

Canva Program: <https://canva.link/insposympo-program>

Heading 1: Inspiration Symposium: The Heart of Music Therapy in Practice

Land Acknowledgement

We gather on the unceded traditional territory of the Omàmiwinini (Algonquin) people. We honour their enduring connection to these lands and waterways, and give thanks for the opportunity to gather together through music, learning, and community.

Message from the Organizing Team:

Welcome from the team at Inspiration Symposium: The Heart of Music Therapy in Practice!

How can we even begin to tell you how excited we are that you are here in Perth Ontario with us for the symposium? It's a dream come true, with 16 months in the making. We are so pleased to present to you a weekend of high calibre presentations from all across Canada, the United States and Australia. We hope that you are truly inspired and that you take a wealth of ideas and experiences home with you.

From the beginning we have been amazed by the outpouring of engagement and energy for the symposium from our music therapy community. Our vision was to curate a time specifically tailored for our profession that focused on our many strengths. It has been a labour of love to organize this dynamic and unique opportunity of growth and connection. We know that together we will inspire each other as professionals, colleagues, and friends.

Settle in, enjoy, and be nourished!

From all of us, to all of you!

Welcome Letter from Mayor of Perth:

On behalf of Town Council, I would like to welcome delegates to *Inspiration Symposium: The Heart of Music Therapy in Practice*.

As the saying goes, "where words fail, music speaks". Few quotes capture the essence of music therapy so well. Music has the unique ability to connect, comfort, heal, and inspire, making it a powerful tool for supporting health and well-being. Perth has a long and proud musical tradition. We are home to the Perth Citizens' Band, founded in 1850 and recognized as Canada's oldest continuously operating town band. Music continues to play an important role in our community today, from concerts and festivals to community celebrations throughout the year. It is fitting that a symposium dedicated to the transformative power of music is being held here.

Thanks to the organizing team, who come from all across Ontario. I hope that you enjoy your time in Perth, and leave inspired by the knowledge and experiences shared throughout the symposium

Sincerely,
Judy Brown, Mayor

Welcome Letter from the President of the Canadian Association of Music Therapists (CAMT)

Dear friends, colleagues and honoured attendees,

On behalf of the Canadian Association of Music Therapist's Board of Directors and Staff, it is my absolute pleasure to welcome you to Inspiration Symposium: The Heart of Music Therapy in Practice!

I am filled with pride to see an event like this, which brings the lived, hands-on experience back into the heart of our practice, come to life. Over the course of the weekend, you have the opportunity to immerse yourself in experiential presentations, make music with, and share knowledge and new ideas with like-minded professionals.

This symposium is a result of the dedication of the “team behind the dream”, sponsorships, and most importantly, your participation. Bringing a symposium, like this, to life requires clear dedication and drive, and I would like to acknowledge everyone involved.

As you go forth into the weekend, we invite you to immerse yourself fully into the sessions, share your insights, and to make connections with those attending alongside you at this truly unique and one-of-a-kind event. I wish you all an insightful, inspiring and memorable symposium experience!

Ashley Kurkjian, RP, MTA, MMT, President of CAMT

The Organizing Team:

Coordination: Kimberly Dolan, Nicola Oddy & Rebecca Worden

Communications, Website, Marketing: Grace Davidson, Kimberly Dolan, Elizabeth Francoeur, Rachel Ntambwe, Kelly-Anne Vander Meer & Danielle Nicholls

Perth Hosting: Shannon Deavy, Nicola Oddy & Rebecca Worden

Program: Nicola Oddy, Rachel Ntambwe & Grace Davidson

Sponsorship: Kimberly Dolan, Alexa Munroe Choquette, Nicola Oddy, Rachel Ntambwe, Rebecca Dunk & Danielle Nicholls

Treasury and Registration: Alexa Munroe Choquette, Becky Jarvis & Kimberly Dolan

Facilitator Selection: Danielle Nicholls, Rachel Ntambwe, Nicola Oddy, Rebecca Worden, Kelly-Anne Vander Meer & Elizabeth Francoeur

Heading 2: Schedule for Friday October 2nd

The format is time of event, facilitator, location, workshop title and description. Concurrent sessions will be noted with “concurrent sessions”, followed by three presentations all marked with the same time slot.

7:30 - 8:30 a.m. Registration at Studio Theatre

8:30 - 8:45 a.m. Musical Opening led by the Symposium Team at Studio Theatre

Welcome (adapted from The Butterfly People)

Lyrics: Far away on a mystical island, there lies a cave with a magical door.

All are welcome and those who enter, always will feel music in their core.

Can you hear the rhythm of my heart beat, beating in time to the drum in your hand?

Fly away on the wings of the ocean. Join the music with mind and emotion.

8:45 - 10:45 a.m. Denise Grocke at Studio Theatre.

“Scaffolding Music and Imagery Experiences”. The 2 hour experiential workshop will demonstrate a range of approaches used at the heart of Receptive Music Therapy practice. The workshop will follow a scaffolded experience beginning with focused listening, followed by an introduction to the imagination and how it opens and inspires our life experiences. We will explore a music & imagery experience, followed by Music, Drawing, Narrative. The workshop will be designed to demonstrate these approaches for young people living with mental health concerns, through to palliative care with individual clients and groups.

10:45 - 11:15 a.m. Break Time

Concurrent Sessions:

11:15 a.m. - 12:15 p.m. Elizabeth Bentz in Stewart Park Room, located in the Best Western Hotel.

“How to Talk to Caregivers: Drumside Manner from a Parent Perspective”. Recognizing how and when to give information to caregivers is key to maintaining a positive and healthy therapeutic relationship. Liz, both a music therapist and caregiver has both personal and professional experience giving and receiving health information. This open discussion provides insights on best practices when giving this information, including difficult topics, to caregivers. Through this presentation, participants will gain basic knowledge of the dynamics and processes of a therapist-client relationship, how to utilize advanced verbal and nonverbal interpersonal skills within a music therapy context, and how to respond to the dynamics of musical and interpersonal relationships that emerge at different stages in the therapy process.

11:15 a.m. - 12:15 p.m. Cathy Thompson in Codes Room, located in the Best Western Hotel

“Ease by Design: Constructing your Practice with Intention”. Music therapists are deeply committed to supporting others, often at the expense of their own energy and capacity. This workshop introduces the Ease by Design © framework, focused on work-life integration, exploring how underlying beliefs about productivity, responsibility, and success can contribute to overextension and overwhelm. Through guided reflection and sharing, participants will examine patterns shaping their work and begin to redefine what a sustainable and aligned professional life can look like. Attendees will leave with practical insights to support greater ease, balance, and sustainability in their clinical and professional practice.

