

Center Church's Marital Mentoring | *Mentee Packet*



Your Name: _____

Mentoring Couple's Name: _____

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CENTER CHURCH'S *MARITAL MENTORING*

Welcome!

Strong marriages make strong families which make strong churches that reach the nations. May the Lord continue to bless your efforts.

Know and take heart that you are **right now** honoring God by seeking mentorship from your fellow saints. There is no shame in the eyes of the Lord. Godwilling, Marital Mentoring will serve as a way to prepare and equip you for the highs and lows that will exist in the current and/or coming years of marriage. He is surely faithful.

Mentor/Mentee Relationship:

Throughout the next six sessions you will get to know and love your mentoring couple. Cherish the time you have together. Ask questions and be vulnerable.

Prayerfully, these mentoring sessions and meetings will be as beneficial and as smooth as possible. To make it easier for all parties to do this, **this packet has been created**.

You and your Spouse's role is to *follow the steps* laid out in this packet, *watch the videos* that are assigned, and *SOAK IN* as much as you can from your mentors.

Logistics:

The structure of Marital Mentoring is:

- **6 sessions, each one being 60 to 90 mins.** Those sessions are 1) Getting to Know Each Other, 2) Foundations, 3) Communications, 4) Finances, 5) Decision Making, and 6) Intimacy.

The basic rhythm of Marital Mentoring is that **before** each meeting you will have steps, ie. "homework", to do. Those steps are laid out in this packet, which consist of: completing evaluations, sending evaluations, watching videos assigned, filling out corresponding sheets in this packet, and bringing prepared questions when you meet together on your decided days and times.

ALL links can be accessed through the online packet OR found on <https://centerville.com/marriage>. There is also specific information on each Lesson page.

Your next step before your first meeting is on the next page. Read well before your meeting date.

¹ This packet uses and adapts Brad Hambrick's resources on marital mentoring found on <http://bradhambrick.com/>. Brad is the Pastor of Counseling at The Summit Church in Durham, NC.

² This packet can be accessed online, with all its embedded hyperlinks, on <https://centerville.com/marriage>.

FIRST MEETING – *GETTING TO KNOW*

Setting Up

Instructions

1. Make sure that you have **established a time for your next meeting**, on Getting To Know, with your mentors.
2. **Fill out the evaluations** for the following meeting, ***Foundations***, **a week before** the *Getting to Know meeting*. (This is to give your mentors time to review the results and give you assigned videos at the end of each meeting.)
 - a. IMPORTANT: On the *Evaluation Results* page at the end of each evaluation **make sure to click “Email My Results”**.
 - b. Make sure you fill out these evaluations **separately** from your Spouse as we do not want your answers to be skewed.
 - c. Answer **truthfully**. Not how you think you “ought” to respond. This will allow your mentors to care for you more appropriately.
3. Contact mentors letting them know you have finished evaluations.
4. Read through “What to Expect” on the next page to prepare for your first meeting.

Evaluations Links

Complete all. Make sure to click “Email My Results” on the Evaluation Results page to properly send the results to your **Mentors email**.

- [Marital Expectations](#)
 - Found online by accessing “Foundations Eval. | Marital Expectations” under “Before First Meeting” on <https://centerville.com/marriage>.
- [Marriage as a Covenant](#)
 - Found online by accessing “Foundations Eval. | Marriage as a Covenant” under “Before First Meeting” on <https://centerville.com/marriage>.
- [Character & Role Expectations](#)
 - Found online by accessing “Foundations Eval. | Character & Role Expectations” under “Before First Meeting” on <https://centerville.com/marriage>.

Once you and your Spouse have completed the evaluations, contact your Mentor letting them know. They will let you know what videos to watch before your next meeting.

What to Expect

This first meeting will be all about getting to know each other. This time ought to be laid back, full of questions, sharing, and intentional.

As the goal is to become acquainted with your mentoring couple, try and think through some things you want to know about them. Things like:

- How did they come to know the Lord?
- When did they meet? How has marriage been for them?
- Where do they work and why?

