

| A level PE – Impact of sport on society and of society on sport Visit The Everlearner to support your knowledge: <a href="https://theeverlearner.com/course/34">https://theeverlearner.com/course/34</a> |                         |                                                                                                                                          |                                 |                                   |                                                                                                                                                                                                                                                                                                                                                        |                                   |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
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| Sociological theory applied to equal opportunities                                                                                                                                                       |                         |                                                                                                                                          |                                 |                                   |                                                                                                                                                                                                                                                                                                                                                        |                                   |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Key terms – sport and society                                                                                                                                                                            |                         |                                                                                                                                          | Key terms – equal opportunities |                                   |                                                                                                                                                                                                                                                                                                                                                        | Under-represented groups in sport |                                                                                                                                                                                                                                                                                                                                                  | Barriers                                                                                                                                                                                                                                                                                                                                                                                 | Solutions                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| 1.                                                                                                                                                                                                       | Society                 | An organised group of people associated for some specific purpose or with a shared common interest                                       | 13.                             | Equal opportunities               | Treating people fairly, giving people the same chance                                                                                                                                                                                                                                                                                                  | 17.                               | Disability (physical, mental, sensory)                                                                                                                                                                                                                                                                                                           | <ul style="list-style-type: none"><li>Negative self-image or lack of confidence</li><li>Relatively low income levels</li><li>Lack of access into / around facilities</li><li>Lack of organised programmes</li><li>Low levels of media coverage</li><li>Lack of specialist equipment/ coaches</li><li>Stereotypes about capabilities</li></ul>                                            | <ul style="list-style-type: none"><li>Increased investment</li><li>Providing transport</li><li>Improved technology</li><li>Increased media coverage</li><li>Training more coaches</li><li>Education on myths</li><li>Designing suitable activities</li><li>Specialist organisations</li></ul>                                                                                                                                             |
| 2.                                                                                                                                                                                                       | Socialisation           | Lifelong process where members of a society learn its norms, values, ideas, practices and roles in order to take their place in society  | 14.                             | Stereotype                        | A standardised image shared by society; a simple generalisation about all members of the group which allows others to categorise and treat them accordingly                                                                                                                                                                                            | 18.                               | Ethnic minorities<br>Channelling: ethnic minorities may be pushed into certain sports, based on assumptions about them<br>Stacking: disproportionate concentration of ethnic minorities in certain positions in a sport, based on the stereotype that they are more valuable for their physicality than decision-making and communication skills | <ul style="list-style-type: none"><li>Conflict with religious observances</li><li>Higher value placed on education</li><li>Fear of racism</li><li>Fewer role models</li><li>Fear of rejection</li><li>Stereotyping</li><li>Language barrier</li></ul>                                                                                                                                    | <ul style="list-style-type: none"><li>Training more coaches</li><li>Single sex provision</li><li>Publicising and punishing racism</li><li>Appropriate PE provision</li><li>Organising campaigns to raise awareness</li></ul>                                                                                                                                                                                                              |
| 3.                                                                                                                                                                                                       | Primary socialisation   | During the early years of childhood, takes place within the immediate family                                                             | 15.                             | Prejudice                         | An unfavourable opinion of an individual or group, often based on inadequate facts                                                                                                                                                                                                                                                                     | 19.                               | Women                                                                                                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"><li>Stereotypical myths</li><li>Far less media coverage</li><li>Fewer role models</li><li>Pressure on women to be thin as opposed to healthy</li><li>Fewer sponsorship opportunities</li><li>Negative impact of school and PE programmes</li><li>Lack of fitness</li><li>Lack of income</li><li>Channelling into ‘female appropriate’ sports</li></ul> | <ul style="list-style-type: none"><li>Making sex discrimination unlawful</li><li>Encouraging social acceptance</li><li>Encouraging shared domestic responsibilities</li><li>Increasing media coverage</li><li>Increasing sponsorship</li><li>Providing education about stereotypes</li><li>Increasing opportunities</li><li>Encouraging the use of social media</li><li>Improving PE provision</li><li>Supporting organisations</li></ul> |