11:15 a.m. - 12:15 p.m. Cordon Purcell in Perth Citizens’ Band Room, located in Town Hall

“Expressions shared together. A Framework for a Collaborative Poetry and Music Group in Long Term Care”. Poetry and music often go hand in hand, as seen in *Stuff I’ve Been Feeling Lately* by Alicia Cook. In this workshop, Cordon will share the 9-week outline of her “Poetry and Music” group, inspired by the groups that she leads at the Glebe Centre. She will also share the finished product of these groups including zines that contain all of the poems and songs. Working together, participants will experience creating a poem based on familiar music just like participants in the group.

12:15 - 1:30 p.m. Lunch Break

Concurrent Sessions:

1:30 - 3:00 p.m. Laurel Young in Stewart Park Room, located in the Best Western Hotel.

“Re-Envisioning Music Therapy Practice in Dementia Care”. Music therapists have been working in dementia care since the inception of our profession and have long recognized that music is unique and multifaceted in its ability to support persons living with dementia to realize their quality of life potentials. Research is helping us to better understand and articulate why this is the case. However, music therapists are often limited in the services that they offer in dementia care settings (for various reasons). Through interactive discussions, real-life examples, and music-centered experientials (reflexive and practice-oriented), this workshop will support attendees to philosophically and practically [re]envision how they can deepen and expand their scope of music therapy practice in dementia care.

1:30 - 3:00 p.m. Tian Ip and Demian Kogutek in Codes Room, located in the Best Western Hotel

“Listening With Data: An Experiential, Data-Informed Approach to Improvised Active Music Therapy”. Participants will learn to use MidiPy, software code for analyzing MIDI data, with electronic musical instruments for data collection and progress tracking for clinical and research purposes. Participants will also learn how to generate visual graphs for reading and analyzing data. During the workshop, there will be group discussions regarding the practical application of the technologies and support for setup. Participants will walk away with codes for MidiPy downloadable and a guide for setting it up on their computer.

1:30 - 3:00 p.m. Kimberly Dolan in Perth Citizens’ Band Room, located in Town Hall

“Big Dreams and Bargaining with Burnout”. In a field rooted in compassion and creativity, many music therapists identify as “big dreamers”—vision-driven, multipassionate, and deeply committed to meaningful change. But what happens when that drive becomes unsustainable? This experiential, discussion-based workshop explores burnout through both personal and professional lenses, weaving current research with lived experience in music therapy. Through storytelling, group reflection, and practical demonstrations—such as expressive check-ins, radical self-love practices, and micro self-care—we’ll examine how to sustain ourselves in under-resourced, high-impact work. Participants will leave with tangible tools, renewed connection, and a sense of solidarity—ready to keep dreaming, without burning out.

3:00 - 3:30 p.m. Break Time

Concurrent Sessions:

3:30 - 5:00 p.m. Alexa Munroe Choquette & Mackenzie Costron in Stewart Park Room, located in the Best Western Hotel.

“Trans-Formative Voices: Heart Centered Advocacy & Therapy with 2SLGBTQIA+ Neuroqueer Community. Participants will experience a blend of experiential voice-based activities and reflective learning centered on gender-affirming voice therapy and neuroqueer-affirming care. Through guided exercises, case-informed examples, and lived experience, attendees will explore how Loving Kindness, trauma-informed practice, and accessibility can shape inclusive experiences. The workshop will include opportunities for collaborative reflection and discussion around identity, belonging, and advocacy. Participants can expect to leave with practical strategies, new perspectives, and foundational skills to support gender-affirming and neurodivergent-affirming practices in their own work.

3:30 - 5:00 p.m. Jessica Jurgenliemk in Codes Room, located in the Best Western Hotel

“Integration of Music Therapy & Psychotherapy By Dually-Trained Professionals”. This presentation is designed particularly for those who have received training or credentials in both music therapy and psychotherapy, and serves as an opportunity for these dually-trained professionals to reflect within our community on their ideal and real use of both identities and approaches. Participants will be guided to consider three separate themes—personal mindset, structural approaches, and advocacy—as facets of both struggles and solutions related to integrating music therapy and psychotherapy practice. Time will be allocated for the group to reflect inwardly, participate in discussions, and use music as a reflective medium. Participants are encouraged to bring blank and/or lined paper for personal reflections, and a device for accessing the full reflexive guidebook.

3:30 - 5:00 p.m. Dominique Piquard in Perth Citizens’ Band Room, located in Town Hall

“The Ripple Effect of Regulation: An Ecological Lens on 'Living Songs' for Trauma-Informed Caregiving”. How does a caregiver's internal state shape the safety of a child's world? In this session, we explore the "wounded healer" framework, examining how personal history can inform clinical intuition while maintaining professional boundaries. We will move beyond theory to practice by introducing "Living Songs"—dynamic, evolving musical interventions designed to stabilize caregivers during high-stress moments. Using a specific "Hygiene Song" as a case study, we will demonstrate how rhythmic, predictable lyrics can serve as a structural container for parental self-regulation. You will learn how this technique transforms potentially triggering routines into opportunities for connection and body positivity. Finally, we will broaden the scope to show how this ecological approach is adapted across diverse populations—including grief, trauma, and special needs—to create a ripple effect of safety that extends from the parent to the child.

4:30 - 7:00 p.m. Free Time (no events held during this time)

7:00 p.m. Inspiration Gathering: Reception and Open Mic. at Fiddleheads Bar and Grill.

Join the Inspiration Symposium team to celebrate our community in an “opening” reception at Fiddleheads Bar and Grill. We have the room to ourselves with an open mic. set up for our sharing pleasure! There will be delicious snacks for us prepared by the Fiddleheads chef.

Heading 3: Schedule for Saturday October 3rd

The format is time of event, facilitator, location, workshop title and description. Concurrent sessions will be noted with “concurrent sessions”, followed by three presentations all marked with the same time slot.

8:30 - 8:50 a.m. Registration at Studio Theatre.

8:50 - 9:00 a.m.. Musical Opening led by Danielle Nicholls and Alexa Munroe Choquette at Studio Theatre.

9:00 a.m. - 12:00 p.m. Soön, a music therapists band, at Studio Theatre. This workshop will have a break in the middle, determined by the facilitators.

A Creative Recharge: Music-Making with Soön. In all caregiving professions, self-care beyond the clinical setting allows us to recharge and remain fully present for our clients’ needs—it is an ethical responsibility. One way for our community to nurture our musical practices is by creating ensembles with fellow music therapists. In this workshop we hope to inspire and nurture our musical practices by musicking together! Come experience what we strive to offer our clients: excitement, risk-taking, vulnerability, freedom, attentive listening, and compassionate presence.