Don't be anxious though, your mentor will be mentoring you after all so they will have things to ask you and be leading the conversations. Remember that any mentoring relationships are **two-way relationships**.

Pressing In

Allow time and vulnerability to share the reasons why you and your spouse are seeking Marital Mentoring.

As your mentors ask you questions concerning the issues, remember that they are compassionately trying to help you. Throughout this process, seek to *assume the best of everyone* involved.

Steps Before Next Meeting

Complete **instruction steps** on the previous page. And above all pray.

Final Exhortation

What you will get out of this *will be* what you put into it. You have the amazing opportunity to be in an extended relationship with a married couple that has been pursuing each other and Christ through many seasons. There is much wisdom found in those years that you can glean from for “Where there is no guidance, a people falls, but in an abundance of counselors there is safety” (Proverbs 11:14).

Be intentional with your times together. This couple, God willing, will be a part of your life for much longer than these 6 meetings.

Assigned Videos for Foundations

Write down videos given to you by Mentors.

- 1.
- 2.
- 3.

SECOND MEETING – FOUNDATIONS

Purpose:

The purpose of this meeting is to think through the questions– What is marriage? How do we care for each other well as husband and wife?

Setting Up

Instructions

1. Make sure that you have **established your next meeting**, on Foundations, with your mentors.
2. **Fill out the evaluations** for the following meeting, **Communication**, a week before the *Foundations* meeting. (This is to give your mentors time to review the results and give you assigned videos at the end of each meeting.)
 - a. IMPORTANT: On the *Evaluation Results* page at the end of each evaluation **make sure to click “Email My Results”**.
 - b. Make sure you fill out these evaluations **separately** from your Spouse as we do not want your answers to be skewed.
 - c. Answer **truthfully**. Not how you think you “ought” to respond. This will allow your mentors to care for you more appropriately.
3. Contact mentors letting them know you have finished evaluations.
4. Watch the videos that were assigned to you and your Spouse that were given to you at the end of your meeting. You are welcome to watch more.
 - a. It is **recommended** that you watch them with your Spouse.
5. **Fill out lesson sheets** as you watch the videos.
6. Write down questions asked for in the “Conclusion” sheet and **bring your packet** to the meeting.

Evaluations Links:

Complete all. Make sure to click “Email My Results” on the Evaluation Results page to properly send the results to your **Mentors email**.

- [Listening](#)
 - Found online by accessing “Communication Eval. I Listening” under “Before Second Meeting” on <https://centerville.com/marriage>.
- [Day-to-Day Communication](#)
 - Found online by accessing “Communication Eval. I Day-to-Day Communication” under “Before Second Meeting” on <https://centerville.com/marriage>.
- [Conflict Resolution](#)
 - Found online by accessing “Communication Eval. I Conflict Resolution” under “Before Second Meeting” on <https://centerville.com/marriage>.

Once you and your Spouse have completed the evaluations, contact your Mentor letting them know. They will let you know what videos to watch before your next meeting. **Lesson Sheets Below.**

LESSON 1 | [Why Is Marriage Hard?](https://centerville.com/marriage)

Click the link above OR go to <https://centerville.com/marriage> and click “Why is Marriage Hard?” under “Foundations” to watch the video. 15min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the seven challenges discussed fit your relationship most?
- What virtues (i.e., good qualities) would you have ranked higher than humility in importance for a thriving marriage? What changes for you when you recognize the importance of humility?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 2 | [What Makes Marriage Work?](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “What Makes Marriage Work?” under “Foundations” to watch video. 11min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video after the video so it is fresh in your mind. Here are some other questions you could help to think through:

- How have each of you changed over the years? When did these changes become evident? What was it like to learn to trust God and love each other well as these changes were occurring?
- What caused those changes?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 3 | [Marriage as Covenant](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click "Marriage as Covenant" under "Foundations" to watch the video. 18min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video after the video so it is fresh in your mind. Here are some other questions you could help to think through:

