

Aaron Reslink, LCPC, LMHC

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Education

University of Reno, NV | PhD Student of Counselor Education

August 2024 - May 2027 (Projected)

CACREP Accredited

University at Buffalo | Mental Health Counseling, MS

May 2019, 4.0 GPA

Masters in Psychology and Counseling Accreditation Council Accredited

SUNY Fredonia | Psychology, BA

December 2016, 3.58 GPA, Minor in Music

Experience

Interim Clinical Director | University of Nevada, Reno, Reno, NV

October 2025 - January 2026

- Downing Counseling Clinic (In addition to the below activities):
 - Directed clinic operations, ensuring compliance with HIPPA and university policies
 - Facilitated professional development via clinic meetings, coordinating external speakers
 - Authorized continued services and terminations in a time-limited setting
 - Determined appropriate client referrals from acuity assessments

Graduate Teaching Assistant | University of Nevada, Reno, Reno, NV

August 2024 - Present

- Downing Counseling Clinic (20 hours/week):
 - Provides frequent student supervision using an integrative, developmental model
 - Creates a facilitative learning environment
 - Audits notes, treatment plans, and client charts for completeness on a semesterly basis
 - Acted as the primary point of contact for all clinical crises and emergencies
- Graduate Teaching Assistant (10 hours/week):
 - Taught student-centered, evidence-based lectures and facilitated class activities
 - Grades written and skills-based assignments, including prepracticum videos
 - Develops syllabi, learning goals, and fulfills CACREP accreditation standards in collaboration with the instructor of record

Adjunct Instructor | University at Buffalo, Graduate School of Education, Buffalo, NY

August 2022 - Present

Owner & Counselor | Creative Mental Health Counseling, PLLC, Reno, NV

March 2022 - Present

Counselor | Hillview Mental Health Counseling, PLLC, Depew, NY

November 2020 - March 2022

Counselor | BestSelf Behavioral Health, Orchard Park, NY

May 2019 - March 2021

Counseling Internship | BestSelf Behavioral Health, Orchard Park, NY

August 2018 - May 2019

Teaching

Overview of Addictions | University of Nevada, Reno | Teaching Assistant

Spring, 2025 (Online)

Advanced Human Growth and Development | University of Nevada, Reno | Teaching Assistant

Spring, 2025

Prepracticum | University of Nevada, Reno | Teaching Assistant

Fall, 2024

Psychopathology and Interventions | University at Buffalo | Instructor of Record

Summer, 2024 (Online); Summer, 2025 (Online)

Internship | University at Buffalo | Instructor of Record

Spring, 2023; Fall 2024 (Online); Spring 2025 (Online)

Helping Skills (Prepracticum) | University at Buffalo | Instructor of Record

Fall, 2022

Legal & Ethical Issues in Counseling | University at Buffalo | Instructor of Record

Spring, 2022

Introduction to Mental Health Counseling | University at Buffalo | Instructor of Record

Fall, 2021

Research

1. **Reslink, A.**, Ceragioli, T., Danielson, R., Adams, A., Brosius, S., & Boren, C. (In Progress). Narratives of an LGBTQ Student Voice project.
Served as primary investigator and research consultant to school social worker, Tracy Ceragioli. Assisted Tracy with initial project development, selection of a methodology, and project implementation. Authored IRB materials. Trained interviewers. Trained coders and oversaw coding procedures.
2. **Reslink, A.**, DePue, M. K., Stiavetti, S. (In Progress). Gatekeeping and remediation in counseling program handbooks: An instrumental case study.
Served as primary investigator. Determined question, collected sample, and coded 44 counseling program handbooks using content document analysis. Coordinated codebook reliability meetings. Leveraged AI and Python to organize and visually display data.
3. **Reslink, A.**, & Brosius, S. (2025). Proposed self-as-context interventions for gender minority clients. *Journal of LGBTQ Issues in Counseling*, 19(1), 40–55.
<https://doi.org/10.1080/26924951.2024.2439595>
Authored first draft of this conceptual article through conversations with the former director of Gender Affirming Care. Described the applications of Acceptance and Commitment Therapy to unique factors of transgender identity development.
4. Reynolds, A. L., Manges, M. E., McCabe, E. A., Kashani, B., Mercado Irizarry, E., & **Reslink, A.** (2025). Examining the intersection of sexual orientation and gender on outness and identity. *Journal of LGBTQ Issues in Counseling*, 19(2), 197–215.

<https://doi.org/10.1080/26924951.2025.2471751>

Assisted with initial research question development, reviewed and presented potential measures, drafted manuscript sections, coordinated online outreach for sampling.