The workshop will unfold in three immersive stages: **Improvisations** with audience members on both traditional and electronic instruments, which will be recorded. **Replay** of one selected improvisation, followed by a writing exercise and an invitation to add vocal contributions to the replay. **Collective creation**, where participants will use the material generated to record a track-by-track collaborative piece.

Throughout the workshop, participants will be introduced to a range of techniques, from basic recording to more advanced methods, including a visual demonstration of the recording software used. Regardless of your technological starting point, the goal is to inspire you to explore the tools offered by new technologies—and, above all, to spark the joy of making music together!

12:00 - 1:30 p.m. Lunch Break.

Concurrent Sessions:

1:30 - 3:00 p.m. Kirsten Davis, Kaitlyn Bergbusch & Anthony Fragomeni in Stewart Park Room, located in the Best Western Hotel

“Walking With the Mirror: Music Therapy Interventions to Reflect Herman’s Stages of Trauma Recovery”. Judith Herman’s triphasic model of trauma recovery (1992) provides an effective framework for music therapy interventions. In this presentation, Homewood’s East-West music therapy team (Kirsten, Kaitlyn, and Anthony) will outline the treatment needs of these unique client populations and demonstrate how music therapy supports PTSD symptom management, expression of grief, and social re-connection. Three group music therapy interventions will be demonstrated with audience participation/interaction, each exploring the stages of “safety and stabilization”, “remembrance and mourning”, and “reconnection and reintegration” through musical and interpersonal interaction.

1:30 - 3:00 p.m. Aksana Kavaliova-Moussi in Codes Room, located in the Best Western Hotel

“Using expressive arts in trauma work: Integrative approach”. An integrative approach in trauma work means that a therapist is not only trauma-informed but also equipped with specific knowledge of how to be trauma-focused. Aksana is trained in several psychotherapeutic trauma approaches, including Eye Movement Desensitization and Reprocessing (EMDR) and Integrative Trauma Attachment Treatment Model (ITATM) In her work, the Aksana integrates talk therapy with somatic work and expressive arts with music therapy. The attendees will learn about the basics of trauma work and experience a few techniques that can be used for resourcing the clients or for trauma processing. Attendees will learn/review trauma psychoeducation materials. They will learn various trauma treatment techniques and practice them. Participants will use their voices, bodies, and minds and come out of this workshop with trauma treatment tools.

1:30 - 3:00 p.m. Stephen Tok in Perth Citizens’ Band Room, located in Town Hall

“Promoting Creativity and Enjoyment in Music Improvisation by Drawing on Insights From Film Music”.

Inspired by film music and Stephen's clinical work in the acute mental health setting, this presentation will take attendees on a journey of creativity through reflexive group listening, discussion, and improvisation. Attendees will be invited to experience the effects of film music and to identify the special characteristics that allow music to evoke imagination and emotion so easily. An opportunity for group music improvisation will be offered to experience how the creative use of film music and its techniques can be applied to therapeutic settings. Attendees can expect to be re-inspired in their creativity and to enhance their music-centered skills for clinical improvisation with clients.

3:00 - 3:30 p.m. Break Time

Concurrent Sessions:

3:30 - 5:00 p.m. Adrienne Pringle in Stewart Park Room, located in the Best Western Hotel

“The Cost of Caring: Compassion Fatigue and Burnout in Music Therapists”. Take an hour to focus and reflect on tending to yourself. In this workshop, we will learn about compassion fatigue and the risks of burn-out specific to music therapists. Through music listening, discussion and reflection, you will have time to cultivate your personal care plan. We will work together to create personalized daily, weekly, monthly and on-going ways to check in with self, connect to your clinical practice, and replenish your inspiration for your work as a music therapist.

3:30 - 5:00 p.m. Carol Olympus and Abdallah Nofal in Codes Room, located in the Best Western Hotel

“Who Gets in the Door?” Attendees will participate in a hands-on role-play simulation using character cards and system layers to map “who gets in the door” of music psychotherapy, then engage in a guided discussion unpacking structural and systemic barriers. They will experiment with brief, symbolic music/sound responses (e.g., sonic metaphors for access, waiting, or being shut out) to connect social critique with music psychotherapy practice. They will collaboratively workshop equity-oriented clinical responses and advocacy ideas, translating insights from the workshop into concrete practitioner choices. Participants can expect to walk away with a practical framework and facilitation skills for using role-based, justice-focused activities in their own clinical, educational, or community settings. The overarching aim is to critique systemic barriers rather than place the onus on individual resilience.

3:30 - 5:00 p.m. Chrissy Pearson and Daiva Zemaitis in Perth Citizens' Band Room, located in Town Hall

“The Music and Energy Journey”. This unique experience combines Music, Imagery, and Reiki healing. Chrissy and Daiva will share the serendipitous story of how the Music and Energy Journey came to be. They will share reflections from the collaboration process and the considerations they had to make in creating this offering. Bringing these two healing arts together created an opportunity for both practitioners to expand beyond their typical day-to-day work. Chrissy and Daiva hope to inspire participants to collaborate with those outside of their profession as a way to enrich their practice. Participants will be invited to immerse themselves in a Music and Energy Journey. They will experience a specialized program of music. Chrissy will provide introspective prompts and Daiva will provide Reiki healing throughout the music listening. Afterwards, there will be time for journaling or drawing and group sharing.

4:30 - 7:00 p.m. Free Time (no events held during this time)

7:00 p.m. Singspiration! An Instant Choir event at the Royal Canadian Legion, Branch 244

Join Kimberly Dolan, Nicola Oddy and Rebecca Worden in an evening of singing in an instant choir! The community of Perth will join us for this event, in which we will fill the Royal Canadian Legion, Branch 244 with the sounds of over a hundred voices! We will learn and perform (for ourselves), easy to learn, yet satisfying songs, that you can take back to your own workplaces and communities. This evening will be a celebration of the joy of singing, and of enjoying the health benefits of singing with others.

Heading 4: Schedule for Sunday October 4th

The format is time of event, facilitator, location, workshop title and description. Concurrent sessions will be noted with "concurrent sessions", followed by three presentations all marked with the same time slot.

7:00 - 8:15 a.m. Nicola Oddy, meet at the bandstand behind Town Hall.

"Environmentally Engaged Music Therapy: Seeking increased personal awareness through singing as a listening practice". Wake up gently and experience your early morning voice in environments around Perth. There will be a brief introduction after which we will sing mindfully in a variety of places in the Perth area. We will use vocal improvisation to explore how singing in different kinds of places changes our perception of self and place. We will follow our singing with some discussion about our experiences and how we can apply these concepts to the music therapy room.