- What are the factors in life that make it easier to think of marriage as a contract instead of a covenant?
Which of the four marriage commitments is strongest and weakest in your marriage?
- How do you view the marriage covenant? How does God keeping His covenant cause you to think?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 4 | [The Shared Job Description of Husband and Wife](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “The Shared Job Description of Husband and Wife” under “Foundations” to watch the video. 15min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video after the video so it is fresh in your mind. Here are some other questions you could help to think through:

- What areas of personal maturity do you and your fiancé/spouse need to grow in next? What areas of skilled friendship do you and your fiancé/spouse need to grow in next? What areas of functional living do you and your fiancé/spouse need to grow in next?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

1. .
- 2.

LESSON 5 | Unique Aspects of a Husband's Job Description

Click the link above OR go to <https://centercville.com/marriage> and click "Unique Aspects of a Husband's Job Description" under "Foundations" to watch the video. 14min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video after the video so it is fresh in your mind. Here are some other questions you could help to think through:

- What negative cultural portrayals of the husband/father role do you tacitly accept? What are the difficulties that emerge if a husband skips directly from being absent in his role immediately to servant-leader without growing through areas one through three of a spouse's job description?
- How do you need to grow in the shepherd quality of being a Christian husband? When would this growth be noticeable? Man of understanding quality?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 6 | Unique Aspects of a Wife's Job Description

Click the link above OR go to <https://centercville.com/marriage> and click "Unique Aspects of a Wife's Job Description" under "Foundations" to watch the video. 14min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video after the video so it is fresh in your mind. Here are some other questions you could help to think through:

- How do you need to grow in the *well-suited helper quality* of being a Christian wife?
- How do you need to grow in a *woman of competence* quality?
- Which of the observations regarding Ephesians 5:22-6:4 was most helpful for you understanding, trusting, or applying this passage to your marriage?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

CONCLUSION TO FOUNDATIONS

Make sure that you have done all that your mentor has asked you to. After that, you may watch all that you desire to watch.

Prayer:

Let's remember that prayer is fundamental, especially as you are going into a lifetime of marriage that will require prayer to stay healthy. Spur yourself and your Spouse to go to the Lord with thanksgivings and anxieties.

Questions For Mentors:

As you have been jotting down questions throughout the entire process this part should be easy!

As you will not be able to go through all of them in one sitting, **write down 3 questions that you desire to ask your mentor for *advice, guidance, or clarification* on.** Remember that this could be from the videos OR from your discussions.

- 1.
- 2.
- 3.

Assigned Videos Communication

Write down videos given to you by Mentors.

- 1.
- 2.
- 3.

THIRD MEETING – COMMUNICATION

Purpose

The purpose of this meeting is to think through the questions– What do we talk about for a lifetime and how do we navigate conflict?

Setting Up

Instructions

1. Make sure that you have **established your next meeting**, on Communication, with your mentors.
2. **Fill out the evaluations** for the following meeting, **Finance, a week before** the *Communication* meeting. (This is to give your mentors time to review the results and give you assigned videos at the end of each meeting.)
 - a. IMPORTANT: On the *Evaluation Results* page at the end of each evaluation **make sure to click “Email My Results”**.
 - b. Make sure you fill out these evaluations **separately** from your Spouse as we do not want your answers to be skewed.
 - c. Answer **truthfully**. Not how you think you “ought” to respond. This will allow your mentors to care for you more appropriately.
3. Contact mentors letting them know you have finished evaluations.
4. Watch the videos that were assigned to you and your Spouse that were given to you at the end of your meeting. You are welcome to watch more.
 - a. It is **recommended** that you watch them with your Spouse.
5. **Fill out lesson sheets** as you watch the videos.
6. Write down questions asked for in the “ Conclusion” sheet and **bring your packet** to the meeting.

Evaluations Links:

Complete all. Make sure to click “Email My Results” on the Evaluation Results page to properly send the results to your **Mentors email**.