| 4.                                                                                                                                                                                                       | Secondary socialisation | Occurs during the later years e.g. school, peers become a greater influence                                                              | 16.                             | Discrimination                    | The unfair treatment of a person or minority group; distinguishing and acting on a prejudice (overt - visible, covert - hidden)                                                                                                                                                                                                                        | 20.                               | Disadvantaged                                                                                                                                                                                                                                                                                                                                    | <ul style="list-style-type: none"><li></li></ul>                                                                                                                                                                                                                                                                                                                                         | <ul style="list-style-type: none"><li></li></ul>                                                                                                                                                                                                                                                                                                                                                                                          |
| 5.                                                                                                                                                                                                       | Gender socialisation    | The learning of behaviour and attitudes historically considered appropriate for a given gender                                           |                                 |                                   |                                                                                                                                                                                                                                                                                                                                                        |                                   |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 6.                                                                                                                                                                                                       | Social processes        | Forms of social interaction between individuals and groups which occur repeatedly                                                        | 21.                             | Benefits of raising participation |                                                                                                                                                                                                                                                                                                                                                        |                                   |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 7.                                                                                                                                                                                                       | Social control          | The way in which people’s thoughts, feelings, appearance, and behaviour are regulated in social systems                                  | Health                          |                                   | <ul style="list-style-type: none"><li>Decreased risk of heart disease</li><li>Avoidance of high/low blood pressure</li><li>Decreased risk of type 2 diabetes</li><li>Maintaining a healthy weight</li><li>Reduced risk of osteoporosis</li><li>Improved psychological health</li><li>Decreased risk of some cancers</li><li>Improved posture</li></ul> | Social                            |                                                                                                                                                                                                                                                                                                                                                  | <ul style="list-style-type: none"><li>Release serotonin and endorphins that are calming</li><li>Improved sleep patterns</li><li>Improves concentration</li><li>Improves confidence</li><li>Introduced to new people</li><li>Positive use of free time</li></ul>                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 8.                                                                                                                                                                                                       | Social change           | Alteration in social order of society, significant changes in behaviours /cultural values over time, e.g. ‘This Girl Can’. ‘Kick it Out’ | Fitness                         |                                   | <ul style="list-style-type: none"><li>Improved cardiovascular fitness</li><li>Improved flexibility</li><li>Improved speed</li></ul>                                                                                                                                                                                                                    |                                   |                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| 9.  | <b>Social issues</b>         | Problems which affect a considerable number of people in society e.g. gender or disability discrimination                                                                                   | Interrelationship between Sport England, local and national partners to increase participation |                                                    |                                                                                                                                                                                                                                                                  |     |                                         |                                                                              |
| 10. | <b>Social stratification</b> | A type of social inequality where society is divided into different social levels based on a social characteristic, such as wealth or social status                                         | 22.                                                                                            | <b>Sport England</b>                               | Responsible for growing and developing grassroots sport and getting more people active across the country<br>Initiatives attempt to overcome barriers to playing sport, particularly under-represented groups                                                    | 25. | <b>Examples of national initiatives</b> | This Girl Can<br>Back to Netball<br>Sporting Equals<br>Get Equipped          |
| 11. | <b>Social class</b>          | Term used to define inequalities, i.e. certain groups have more access to wealth and more power than others. Factors which contribute include job, family background, education, and income | 23.                                                                                            | <b>Local partners - county sports partnerships</b> | National networks of local agencies working together to increase participation in sport and physical activity<br><br>Sport England offers help and expertise to local authorities to develop sport in their area (designing initiatives specific to their needs) | 26. | <b>Examples of NGB initiatives</b>      | British Rowing – Rowability, Indoor Rowing<br>England Hockey – Flyerz Hockey |
| 12. | <b>Social action theory</b>  | A way of viewing socialisation, emphasising the proactive role of people in shaping social life                                                                                             | 24.                                                                                            | <b>National partners</b>                           | <ul style="list-style-type: none"><li>English Federation of Disability Sport</li><li>Sporting Equals</li><li>Women in Sport</li><li>Street Games</li></ul>                                                                                                       |     |                                         |                                                                              |