Concurrent Sessions:

8:30 - 10:00 a.m. Kelly Howard and Janice Lindstrom in Stewart Park Room, located in the Best Western Hotel

"Beyond the Band-Aid: Using Mindfulness and DBT Skills to Strengthen Clinical Impact". This workshop introduces music therapists to Dialectical Behavior Therapy (DBT) skill frameworks, with particular emphasis on mindfulness as the foundation for emotion regulation and distress tolerance. The session begins with a brief instructor-led overview of core DBT concepts, highlighting how mindfulness can function as a structured clinical intervention rather than simply a relaxation technique. Participants will engage in large-group experiential exercises that demonstrate practical ways to embed mindfulness skills within music therapy sessions. In small-group breakouts, attendees will design and share DBT-informed mindfulness interventions tailored to specific clinical populations, leaving with adaptable strategies that support sustainable client growth rather than short-term relief.

8:30 - 10:00 a.m. Larissa Zoubareva in Codes Room, located in the Best Western Hotel

"Expanded Awareness is a 'Royal Road' to Post-traumatic Growth". Expanded awareness experiences are commonly reported in the Bonny Method of Guided Imagery and Music (GIM), a method that integrates psychotherapy and spirituality. This phenomenological self-study investigated these experiences within altered states of consciousness and identified the depth of transpersonal experiences in GIM Therapy. It focused on integration into daily life, particularly post-traumatic growth. A convergent mixed-methods design was used to gather qualitative data from 10 weekly GIM sessions and quantitative psychophysiological measures, including heart rate variability and the Mandala Assessment Research Instrument. Findings indicate that these experiences correlate with improved mental health and emotional resilience.

8:30 - 10:00 a.m. Nicholas Scott in Perth Citizens' Band Room, located in Town Hall

"Music Therapy and Reiki Within Eye Movement Desensitization and Reprocessing (EMDR) Therapy". Nicholas will define and demonstrate the use of musical and non-musical interventions used within EMDR Therapy at Music & Soul: Music Therapy and Wellness Services. Within EMDR there is an 8 phase model that offers a template as to how to navigate sessions with clients. The EMDR model also serves as an anchor for music therapists to utilize when supporting various populations across the lifespan dealing with overwhelming lived experiences. Participants will have opportunities to explore via discussion, workshoping new ideas, and exploring musical interventions, how Music Therapy and EMDR Therapy are complementary when addressing the residual effects of adverse lived experiences. Participants will have an opportunity to create two resources for themselves that they can adapt to use with their clients in their own practices. Participants will learn how they can place challenging memories, pain or distress in a container. They will also learn about the Happy/Secure Place, where one can utilize music or visualization to create a special place within their mind that offers sanctuary from distressing experiences.

10:00 - 10:30 a.m. Break Time

Concurrent Sessions:

10:30 - 11:30 a.m. Cheryl Jones in Stewart Park Room, located in the Best Western Hotel

“Giving Clients a Voice: Music-based Speech Rehabilitation and Self-expression Following an Acquired Brain Injury”. During this workshop we will discuss a range of potential speech impairments following an acquired brain injury, the supporting science and the use of Neurologic Music Therapy(R) to address speech rehabilitation goals. It will also explore the use of music for verbal and non-verbal expression for individuals with loss of speech. Participants will have a chance to engage in experiential activities regarding speech impairment and will have the opportunity to learn about music-based speech rehabilitation interventions and to practice them. Participants will be offered the experience of being non-verbal, and what it is like to communicate with a speech or language-impaired conversation partner. We will use music to explore music-based speech rehab, and the use of music as an expressive outlet.

10:30 - 11:30 a.m. Hannah Parks in Codes Room, located in the Best Western Hotel

“Music and Imagery: Awakening the Guide Within”. In this developing technique, Hannah mixes imagery with HeartMath and mindfulness to create stand alone workshops in collaboration with a local wellness centre. She facilitates an accessible class where community participants who have minimal experience in music or music therapy can build skills in focused listening and imagery generation. These skills help participants strengthen intuition, process deep emotions and improve clarity in every day decision making in alignment with their values. Her workshop will be an experiential "class" in this technique, with an opportunity for symposium participants to offer feedback.

10:30 - 11:30 a.m. Aimee Berends in Perth Citizens' Band Room, located in Town Hall

“Inviting Romantic Partners into Music as an Imaginative Bridge for Restructuring Bonds”. In relationship therapy, clients and therapists work to de-escalate conflict and restructure bonds. This kind of work requires both partners to access significant emotional vulnerability in the presence of the person(s) who may have hurt them most. Using Emotionally-Focused Therapy (EFT), trained therapists invite clients into tasks that validate, deepen, express and explore the emotional content. This is an experiential and dynamic process. Often, metaphors, imagination and memory are used to assist partners to access the material that could heal the relationship distress. Workshop participants will be invited to participate actively and receptively through the use of original songs and structured improvisation, with the priority that each participant engage in sensitive relational and musical elements that the therapist must navigate. These experiences will show ways to assist clients in accessing, softening, and expressing attachment messages between partners.

11:30 a.m. - 12:30 p.m. Lunch Break.

12:30 - 2:30 p.m. Diane Austin at Studio Theatre

“When the Psyche Sings: An Experience of Austin Vocal Psychotherapy”. During this workshop, Diane will offer experiences of Austin Vocal Psychotherapy, the first voice-based model of music therapy. By engaging in sound, movement and vocal improvisations, there will be opportunities to explore, and discover the power of connecting with one's own authentic voice.

2:30 - 3:00 p.m. Musical Closing with Rebecca Worden and Kimberly Dolan

Heading 5: October 5th “Tree of Life”, Music and Imagery Workshop

10:00 a.m. - 3:00 p.m. Denise Grocke at Camp Merrywood

In this more advanced workshop we will explore the relevance of the Tree of Life in Receptive Music Therapy practice. Drawn from Narrative Therapy, the Tree of Life facilitates story-telling, allowing clients to draw a symbolic tree reflecting key aspects of their lives. There are seven steps in the process and music is used at each stage to inspire the drawing. There is a process for sharing and reflecting. Key questions relate to safety in using the Tree of Life with clients who have been through trauma. Choice of appropriate music is paramount.

Heading 6: Key Facilitator Bios

Emeritus Professor Denise Grocke PhD, RMT, RGIMT, FAMI, L. Mus.