- [Financial Beliefs](#)
 - Found online by accessing “Finances Eval. | Financial Beliefs” under “Before Third Meeting” on <https://centerville.com/marriage>.
- [The Budgeting Process](#)
 - Found online by accessing “Finances Eval. | The Budgeting Process” under “Before Third Meeting” on <https://centerville.com/marriage>.
- [Attitude Towards Debt and Savings](#)
 - Found online by accessing “Finances Eval. | Attitude Towards Debt and Savings” under “Before Third Meeting” on <https://centerville.com/marriage>.

Once you and your Spouse have completed the evaluations, contact your Mentor letting them know. They will let you know what videos to watch before your next meeting. **Lesson Sheets Below.**

LESSON 1 | [Why Is Communication Hard?](https://centerville.com/marriage)

Click the link above OR go to <https://centerville.com/marriage> and click “Why Is Communication Hard?” under “Communication” to watch the video. 13min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the seven challenges discussed fit your relationship most?
- What is the regular window of time that the two of you protect for communication? If any?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 2 | [Incarnational Listening](https://centerville.com/marriage)

Click the link above OR go to <https://centerville.com/marriage> and click “Incarnational Listening” under “Communication” to watch the video. 16min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the ineffective listening habits are you most prone to use?
- Which of the seven skills of listening would make the biggest difference in how you communicate?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 3 | [Day-to-Day Communication](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Day-to-Day Communication” under “Communication” to watch the video. 14min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the ten types of conversations do you enjoy most?
- Which of the ten types of conversations had you not considered?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 4 | [Conflict Resolution](#)

Click the link above OR go to <https://centercville.com/marriage> and click “Conflict Resolution” under “Communication” to watch the video. 18min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the seven biblical approaches to conflict do you naturally gravitate towards based on your personality? Share one example of how this tendency led you to an ineffective approach to a conflict?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 5 | [Refreshing Repentance](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Refreshing Repentance” under “Communication” to watch the video. 15min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the seven elements of repentance do you most need to grow in?
- What do you need to repent of right now? (1 John 9)

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 6 | [Restoring Forgiveness](https://centerville.com/marriage)

Click the link above OR go to <https://centerville.com/marriage> and click “Restoring Forgiveness” under “Communication” to watch the video. 16min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- What are some examples of things that bothered or irritated you, but you now realize did not need to be forgiven? How did (or would) it hurt the relationship if you tried to forgive those actions?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

CONCLUSION TO COMMUNICATION

Make sure that you have done all that your mentor has asked you to. After that, you may watch all that you desire to watch.

Prayer:

Let's remember that prayer is fundamental, especially as you are going into a lifetime of marriage that will require prayer to stay healthy. Spur yourself and your Spouse) to go to the Lord with thanksgivings and anxieties.

Questions For Mentors:

As you have been jotting down questions throughout the entire process this part should be easy!

As you will not be able to go through all of them in one sitting, **write down 3 questions that you desire to ask your mentor for *advice, guidance, or clarification* on.** Remember that this could be from the videos OR from your discussions.

- 1.
- 2.
- 3.

Assigned Videos Finances

Write down videos given to you by Mentors.

- 1.
- 2.
- 3.

FOURTH MEETING – FINANCES

Purpose

The purpose of this meeting is to think through the questions– How do we manage the number one cause of divorce in a way that cultivates trust and unity?

Setting Up

Instructions

1. Make sure that you have **established your next meeting**, on Finances, with your mentors.
2. **Fill out the evaluations** for the following meeting, **Decision Making, a week before** the *Finances* meeting. (This is to give your mentors time to review the results and give you assigned videos at the end of each meeting.)
 - a. IMPORTANT: On the *Evaluation Results* page at the end of each evaluation **make sure to click “Email My Results”**.
 - b. Make sure you fill out these evaluations **separately** from your Spouse as we do not want your answers to be skewed.
 - c. Answer **truthfully**. Not how you think you “ought” to respond. This will allow your mentors to care for you more appropriately.
3. Contact mentors letting them know you have finished evaluations.
4. Watch the videos that were assigned to you and your Spouse that were given to you at the end of your meeting. You are welcome to watch more.
 - a. It is **recommended** that you watch them with your Spouse.
5. **Fill out lesson sheets** as you watch the videos.
6. Write down questions asked for in the “ Conclusion” sheet and **bring your packet** to the meeting.

