

MRHS VOLUNTEER OPPORTUNITIES

“ The best way to find yourself is to lose yourself
in the service of others.”

~ Gandhi

Blessing Bag Brigade- The Blessing Bag Brigade NJ is a registered 501(c)(3) non-profit organization dedicated to showing compassion and humanitarianism towards those in need. Committed to aiding the homeless and educating the public.

Email: <https://www.blessingbagbrigadenj.org>

Matawan Aberdeen Public Library- Teens in 7th grade and up are welcome to volunteer at the library. All you need to have is a library card and a willingness to learn new things! Teens can volunteer after school once a week during the school year. Space for this type of volunteering is limited.

Email: <https://www.matawanaberdeenlibrary.com/main.php>

RAINE Foundation- Our volunteers are kind and compassionate individuals dedicated to helping others with. We are especially proud of our youngest members, DROPS OF RAINE, who are learning how good it feels to help others at such a young age. Interested youngsters can contact us for information about joining.

Email: <https://www.rainefoundation.com/how-to-volunteer.html>

Lunch Break- As a caring community, Lunch Break freely provides food, clothing, life skills and fellowship to those in need in Monmouth County and beyond.

Contact: Angela Jackson, Volunteer Coordinator

P: (732) 385-3971 ext. 3108

Email: ajackson@lunchbreak.org

Matawan Community Food Pantry– Volunteers needed to help sort food items, pack bags of food, aid clients to car with bags.

Contact: Tammy Cavanaugh, Director

P:(732) 566-2663

Email: <http://www.fpc-matawan.org>

Clean Ocean Action- Clean Ocean Action (COA) is a broad-based coalition of 125 active boating, business, community, conservation, diving, environmental, fishing, religious, service, student, surfing, and women's groups. These "Ocean Wavemakers"work to clean up and protect the waters of the New York Bight.

P:(732) 872-0111

Website: <https://cleanoceanaction.org/be-the-solution-to-ocean-pollution>

Matawan First Aid Squad– The Matawan First Aid and Rescue Squad (MFARS) has been providing a completely volunteer emergency medical services (EMS) for the Borough of Matawan and surrounding communities since 1934.

P:(732) 566-0005

Website: www.matawanfirstaid.org

Old Bridge Animal Shelter– The Old Bridge Animal Shelter is looking for volunteers in varying roles. Must be 16 years or older to volunteer. Apply in person at the shelter in the Old Bridge Municipal Center or through email

Email: animalcontrol@oldbridge.com

Application:

https://core-docs.s3.amazonaws.com/documents/asset/uploaded_file/837595/Volunteer_Application_Gumprecht.pdf

Monmouth Museum– Volunteers needed for many different areas and activities at the museum.

P: (732) 747-2266

Monmouth County SPCA– Teens and adults needed to walk the dogs and hug and hold the cats.

Website: <http://www.monmouthcountyspca.org>

Monmouth Cares– Anyone with any arts and crafts talent should look into volunteering and sharing your gifts with others.

Website: <http://www.monmouthcares.org>

Food Bank of Monmouth/Ocean Counties– Anyone 13 years of age and above can help with the sorting, shelving, and distributing of food.

Website: <http://www.foodbankmoc.org>

Two River Theatre Guild– Volunteers needed to help usher during productions. Must be 16 years of age or older.

Website: <http://www.ttrtc.org>

Historic Village at Allaire State Park– All ages welcome to participate in the village's 1836 community.

Website: <http://www.allairevillage.org>

Monmouth County Parks– Volunteer and help keep the parks in Monmouth County beautiful. Volunteer positions include gardeners, historic site interpreters, program leaders, and trail volunteers.

Website: <http://www.monmouthcountyparks.com>

Keyport Ministerium Food Pantry- The Keyport Ministerium Food Pantry is a 501(c)(3) non-profit volunteer community service organization providing food assistance and additional services for low-income families and Senior Citizens requiring ongoing or temporary assistance in the Northern Bayshore area of Monmouth County.

Address: 42 Elizabeth St.

P: (732) 888-1986

Email: http://keyportfoodpantry.org/how_you_can_help0.aspx

Middletown Arts Center- As a non-profit organization, we welcome and appreciate volunteer applications from adults and teens ages 14 and older. Positions and duties can be customized to fit your interests, abilities and schedule. We are a registered Presidential Service Award organization, and hours served may apply to community service requirements for the National Honor Society and other organizations.

Website: <https://middletownarts.org/get-involved/>

Bayshore Medical Center- Hackensack Meridian Health provides students with the opportunity to serve their community. Junior volunteers can work with patients directly, such as assisting caregivers on medical surgical units, delivering flowers, and helping with food services, the gift shop, or pre-admission paperwork. They can also perform duties that do not require patient involvement, like clerical tasks, working at the information desk, and assisting in the pharmacy. Junior volunteers must be 16 years old or older, fill out an application, which includes a parental consent and student

evaluation form, complete a health questionnaire and have it signed by a family physician or pediatrician before training and make a six-month commitment of approximately 12 hours a month.