Denise Grocke completed her music therapy qualifications at Michigan State University, USA, and holds a Masters degree in Music Therapy, and a PhD in Guided Imagery and Music (GIM), both from the University of Melbourne. She has worked as a music therapist with people living with mental illness, neurological disorders and dementia. She is trained in the Bonny Method of Guided Imagery and Music, and is a Fellow of the Association for Music and Imagery in the U.S..

She established the music therapy course at the University of Melbourne in 1978, and for 33 years was Head of Music Therapy. From 1998-2012, she was Director of the National Music Therapy Research Unit (NaMTRU), which she established to promote research in music therapy at a national level. She co-founded the International Consortium of Music Therapy Research Universities in 2002, which enabled large international multi-site trials to advance the profession.

She was President of the World Federation of Music Therapy (WFMT) from 1999-2002, having served three terms as Chair of the Commission of Education, Training and Registration. She co-founded the Australian Music Therapy Association in 1975 and served two terms as its President.

Professor Grocke has written extensively on music therapy and Guided Imagery and Music. She is co-author of *Receptive Music Therapy* (2024, with Dr Katrina McFerran); editor of *Guided Imagery and Music: The Bonny Method and Beyond* 2nd edition (2019); *Guided Imagery and Music (GIM) and Music Imagery Methods for Individual and Group Therapy* (2015; co-edited with Torben Moe); co-author of *Receptive Methods in Music Therapy* (2007) with Tony Wigram, and co-editor of *Music Medicine 3* (1999) with Rosalie Rebollo Pratt. In addition, she has published 30 book chapters, 50+ refereed journal articles, Cochrane reviews, and online publications.

In 2012, she was presented with an Award of Merit, by the American Music Therapy Association, in recognition of service to the field of music therapy. In 2013 she was awarded a Lifetime Achievement Award by the Australian Music Therapy Association and Honorary Life Membership of the World Federation of Music Therapy, the Australian Music Therapy Association, and the Music and Imagery Association of Australia. In 2016, she was made an Officer in the Order of Australia (AO) for services as a pioneering practitioner, researcher, author and teacher in music therapy, and services to professional organisations.

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Soön

Soön is a Montreal-based band of four music therapists who work in mental health. We gather around shared musical tastes and a desire to fulfill our musical needs beyond clinical practice. Early in our collaboration, we recorded a mini-album of original songs. In 2017, we traveled to Japan to present on the particularities of a “music therapist band” and the importance of engaging in our own creative process. Since then, we have maintained regular jam sessions at the studio of one of our members, and continue to explore and deepen our creative connections.

The following four biographies are of the band members: Dany, Daniel, Julie, and Julien.

Dany Bouchard, MTA, B.Mus, studied Music Therapy in Canada at UQAM (Université du Québec à Montréal). Since 2006, he's been practicing music therapy in Montreal with adults with mental health issues at the MUHC (McGill University Health Center - Inpatient Psychiatry Unit and Outpatient Psychiatry Clinics) and at the mental health foundation, Les Impatients. He's the co-director of a mental health choir 'Le groupe MusiArt' and produced their three albums of original songs. He also produced several musical CDs with other participants having mental health issues. He started the first Canadian music therapy studio within a hospital setting in 2018 to improve his Creative Music Therapy approach. Dany is also a musician and a member of the group *Soñ* formed with music therapy colleagues.

Daniel Kruger, MTA, MA Daniel Kruger (MTA, MA) is an improviser, guitarist, composer, and music therapist living in Tio'tia:ke/Montréal, Québec. He studied jazz and improvised music at the University of Guelph, percussion and Highlife music at the University of Ghana, and most recently music therapy at Concordia University. He published a version of his Concordia master's thesis entitled "A Historical Study of the First Year of the Canadian Association of Music Therapists" in the CJMT in 2023. He works full time as a music therapist in the child/adolescent psychiatry section of the Douglas Mental Health University Institute, where he accompanies children, adolescents, and families as they strive to achieve their mental health goals. Daniel is also an active performer and composer in the creative/improvised music scene in Montréal. Most recently, he is directing and performing the music for a musical entitled "Down That Trail in the Woods" composed, choreographed, and scripted by Kizis Tibik.

Julie Migner-Laurin, Psy.D./Ph.D., B.Mus., earned her Bachelor's degree in Music Therapy from the Université du Québec à Montréal (UQAM) in 2000, followed by a doctorate in Psychology. She currently works in the Adult Psychiatry Department at the McGill University Health Centre, where she created the *Women's Music Therapy Circle* and co-directs *MusiArt*, a choir and band promoting mental health through artistic expression. She also maintains a private practice in clinical psychology and music psychotherapy, and provides professional supervision. Her doctoral research explored the intersections between psychotherapy and music therapy, focusing on the meaning of improvised music in therapeutic contexts. Dr. Migner-Laurin presents her work through lectures and workshops in academic and professional settings in Québec and internationally. A trained pianist and flutist, she is also a member of *Soñ*, a band composed of fellow music therapists.

Julien Peyrin, MTA, MAMT, studied music therapy in France and Quebec and holds a Master's degree in Creative Arts Therapies from Concordia University. Julien has nearly eighteen years of experience working with community organizations and hospitals that serve adolescents and young adults living in vulnerable situations due to mental health diagnoses, homelessness, and/or addiction. His professional approach focuses primarily on social inclusion and the implementation of innovative tools dedicated to affect regulation and stress management. Julien has been playing music since he was a child. He composes, performs, and has collaborated with various musical groups in France and Quebec. He is also a member of the group *Soñ* formed with music therapy colleagues. Julien has lectured and taught internationally, including in Canada, the United States, Japan, France, Austria, and Switzerland.

Dr. Diane Austin, DA, LCAT

Diane Austin (she/her), is the Director of the Music Psychotherapy Center in New York, NY, where she has maintained a private practice in music psychotherapy, vocal psychotherapy, and supervision for over 40 years. Dr. Austin developed the first voice-based model of music therapy, vocal psychotherapy, and has taught international distance training programs in Vancouver, B. C.; Seoul, South Korea; Brighton, England; and New York City. She leads workshops worldwide and has published numerous articles and book chapters on in-depth music therapy and vocal psychotherapy. Her book, *The Theory and Practice of Vocal Psychotherapy: Songs of the Self*, published by Jessica Kingsley, codified her model. Learn more at www.austinvocalpsychotherapy.com or contact her at diane@dianeastin.com

Heading 7: Facilitator Bios

Abdallah Nofal MMT, MTA (qualifying), RP (qualifying) is a Master of Music Therapy candidate and research assistant at Wilfrid Laurier University, whose practice is rooted in humanistic and anti-oppressive frameworks and their integration into psychodynamic music therapy. Drawing on a rich multicultural musical background spanning piano, oud, guitar, and voice, he approaches therapy as a space where music becomes a deeply personal language for self-expression, confidence, and healing. His clinical experience spans children, women, and elderly populations across Palestine, where he used music as a tool for community resilience and social support through organizations including Steps of Hope and Safar Theatre for Children. At the heart of his work is a belief that meaningful human connection is the foundation of every therapeutic relationship, and that music, at its best, is how we find each other.