Evaluations Links:

Complete all. Make sure to click “Email My Results” on the Evaluation Results page to properly send the results to your **Mentors email**.

- [Personal Decision Making](#)
 - Found online by accessing “Decision Making Eval. | Personal Decision Making” under “Before Fourth Meeting” on <https://centerville.com/marriage>.
- [Consensus Decision Making](#)
 - Found online by accessing “Decision Making Eval. | Consensus Decision Making” under “Before Fourth Meeting” on <https://centerville.com/marriage>.
- [Headship-Submission Decision Making](#)
 - Found online by accessing “Decision Making Eval. | Headship-Submission Decision Making” under “Before Fourth Meeting” on <https://centerville.com/marriage>.

Once you and your Spouse have completed the evaluations, contact your Mentor letting them know. They will let you know what videos to watch before your next meeting. **Lesson Sheets Below.**

LESSON 1 | [Why Is Budgeting Hard?](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Why Is Budgeting Hard?” under “Finances” to watch the video. 12min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Have you ever consistently used a personal or family budget? What were the advantages? What are the negative perceptions that you have of using a budget?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 2 | [What Is a Budget Anyway?](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “What Is a Budget Anyway?” under “Finances” to watch the video. 15min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- How well do you differentiate essentials from non-essentials when you think through expenditures?
- Which of the 7 definitions of a budget created the most positive expectations towards budgeting?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 3 | [Creating a Budget You Will Actually Use](https://centerville.com/marriage)

Click the link above OR go to <https://centerville.com/marriage> and click “Creating a Budget You Will Actually Use” under “Finances” to watch the video. 15min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Historically, how have “money conversations” gone in your marriage or dating relationship?
- Which of you are better suited to be the administrator of your family’s budget?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Question to Ask Your Mentor:

- 1.
- 2.

LESSON 4 | Getting Out of Debt

Click the link above OR go to <https://centercville.com/marriage> and click "Getting Out of Debt" under "Finances" to watch the video. 15min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- What are ways that you and your spouse/fiancé have found to simply (i.e., cheaply) enjoy one another and your home?
- How much debt do you have? What's the plan?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 5 | [Getting In to Saving](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Getting In to Saving” under “Finances” to watch the video. 18min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- How does contentment reframe the “good things” you want to purchase as providing less than ultimate satisfaction? How does this decrease the intensity of disagreements about expenditures?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

CONCLUSION TO FINANCES

Make sure that you have done all that your mentor has asked you to. After that, you may watch all that you desire to watch.

Prayer:

Let's remember that prayer is fundamental, especially as you are going into a lifetime of marriage that will require prayer to stay healthy. Spur yourself and your Spouse to go to the Lord with thanksgivings and anxieties.

Questions For Mentors:

As you have been jotting down questions throughout the entire process this part should be easy!

As you will not be able to go through all of them in one sitting, **write down 3 questions that you desire to ask your mentor for *advice, guidance, or clarification* on.** Remember that this could be from the videos OR from your discussions.

- 1.
- 2.
- 3.

Assigned Videos Decision Making

Write down videos given to you by Mentors.

- 1.
- 2.
- 3.

FIFTH MEETING – *DECISION MAKING*

Purpose

The purpose of this meeting is to think through the questions– How do we manage all that life requires well, without feeling like “just business partners”?

