 10:00 pm

Contact Information

+974-4-456-5656



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https://assets.hiltonstatic.com/hilton-asset-cache/image/upload/c_crop,w_4454,h_3000,q_80,f_auto,x_44/Imagery/Property%20Photography/Waldorf%20Astoria/D/DOHQTWA/Waldorf_Astoria_Lusail_ESPA_life_Private_Suite_3.jpg (Waldorf Astoria Lusail Spa Centre) Image Credit: <https://www.hilton.com/en/hotels/dohqtw-waldorf-astoria-doha-lusail/wellness/?htmlMenu5ActiveTab=1&htmlMenu6ActiveTab=5>

2. V Spa

V Spa is a luxury spa in Lusail, offering massages and aromatherapies especially designed to nourish the body as well as the mind. It believes in the power of touch to heal, relax and restore balance, offering a refreshing getaway from the busy routine

The spa centre employs highly skilled therapists who provide personalised treatments based on individual needs. Additionally, V Spa creates a clean, safe and inviting environment, ensuring everyone's comfort.

Location

Velero Hotel, 4th floor, Al Majdami Street, [Lusail](#)
(Map Link: <https://maps.app.goo.gl/hBJLCmonCDm4hp7N7>)

Services

- Wellbeing Relaxation
- Thai Traditional Massage
- Aromatherapy Massage
- Deep Tissue Massage
- Head, Neck & Shoulders Massage
- Moroccan Bath & Massage

Facilities

- Experienced Therapists
- Serene and Luxurious Setting
- Hygienic and Safe Atmosphere

Opening Hours

Monday to Sunday: 11:00 am to 12:00 am

Contact Information

+974-3-312-3806



Alt Text: <https://diivanaspaii.com/wp-content/uploads/2025/03/3.png> (V Spa in Lusail) Image

Credit: <https://diivanaspaii.com/our-interiors/>

3. Raffles Spa and Wellness

Located within the Raffles Hotel, Raffles Spa and Wellness is a waterfront spa in Lusail offering stunning views of the Arabian Gulf and skyline. The spa centre blends ancient philosophies with advanced technology to deliver a range of wellness rituals and treatments.

It hires professional staff and therapists, dedicated to providing holistic services. Additionally, Raffles Spa and Wellness offers a serene and calming atmosphere to help visitors relax their mind and body.

Location

Raffles Hotel, Marina District Lusail, Doha

(Map Link: <https://maps.app.goo.gl/nvm9pCJLybHD3PN46>)

Services

You can either visit the Raffles Hotel or contact its customer services to inquire about the services offered by Raffles Spa and Wellness.

Facilities

- Dedicated Staff and Therapists
- Advanced Technology
- Ancient Philosophies
- Calm and Comforting Atmosphere

Opening Hours

For information on the timings at Raffles Spa and Wellness, you may visit the Raffles Hotel or contact its customer services.

Contact Information

+974-4-030-7100



Alt Text: https://www.ahstatic.com/photos/b662_sp_01_p_2048x1536.jpg (Raffles Spa in Lusail)

Image Credit:

https://all.accor.com/hotel/B662/index.en.shtml?utm_campaign=seo+maps&utm_medium=seo+maps&utm_source=google+Maps#section-facilities

4. Marina Stream Spa and Wellness

Situated within the Century Marina Hotel, Marina Stream Spa and Wellness is another popular spa in Lusail. It features a state-of-the-art recreation area, allowing you to relax after hectic routines and workloads.

From body massages and couple massages to private jacuzzi experiences, Century Marina Stream Spa and Wellness offers a tranquil escape through various treatments.

Location

Century Marina Hotel, Marina, 324, Lusail

(Map Link: <https://maps.app.goo.gl/jDBYhtQRssW4atA46>)

Services

- Body Massage
- Body Treatments
- Body Wax
- Facial Treatment
- Foot Care Treatments
- Add-On Services

Facilities

- Professional Therapists
- Top-Notch Treatments
- Serene Environment

Opening Hours

Monday to Sunday: 10:00 am to 11:00 pm

Contact Information

+974-4-425-5970



Alt Text: https://s3.ap-south-1.amazonaws.com/cms-centuryhotels.qa/Spa4_d81bf7bec5.webp
(Century Marina Stream Spa and Wellness in Lusail) Image Credit:
<https://www.centuryhotels.qa/spa-and-wellness/>

5. Moskva Beauty Salon and Spa

Moskva is a Russian beauty salon and spa in Lusail that focuses on the details to offer the best services. It has thoughtfully crafted treatments and utilises premium, non-toxic products to provide an excellent experience.

The spa maintains the highest standards of cleanliness and sanitisation and ensures all tools are thoroughly sterilised. With an experienced and highly skilled team and safe treatments, Moskva has become a famous spa in Lusail.

Location

Al Marina, Twin Towers, A Floor 7, Lusail

(Map Link: <https://maps.app.goo.gl/uKWPFWF8bFiCp9xc6>)

Services

- Manicure and Spa
- Pedicure and Spa
- Body Massage Services
- Korean Head Spa Service
- Hair Services
- Eyebrows and Eyelashes Services
- Permanent Make Up

Facilities

- High Quality Products
- Good Support
- Professional Experts
- Hygiene and Safety
- Halal Certified Products

Opening Hours

Monday to Sunday: 09:00 am to 10:00 pm

Contact Information

+974-4-418-8585



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<https://optim.tildacdn.one/tild3166-3032-4835-b337-396237313835/-/resize/480x/-/format/webp/207f81f2dce996a33a27.jpg.webp> (Korean Head Spa Service at Moksva Beauty Salon and Spa in Lusail) Image Credit: <https://russiansalon.com/services>

Key Takeaways

- Lusail boasts a variety of spa centres, employing professional staff and premium quality products to maintain the highest standards of service.
- These spa centres offer a wide range of services and treatments such as Korean head spa, Moroccan bath spa, massage and more.

- From the regular spa services to specialised treatments, spa in Lusail caters to all needs.

FAQs

1. Does Spa in Lusail Offer Separate Services for Men and Women?

Yes! Many spa centres in Lusail provide separate services for men and women. However, it is advisable to confirm with the spa centre before booking an appointment.

2. Can I Find a Men's Spa in Doha?

Absolutely. You can find some of the [top men's spas in Doha](#), offering specialised treatments and luxurious atmospheres. These spa centres include Soul Spring Spa for Men, Relax Thai Massage Spa, Blue Ocean Spa & Men's Salon and more.

Spa in Lusail offers some of the best rejuvenating services and treatments within a comfortable environment. Whether you seek a relaxing day after a tiring week or simply wish to pamper yourself for a special occasion, these spa centres have you covered.

However, if you reside in the country's capital and plan for a relaxing day and some me-time, you can reach out to any of the [best spas in Doha](#).