Adrienne Pringle, MA, RP, MTA has 25 years of experience working in hospital palliative care, mental health, wellness and bereavement support. She is currently in private practice with Beyond the Studio and CHM Therapy, facilitates music therapy groups with Wellspring, Heartache to Hope and Community Living Oakville and is a clinical supervisor. Adrienne has a BA Honours Music from Mount Allison University (1997), Honours Bachelor of Music Therapy (1999) and Master of Music Therapy (2003) from Wilfrid Laurier University. Adrienne is part-time faculty (Adjunct) at Concordia University, and a Supervisor at Wilfrid Laurier University. She serves on the Board of Directors for the Canadian Music Therapy Fund and is a past President of the Canadian Association of Music Therapists. Along with her business partner Cathy Thompson, Adrienne co-founded Beyond the Studio, Sing it Girls! and The Canadian Music Therapy Podcast.

Aimee Berends, MACP, MMT, RP, MTA is a freelance musician and adult educator. She has contributed to published articles in Healthcare, Music and Medicine and the International Journal of Music, Health and Wellbeing. As a music therapist, Aimee has worked in several mental health populations including hospital inpatient adolescent mental health, an inner city El Sistema-like community, and music therapy programs on Vancouver's Downtown East Side. She is currently working at Shalem Mental Health Network, a Family Service Ontario partner agency in Hamilton, Ontario.

Aksana Kavaliova-Moussi, RP, MTA, NMT holds graduate degrees in counselling psychology and music therapy and is pursuing her PhD at Colorado State University. Her research interests include music and Eye Movement Desensitization and Reprocessing (EMDR) therapy. Aksana is a psychotherapist at the Family Counselling Centre of Niagara and also operates a small music therapy and psychotherapy private practice, working with mental health (including trauma survivors of all ages), individuals with disabilities (including autism), and in long-term care. She is a course developer and instructor at the Educational Centre named after N. Bekhtereva in Russia, where she provides music therapy and trauma education, as well as supervision to Russian-speaking therapists. Aksana is a co-chair of the Online Conference for Music Therapy (www.onlineconferenceformusictherapy.com) and a council member of the World Federation of Music Therapy.

Alexa Munroe Choquette, BMus, CMT, MACP, MTA, RP(Qualifying) (She/Her), is a certified music therapist, and a registered psychotherapist (qualifying). She is the clinical lead, internship supervisor, and a contracted therapist with Find Your Voice Music Therapy. She has been part of the team since 2021. Alexa is currently providing music therapy and music psychotherapy services in Odawa/Ottawa, ON, and online across Turtle Island/Canada. She supports many populations, including the 2SLGBTQIA+ community, neurodivergent community, and individuals seeking support for their complex mental health needs such as anxiety and depression. Alexa aims for inclusivity, accessibility, empowerment, and informed practices to create wholeness within the community and acceptance into every space in which she engages.

Anthony Fragomeni, MMT, RP, MTA completed his masters in music therapy at Wilfrid Laurier University in 2019. He has since worked as a psychotherapist in healthcare settings, and started workshops at Homewood in 2023. Anthony enjoys exploring a wide variety of musical styles, and he values authenticity in the therapeutic space.

Carol Olympus, MMT, PGDAE, BS (he/him) is a music therapist, researcher, and audio engineer whose work bridges music psychotherapy, community mental health, and adaptive technology. Based in Richmond Hill, Ontario, he focuses on evidence-based, equity-oriented interventions and is actively developing a mental health focused music therapy practice grounded in relational and systemic approaches. His research and teaching emphasize intersectional social determinants of mental health, evidence-based applications of sound, and the role of the arts in challenging structural inequities. In this workshop, Carol draws on years of grass-roots organizational and educational experience to design experiential, role-based activities that help participants critically examine barriers to music psychotherapy access and rehearse equity-oriented practices they can carry into their own clinical and community contexts.

Cathy Thompson: is a Canadian business leader, author and podcast host, having spent nearly 30 years creating companies from the ground up. She has intimate knowledge and expertise with sole proprietorships, partnerships, corporations, franchises, and licensing. In addition to her companies, she mentors business owners on idea incubation,

business set up, systems and operations. Cathy founded Beyond the Classroom in 1998 and has grown the company through a franchising model throughout Ontario. She is also co-founder of Beyond the Studio and Sing it Girls. In addition, Cathy co-hosts The Canadian Music Therapy Podcast and most recently has created the Ease by Design Framework and program focused on teaching work-life integration.

Cheryl Jones, PhD, RP, MT-BC, NMT fellow is a licensed Neurologic Music TherapistTM and a Registered Psychotherapist. She has taught in the music therapy departments in 3 universities and served on the Advisory Council for the Academy of Neurologic Music Therapy(R) for 9 years. She currently maintains a full time clinical practice with individuals who have sustained an acquired brain injury. Her work primarily focuses on speech and cognitive rehabilitation. Dr. Jones has developed a model, Therapeutic Music Training, in which learning to play an instrument is used to target functional cognitive rehabilitation goals. She also works with children on the autistic spectrum.

Chrissy Pearson, BMT, RP, MTA, FAMI has over twenty years of experience practicing music therapy with people from diverse backgrounds facing diverse challenges. She currently works part-time in palliative care and also has a private practice where she works primarily using guided imagery and music with adults who are tending to their mental health at various stages of life.

Cordon Purcell, MA, MTA (she/her) is a full-time music therapist at the Glebe Centre, a long-term care Home in Ottawa. Cordon is a graduate of The University of Windsor (BMT) and Concordia University (MA), Cordon worked throughout the Ottawa Valley and Eastern Ontario in her private practice Hope in Song Music Therapy before joining the team at The Glebe Centre. She is also the conductor of Some Kind of Choir, a community choir in Westport, Ontario. Cordon is passionate about person-centred care, songwriting, and singing together.

Daiva Zemaitis, MTA, NMT, Reiki Practitioner (Level III) has supported individuals of all ages, identities, abilities, and life experiences. Currently, Daiva works in long term care and hospital settings, as well as in her home space. Through her private practice, Harmonia Healing and Music, Daiva supports adults by helping them reclaim a grounded and confident voice through music therapy and Reiki during 1:1 and group programs. Daiva also has an online community membership called the Harmonia Circle for space holders and sensitive souls to receive care through therapeutic music making and energy healing.