Setting Up

Instructions

1. Make sure that you have **established your next meeting**, on Decision Making, with your mentors.
2. **Fill out the evaluations** for the following meeting, *Intimacy*, **a week before** the *Decision Making* meeting. (This is to give your mentors time to review the results and give you assigned videos at the end of each meeting.)
 - a. IMPORTANT: On the *Evaluation Results* page at the end of each evaluation **make sure to click “Email My Results”**.
 - b. Make sure you fill out these evaluations **separately** from your Spouse as we do not want your answers to be skewed.
 - c. Answer **truthfully**. Not how you think you “ought” to respond. This will allow your mentors to care for you more appropriately.
3. Contact mentors letting them know you have finished evaluations.
4. Watch the videos that were assigned to you and your Spouse that were given to you at the end of your meeting. You are welcome to watch more.
 - a. It is **recommended** that you watch them with your Spouse.
5. **Fill out lesson sheets** as you watch the videos.
6. Write down questions asked for in the “ Conclusion” sheet and **bring your packet** to the meeting.

Evaluations Links:

Complete all. Make sure to click “Email My Results” on the Evaluation Results page to properly send the results to your **Mentors email**.

- [Preferences](#)
 - Found online by accessing “Intimacy Eval. | Preferences” under “Before Fifth Meeting” on <https://centerville.com/marriage>.
- [Living in the Larger Love Story](#)
 - Found online by accessing “Intimacy Eval. | Living in the Larger Love Story” under “Before Fifth Meeting” on <https://centerville.com/marriage>.
- [Being Excellent Lovers](#)
 - Found online by accessing “Intimacy Eval. | Being Excellent Lovers” under “Before Fifth Meeting” on <https://centerville.com/marriage>.

Once you and your Spouse have completed the evaluations, contact your Mentor letting them know. They will let you know what videos to watch before your next meeting. **Lesson Sheets Below.**

LESSON 1 | [What Makes Decision Making Hard?](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “What Makes Decision Making Hard?” under “Decision Making” to watch the video. 10min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- When have you grown frustrated that unbiblical approaches to decision making seem to work for those who have no intentions of honoring God (see Psalm 73)?
- Are you prone to thinking that if you correctly identify God's will for your life, everything will be stress free?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Question to Ask Your Mentor:

- 1.
- 2.

LESSON 2 | [Thinking About God's Will](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click "Thinking About God's Will" under "Decision Making" to watch the video. 15min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- When seeking God's will, do you naturally put more weight on God's negative commands, positive commands, or your preferences? Where does your spouse put the most weight?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 3 | [A Personal Decision Making Process](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “A Personal Decision Making Process” under “Decision Making” to watch the video. 17min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Are you tempted to claim Jesus as Savior (benefits) without also submitting to him as Lord? How would your spouse/fiancé feel if you made the same arrangement with them – wanting the benefits of the relationship without the commitment?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 4 | [A Consensus Decision Making Process](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “A Consensus Decision Making Process” under “Decision Making” to watch the video. 16min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Which of the four values of friendship do you most need to grow in, especially when you and your spouse/fiancé are not on the same page in a decision?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 5 | [Headship-Submission Decision Making](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Headship-Submission Decision Making” under “Decision Making” to watch the video. 19min.

Notes:

Follow along with Brad’s points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- How does this chapter challenge the way you think about authority and leadership?
- Which of the five responses for responding to a headship decision do you (wife) find most difficult?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

CONCLUSION TO DECISION MAKING

Make sure that you have done all that your mentor has asked you to. After that, you may watch all that you desire to watch.

Prayer:

Let's remember that prayer is fundamental, especially as you are going into a lifetime of marriage that will require prayer to stay healthy. Spur yourself and your Spouse to go to the Lord with thanksgivings and anxieties.

Questions For Mentors:

As you have been jotting down questions throughout the entire process this part should be easy!

As you will not be able to go through all of them in one sitting, **write down 3 questions that you desire to ask your mentor for *advice, guidance, or clarification* on.** Remember that this could be from the videos OR from your discussions.

- 1.
- 2.
- 3.

Assigned Videos for Intimacy

Write down videos given to you by Mentors.

- 1.
- 2.
- 3.

SIXTH MEETING – *INTIMACY*

Purpose

The purpose of this meeting is to think through the questions– How do you maintain the “spark” of marriage over a lifetime?

What to Expect

In order to allow all parties to prepare with prayer it should be known that throughout this meeting you will be talking about the frequency, attitudes towards, and enjoyment of sex within marriage.