Professional Service

Editorial Board Member, *Teaching Practice Briefs* (An ACES Publication), Fall, 2025 - *Present*

Presentations

1. **Confirmed for October 2025: Acceptance and Commitment Therapy Workshop** | In partnership with Sweet Apple Yoga | A free, community-driven workshop
2. **Confirmed for October 2025: Community-Driven Intervention: Choral Singing for Wellness in an Immigrant Population** | International Conference on Quantitative Ethnography 2025
 - a. Primary Investigator: Longchuan Xu, MS & Sabrina Musson, PhD, LMHC
 - b. Contributions: Research Question Development, Qualitative Interviewing, Coding
3. **Confirmed for October 2025: Gatekeeping and remediation in counseling program handbooks: An instrumental case study** | ACES National Conference | Philadelphia, PA
4. **Acceptance and Commitment Therapy: Theory and Interventions** | April, 2025 | Guest Lecture, Counseling Theory and Process, University of Nevada, Reno
5. **Effective Clinical Documentation** | April, 2025 | Guest Lecture, Counseling Practicum, University of Nevada, Reno
6. **Brave Spaces, Openness, and Challenging Conversations** | October, 2024 | UNR Extension's Annual Diversity Summit
7. **ACT Self-as-Context Interventions in Gender-Affirming Care** | May, 2024 | NYMHCA Biennial Convention
8. **Navigating Medicaid Number Applications** | August, 2023 | NYMHCA Monthly Meetings
9. **ACT Self-as-Context Interventions in Gender-Affirming Care** | August, 2022 | NYMHCA Summer of CEU's Conference
10. **Bridges From Borders: Various Trainings** | April-June, 2021 | Virtual Asynchronous Recordings
11. **LGBTQ Population and Substance Use: An Overview** | March, 2021 | NYMHCA Substance Abuse Series
12. **Challenges in Employment and Education: Working with the LGBT+ Population** | March, 2020 | ACCES-VR | Co-presenter: Sean Brosius, LMSW
13. **An Introduction to Gender-Affirming Care** | October, 2019 | BestSelf Lunch and Learn | Co-presenter: Sean Brosius, LMSW
14. **Vocabulary and Transgender Care 101** | September, 2019 | NYMHCA Monthly Meetings
15. **Cultural Humility** | Spring, 2019 | BestSelf New Hire Orientation
16. **Trans 101 & Gender-Affirming Care in Your Organization** | February, 2019 | UBLeads Conference

Awards & Honors

Superintelligence Imagined | Future of Life Institute | Honorable Mention | Script Editor & Visual Storyteller | August 2024

Behavioral Health Workforce Education Training | University at Buffalo | \$10,000 | Motivational

Interviewing Training | Fall 2018 - Spring 2019

Johnathan D. Ramos Award | University at Buffalo | \$1,500 | For the display of excellence at UB's master's program | Spring 2019

Dean's Scholarship Award for Diversity and Excellence | University at Buffalo | \$2,000 | Awarded for the completion of an essay displaying a commitment to diversity | Fall 2017

Certifications

Clinical Professional Counselor, Nevada Board of Examiners | May 2024 - Present

Licensed Mental Health Counselor, NY State Education Department | May 2021 - Present

Certified Alcohol and Substance Abuse Counselor - Trainee | March 2022 - Present

EMDR Basic Training Certified | May 2018 (No expiration)

Dialectical Behavioral Therapy Comprehensive Training | May 2018 (No expiration)

Memberships

Association for Counselor Education and Supervision | Fall 2024 | Student Member | Western ACES Chapter Member

American Counseling Association | Fall 2024 | Student Member

New York Mental Health Counselors' Association, Buffalo-Niagara Chapter

- Professional Development Chairperson | Fall 2020 - Spring 2024 | Local Chapter
- Co-President | Fall 2019 - Fall 2020 | Local Chapter
- Student Ambassador | Fall 2018 - Spring 2019 | Local Chapter

Professional Development

- **ACT as a Brief Intervention** | Utilizing Focused Acceptance and Commitment Therapy in brief, time-limited treatments | April, 2024 | 8-Hour Course | Online
- **Emotionally Focused Therapy: Attachment Based Interventions** | June, 2023 | 6-Hour Course | Online
- **LGBTQIA+ Education and Inclusivity in Health Care** | June, 2023 | Buffalo, NY
- **Trans Wellness Conference** | July, 2018 | Philadelphia, PA

Volunteer

- **Catholic Charities of Northern Nevada** | September, 2025 – *Present*
 - Immigration Court Observer Volunteer
- **Southtowns Connexions** | October 2019 – June 2021 | June 2023 – June 2024
 - LGBTQ Youth Peer Group