Demian Kogutek, PhD, MTA Demian Kogutek is an Assistant Professor of Music Therapy (tenure-track) at Wilfrid Laurier University in Waterloo, Ontario, where he also serves as Coordinator of the Master of Music Therapy program and Director of the Manfred and Penny Conrad Institute for Music Therapy Research. A Certified Music Therapist (MTA) with the Canadian Association of Music Therapists, he integrates clinical practice, teaching, and research with a special interest in neurological conditions and psychotherapeutic applications of music improvisation, including computational improvisation analysis. His background includes classical guitar training, a Master of Music Therapy from Laurier, and a PhD in Rehabilitation Sciences from the University of Western Ontario. Through his work, Demian advances music-centered approaches that support motor and functional improvements in rehabilitation while fostering evidence-based, client-centered care across academic and therapeutic contexts.

Dominique Piquard, BFA, MTA is the founder of UB Music-que and is a Certified Music Therapist with over 10 years of clinical experience. She holds a BFA in Music from York University in diverse cultures and a graduate certificate in music therapy from Concordia University. Dominique specializes in family-centred bereavement, developmental and community music therapy. For the past six years, she has accompanied grieving families through NB COPES, supporting parents, caregivers, and children navigating loss, developmental challenges, and life transitions. Her approach integrates mindful breathing, narrative practices, playful engagement, and polyvagal theory to help families build habits of co-regulation and meaning-making through music therapy experiences.

Elizabeth Bentz, MA, NMT, BC-MT earned her undergraduate degree from the University of Wisconsin - Eau Claire with a double major in music therapy and psychology. She completed her internship with the Wisconsin Conservatory of Music in 2011. Liz spent five years working as a music therapist in Indiana for their Medicaid Waiver program before relocating to Albuquerque, NM. She briefly owned and operated a private practice before venturing into the world of early intervention. Liz has been a board-certified music therapist for 14 years. She earned her masters in music therapy from Colorado State University and is certified in Neurologic Music Therapy as well as the Safe and Sound Protocol.

Hannah Parks, MMus, CMT, MTA Hannah specializes in women's mental health, and works in day programs for at-risk women, and shelters for survivors of domestic violence. Hannah is a certified Trauma-Sensitive Heartmath Practitioner, and is trained in somatic mindfulness and meditation and has completed her level II Guided Imagery and Music training. She has facilitated workshops at wellness retreats and studios, including The Deeper Wave Urban Nature retreat in

Ottawa, ON., Shevolve Connection in Chester Basin, NS., and the Lincoln Street Yoga and Wellness Studio in Lunenburg, NS.

Janice Lindstrom, DLS, MT-BC is Director of the Music Therapy Program and Senior Lecturer at Southern Methodist University in Dallas, Texas. Her clinical and teaching work focuses on helping music therapists move beyond supportive interventions toward structured, skill-based treatment approaches that promote lasting client change. Drawing from Dialectical Behavior Therapy (DBT), a bio-psycho-social-spiritual approach, and evidence-informed music therapy methods, she integrates psychological skill frameworks with experiential music-making to support emotion regulation, distress tolerance, and self-awareness. Dr. Lindstrom teaches undergraduate courses in clinical decision-making, treatment planning, and the therapeutic use of music. She frequently presents practical approaches for strengthening clinical impact, helping therapists translate complex psychological models into accessible, music-based interventions for diverse client populations.

Jessica Jurgenliemk, MTA, CCC is an indie singer-songwriter, music therapist (MTA), and counselling therapist (CCC) from Nova Scotia. She is now settled in Edmonton, Alberta, thanks to the holistic, deep-dive approach of St. Stephen's College's Master of Psychotherapy and Spirituality. Her capstone research project focused on the integration of music therapy and counselling/psychotherapy by dually-trained professionals, and her dream is to integrate these two approaches fully, offering music therapy as an option for adults seeking creative and embodied mental health care within the mainstream counselling world. Her own musical expression is often raw—loud yet vulnerable—and she envisions a somatic, trauma-informed and attachment-based improvisational music psychotherapy in which clients are invited to extend their emotional ranges and find their expressive, wise, and unique voices.

Kaitlyn Bergbusch, MMT, RP, MTA graduated from Laurier's Master of Music Therapy program in 2022. Since then she has worked as a music therapist and psychotherapist in inpatient mental health, hospice, and private practice settings. She began working at Homewood Health Centre in Guelph in 2023 and has since then contributed to the expansion of the music therapy department and programming. Her primary instrument is voice, and she loves to sing and perform many genres of music from jazz to opera to musical theatre.

Kelly J Howard, DBT MT-BC (Dialectical Behaviour Therapy informed MT-BC) graduated from Sam Houston State University in 1990 and pioneered the Music Therapy program at TIRR (The Institute for Rehabilitation and Research) in the Houston Medical Center. After a career break, she returned to the field in 2020, specializing in mental and behavioral health for adolescents and teens. Her focus is teaching coping skills to help clients avoid extensive hospitalizations. In 2023, Kelly completed a year-long, in-depth DBT program, which led to her current role as DBT Success Advisor for The Spiegel Academy. She guides music therapists seeking the DBT-Informed designation and facilitates the DBT Ambassadors Class. Outside of her professional life, Kelly pursues her passion for singing and performing, and embraces the outdoors through hiking, skiing, and fly fishing in the mountains of Colorado.

Kimberly Dolan, MMT, RP(Qualifying), MTA (she/her) is a holistic wellness advocate based in Kingston, Ontario. She is the co-founder of Synergy Music Therapy & Wellness Services where she works with folks from all walks of life. Kimberly is a community outreach worker supporting individuals navigating homelessness, addiction, and mental health challenges. In addition, she brings experience from diverse settings, including developmental and neurological care. Her approach is grounded in social justice, compassion, and creative collaboration, and she believes deeply that everyone deserves the opportunity to live a fulfilled and well life.

Kirsten Davis, MA, MTA, RCC is a graduate of Wilfrid Laurier University, Waterloo, Ontario (BMT, 1994), and Concordia University, Montreal (MA, 2018), and is a Registered Clinical Counsellor in BC (2022). Since 2019, she has served as music therapist at Homewood Ravensview in North Saanich, B.C., a residential treatment facility for clients with post-traumatic stress, mental health diagnoses, and substance use disorders. She currently serves as the MTABC Ethics Chair.