As we know that during different seasons intimacy can be challenging, seek to be vulnerable to the best of your ability.

Instructions:

1. Watch the videos that were assigned to you and your Spouse that were given to you at the end of your meeting. You are welcome to watch more.
 - a. It is **recommended** that you watch them with your Spouse.
2. **Fill out lesson sheets** as you watch the videos.
3. Write down questions asked for in the “ Conclusion” sheet and **bring your packet** to the meeting.

Lesson Sheets Below.

LESSON 1 | [What Makes Intimacy Difficult?](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “What Makes Intimacy Difficult?” under “Intimacy” to watch the video. 10min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- What does “Tuesday love” (non-weekend or exciting event love) look like in your relationship?
- What is one way that you need to grow in the vulnerability required for intimate relationship?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 2 | [Understanding Our Differences](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Understanding Our Differences” under “Intimacy” to watch the video. 17min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- What are some ways you identified to incorporate the expressions of love that are meaningful to your spouse into your daily or weekly rhythms?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 3 | [Living in THE Love Story](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click “Living in THE Love Story” under “Intimacy” to watch the video. 18min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Is it your tendency to ignore or fixate on hard/bad times in your relationship?
- When you grumble, what form does it take and what is it usually about?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 4 | [Sex as One of God's Gifts for Marriage \(Part One\)](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click "Sex as One of God's Gifts for Marriage (Part One)" under "Intimacy" to watch the video. 18min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- What was the biggest misconception about sex that was clarified in this lesson?
- Read the Song of Solomon. How did reading the Song of Solomon after this lesson help you hear God's affirmation that sex is a good gift he wants you to enjoy?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

LESSON 5 | [Sex as One of God's Gifts for Marriage \(Part Two\)](https://centercville.com/marriage)

Click the link above OR go to <https://centercville.com/marriage> and click "Sex as One of God's Gifts for Marriage (Part Two)" under "Intimacy" to watch the video. 18min.

Notes:

Follow along with Brad's points and jot down all that stands out what you would like to discuss with your Spouse.

Discuss with Spouse:

Talk through some of the thoughts and questions you had throughout the video right after watching so it is fresh in your mind. Here are some other questions you could help to think through:

- Reflect on Psalm 63. How does the close, enamored relationship God desires with each Christian parallel the closeness that should exist between a husband and wife?

Biggest Takeaway:

In one sentence write what your biggest takeaway was; this could be a sin confession, something you are excited about, a step you want to make, or something you've learned.

Questions to Ask Your Mentor:

- 1.
- 2.

CONCLUSION TO INTIMACY

Make sure that you have done all that your mentor has asked you to. After that, you may watch all that you desire to watch.

Prayer:

Let's remember that prayer is fundamental, especially as you are going into a lifetime of marriage that will require prayer to stay healthy. Spur yourself and your Spouse to go to the Lord with thanksgivings and anxieties.

Questions For Mentors:

As you have been jotting down questions throughout the entire process this part should be easy!

As you will not be able to go through all of them in one sitting, **write down 3 questions that you desire to ask your mentor for *advice, guidance, or clarification* on.** Remember that this could be from the videos OR from your discussions.

4.

5.

6.

Congratulations on Finishing Mentoring!

Next Steps?

There are no more “official” next steps!

God willingly, you and your spouse have grown closer to your Mentor couple during these six meetings. In light of that, the only advice would be to continue to kindle their sweet friendship and seek their counsel.

Pray, Pray, Pray!

Prayer is fundamental to the Christian life, much more is it in the gymnasium of the soul which is marriage. You have a Father in Heaven who is ready to hear you through the mediation of the Righteous One who died for your sins. Remember:

“You do not have, because you do not ask.” (James 4:2) and “Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. *Until now you have asked nothing* in my name. Ask, and you will receive, that your joy may be full.” (John 16:23-24)

Pray alone and pray together, pray for yourself and for each other. Don’t be deceived and believe that you two can do this on your own strength for the spirit is willing but the flesh is weak.

Trust Him, He is good! God Bless.