P: (732) 290-7074.

Liv Like A Unicorn- Liv like a Unicorn is committed to raising funding for vital research for pediatric brain and spinal cord tumors.

Website: <https://www.livlikeaunicorn.org>

Backpack Crew- Our mission is to provide children with food on the weekends when they do not have their school lunch to rely on. Spreading awareness about childhood hunger and inspiring others to start their own programs are also our goals! We also believe that everybody needs a helping hand at some point in our journey of life. There is nothing wrong or shameful in asking for help. Tomorrow it could be you needing a helping hand! Whether it be time, money, food, spreading awareness or a kind word- we all need to do what we can!

Website: <https://www.backpackcrew.org>

Project Paul- Project PAUL (**P**oor, **A**lienated, **U**nemployed, **L**onely) was founded in 1980 in Keansburg, NJ. The early work of Project PAUL centered on the establishment of a food pantry, serving approximately 25 local families, and a thrift shop. The project expanded through the early 1980s, adding services and programs to meet the increased needs of the community.

Website: <https://www.projpaul.org>

The Village of Children and Families- Our vision is to create a place where Foster Families can feel supported, and shop for supplies for the children they are caring for, at no cost to them. A place where Volunteers

and Donors can come together and show Foster Families that the community supports them.

Website: <https://www.thevillageofchildrenandfamilies.org>

American Red Cross—Central New Jersey Chapter- Volunteers of all ages and various backgrounds help by assisting victims of disasters such as house res or floods. Welcome donors at blood drives, and support members of the Armed Forces and their families and local veterans. Others can help through office work, special events and fundraising.

Contact: Maureen Buehl—Sr. Engagement Specialist

Address: 1540 West Park Avenue, Tinton Falls, N.J. 07724

Phone Number: 732-493-9100

Email: Maureen.buehl@redcross.org or NNJ.rcvolunteer@redcross.org

Website: www.redcross.org/nj

Castle of Dreams Animal Rescue- Castle of Dreams Animal Rescue, (CODAR) is an all-breed canine-only animal rescue organization that was incorporated in June 2003. Junior volunteers are required to volunteer 2 hours per month and attend 2 Junior Volunteer meetings per year. Parents must accompany juniors 16 and under at events.

Website: <https://castle-of-dreams.com>

Do Something. Org- Using our digital platform, DoSomething members join our volunteer, social change, and civic action campaigns to make real-world impact on causes they care about.

Website: <https://www.dosomething.org/us>

Project Sunshine- Our Kids for Kids program engages those younger than 18 in peer-to-peer fundraising initiatives and Activity Kit assembly.

Website: <https://projectsunshine.org/>

Best Buddies- Become a Virtual Volunteer, and help our participants receive training and keep connected with their community during the COVID19 pandemic. We have many ways for you to volunteer virtually!

Website: <https://www.bestbuddies.org/>

American Red Cross- You can make a difference by applying for one of our most-needed volunteer positions supporting blood collection or disaster response. We even have a variety of remote (work-from-home) opportunities available.

Website: <https://www.redcross.org/>

Tackle Hunger- We coordinate efforts to tackle hunger through our digital platform of fundraising services created to support food charities large and small.

Website: <https://tacklehunger.org/>

JBj Soul Kitchen- Volunteers are essential to the Soul Kitchen mission and are the lifeblood of what we do. Volunteers are guided by our Support Staff and given opportunities to help others in the community.

Website: <https://jbjsoulkitchen.org/volunteer/>

Volunteer Match- VolunteerMatch is the most effective way to recruit highly qualified volunteers for your nonprofit. We match you with people who are passionate about and committed to your cause, and who can help when and where you need them.

Website: <https://www.volunteermatch.org/search/index.jsp>

Husky House- Become a Husky House volunteer today! There are many ways to help. Whether it's working in the kennels, helping with events, or fundraising, it all makes a difference! And let's not forget the endless amount of puppy kisses in the process!

Website: <https://www.huskyhouse.org/volunteer/>

Trinity Church of Asbury Park- We strive to help meet the immediate needs of hunger in Asbury Park and to organize within our community to prevent hunger and injustice in the future.

Website: <https://www.trinitynj.com/food-justice/>

Matawan Borough Recreation- Matawan summer recreation program counselor in training program.

Website: <https://www.matawanborough.com/matawan/Recreation/>

New Jersey Animal Welfare Society- JAWS recognizes the importance of volunteers dedicated to the care and placement of unwanted animals within the community and beyond. Our volunteers are our most important asset and they do a remarkable job helping us help the animals.

Website: <https://jerseyaws.com/volunteer/>

Monmouth Resource Net- We provide a wide range of information about support, resources, and services for the residents of Monmouth County, NJ.

Website:

<https://www.monmouthresourcenet.org/community-services/community-centers/volunteer-opportunities/>