Larissa Zoubareva, MA, RP, MTA, MT-BC, FAMI operates a private practice in the Greater Toronto Area. Her expertise encompasses mental health, challenging life transitions, and personal, post-traumatic, and spiritual development. Currently, Larissa is working towards a doctoral degree under the supervision of Dr. Ahonen, coordinator of the PhD Program in Music Therapy at Wilfrid Laurier University, Canada. Larissa's research focuses on exploring the role of expanded awareness in post-traumatic growth using the Bonny Method of Guided Imagery and Music.

Laurel Young, PhD, RP, MTA, FAMI is a psychotherapist and trainer-fellow of the Association for Music & Imagery. She is a professor of music therapy at Concordia University. Prior to joining Concordia (2011), she was the professional leader of Creative Arts Therapies at Sunnybrook Health Sciences Centre in Toronto. Dr. Young received awards from Wilfrid Laurier University and Temple University for outstanding contributions to her field. In 2014, she received the Canadian

Association of Music Therapists' (CAMT) Research & Publications award. She has over 30 years of diverse clinical experience, authored several publications, presented internationally, and served on the CAMT and Canadian Music Therapy Fund Boards. She has served on the CAMT and Canadian Music Therapy Fund Boards. She is a research member of Concordia's School of Health, and the Centre for Research and Expertise in Social Gerontology. From 2017-2025 she served as the Associate Director of engAGE: Concordia's Centre for Research on Aging.

Mackenzie Costron, BMT, MTA, RCT (she/her), is an autistic therapist, certified music therapist, and registered counselling therapist. She is the owner and founder of Find Your Voice Music Therapy, launching her first practice in Katarokwi/Kingston, ON in 2014. Since then, the organization has expanded to serve K'jipuktuk/Halifax, NS, Mi'kma'ki/Valley regions of Nova Scotia, and Odawa/Ottawa, ON. Mackenzie provides trauma-informed music psychotherapy and counselling services in Halifax and online across Turtle Island/Canada. She frequently supports high-masking autistic adults, including the neuroqueer (neurodivergent and queer) community, and individuals navigating life transitions such as perinatal mental health. Mackenzie integrates music therapy, narrative therapy, and heart-centered practices into her work. Her clinical and advocacy approach emphasizes accessibility, inclusion, and values-driven care, supporting identity, empowerment, and belonging in both therapeutic and community spaces.

Nicholas Scott, MA, MTA, NMT, LCT-C studied music therapy at Concordia University, is a Licensed Counselling Therapy Candidate (LCT-C), and an EMDR Trained Therapist and Reiki Teacher. Nicholas founded Music & Soul, now based in Sussex, New Brunswick where Music Therapy, Counselling, EMDR and Reiki are utilized to best support the presenting needs of the clients. Nicholas sits on the Board of the Atlantic Association of Music Therapists as the representative in NB and is grateful, excited and motivated to be part of the future of Music Therapy in the Atlantic provinces.

Nicola Oddy, PhD, MTA has been a music therapist since 1985, having used her voice as her primary mode of intervention since then. She completed a late career PhD, in which she developed the concept of Environmental Vocal Exploration in order to learn how singing in place affects our experience of those places, and our experiences of self. She has taught at both Concordia and Carleton Universities, and is currently involved with the University of Ottawa Music and Health Research Institute.

Stephen Tok, MMT, MMus, RP, MTA, FAMI is a music therapist at the Waterloo Regional Health Network's (WRHN) inpatient mental health programs for children, adolescents, and adults. Integrating his diverse experience of teaching and performing in academic, community, and non-profit settings, he now specializes in providing music psychotherapy to adults and youth as they heal and grow from life's crises, traumas, and losses. Stephen received his training in music performance and music psychotherapy at West Virginia University, Bowling Green State University, and Wilfrid Laurier University. In addition to his role at WRHN, he maintains a small private practice providing therapy and clinical supervision at the Laurier Academy of Music and Arts, and he is also pursuing his PhD studies in music therapy at Laurier. His research interests include music-centered, creative, and holistic approaches to psychotherapy.

Tian Ip, MA,RP, MTA (they/them) is currently pursuing a PhD at Wilfrid Laurier University focused on the therapeutic benefits of music therapy for various symptoms of Parkinson's disease. Their master's research project used Improvised Active Music Therapy as an assessment tool to predict Parkinson's disease for which they were sponsored by Parkinson's Society Southwestern Ontario. Tian maintains a private music psychotherapy practice in the Kitchener-Waterloo area, where they provide individualized sessions. Tian also regularly advocates for music therapy and leads music therapy workshops for healthcare professionals in China.

Heading 8: Venues

All venues are barrier free.

Plenary Events at The Studio Theatre Perth: Located at 63 Gore Street East

Breakout Venues:

Best Western Parkside Inn: Located at 82 Peter Street.

Perth Citizen's Band Room: Located at 80 Gore Street East, inside Town Hall (access through the door at the left of the building and up the stairs).

Friday Night, Inspiration Gathering at Fiddleheads Bar and Grill: Located at 53 Herriott Street.

Saturday Night, Singspiration! Event at Royal Canadian Legion, Branch 244: Located at 28 Beckwith Street.

Denise Grocke Monday Workshop at Camp Merrywood: Located at 741 Port Elmsley Road.

Heading 9: Sponsors and Thank yous!

The Women & Men of the Tay present "It's Magic!" on Wednesday, December 9 at 7:30 PM at St. Paul's United Church located at 25 Gore Street West, Perth. For tickets, visit TicketsPlease.ca (tickets will be sold starting November 1, 2026).

Sponsors:

Beyond the Studio
Dolce Music Therapy
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Wellington Music Therapy Services

Thankyous.

We'd like to thank the following, who have eased our path.

Chuck Shenkman
Perth Citizens Band
Rob Umpherson
Town of Perth
Judy Brown

Volunteers at The Studio Theatre:

Kat Watring-Ellis
Brent McLaren
Liz Theobald
Fiona Bladon

Perth Parkside Hotel and Spa:

Roman Arkhipov

Student Volunteers:

Emme
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Helen Mogford
Yvonne Powell
Daniel Shipp
Jenny Stewart

Billeting Hosts:

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Annie Dalton
Carol Franklin and Kevin James
Sue Green
Tim and Sharon Holmes
Christine and Reid Kilburn
David and Sheila Kroetsch
Joel LeBlanc and Martina Flanagan
Ali and Katie MacDonald
Charlotte McRory
Steve and Sue Tennant

Perth vendors

Perth Pizzeria & Restaurant
Frank's Bakery & Deli
Jazzy's Brewhaus

Musicians

Tim Jackson
Jessica Jurgenziemk
Adam Reid
The Rivermen - Rob Rainer and David Ramsden
Aaron Shenkman
Members of Soön