بسم الله الرحمن الرحيم

In the Name of Allah, Most Gracious, Most Merciful

Driving - Anxiety - Mind your Language

It May Kill You or Others or Both including your loved ones

by Irshad Mahmood - Global Auliyaa (PRESIDENT), Siraat-al-Mustaqeem Dawah Centre

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Driving:

This is the age of science, new discoveries are made. Day by day communication is getting more advanced. With this, fast communication, life is getting more and more challenging. Anxiety is getting increase at a extremely high level, causing several killer diseases including Heart attack, Diabetes and Blood Pressure etc. On the evening of 09-DEC-2004, I was stuck in traffic for few hours and saw a very bad accident. One car was smashed very badly, and there was hardly any chance of survival for the victims, Allah knows the best. This is not new. Almost every day there are several peoples becoming the victims of such accidents in many areas of the world. It does not mean that we need to avoid driving or start riding on camels. Instead we need to advance our selves to adopt to these systems and learn new techniques to avoid any accidents. Life is a gift from Allah and it is our duty to protect ourselves as well as others.

Below are a few additional advises to the drivers:

1> Always Remember, Driving is a privilege and NOT a right. You must share it with others.

2> Follow the traffic instructions and remember the instructions in the manual.

3> Try to learn defensive driving.

4> Keep a secure distance of at least 3 (three) seconds from the vehicle ahead during normal weather and road conditions.

5> Avoid going over the specified limit and observe the flow of traffic.

6> Take extra precautions during bad weather. Your vehicle may skid badly on the road.

7> Avoid talking on Cell Phones, it could divert your mind and could be very dangerous.

8> Also Cell Phones uses very high frequency like Microwaves, so it may damage your brain and ear by cooking it. Try to use it only in extremely emergency.

9> Be careful when changing lanes, look in the mirror, give appropriate signal, and wait for a few seconds to make sure that others have seen your signal and giving you a chance to change the lane. Also if you see others giving a signal to change the lane then you must give a chance to the other person to change the lane.

10> Before changing lane make sure to check the BLANK SPOT and also make sure you can see BOTH head lights on your side-view mirror of the vehicle on the line on which you want to change. Also don't forget to judge the speed of the traffic. Speed up a little to match the speed of the traffic in the lane you want to move.

11> Change lane before the merging lane on the High Ways, to give chance to the merging traffic, merging traffic are usually very slow and may cause accidents. Merging traffics must speed up before merging the High Way according to the flow of the traffic.
12> Be well prepared in advance to change the lane. Don't wait for the last minute to change lanes.
13> Even if you are late never break the traffic rules. Traffic Rules are to protect your and others lives.
14> Take extra precautions for the pedestrians. They also have an equal right to live.
15> Avoid giving or taking Tension (Anxiety). This may effect your driving capability. You may get involved in an accident.
16> Also Anxiety could cause many dangerous diseases, which include, blood pressure, sugar, heart attack etc.
17> Never park on others Parking Spot. This may cause others to get anxiety. Also Parking on others Parking Spot or Blocking others Drive Way is unjust.

Anxiety (Stress or Tension) hurts you, specially from the loved ones:

Mind Your Actions:

Your Language or Tone may hurt others. Even in Games you need to be very careful. Some one may like dangerous rides, BUT other may get stroke or heart attack, so you need to think how other may feel and you need to HELP them instead of TORTURE them.

A Muslim is the one who avoids harming Muslims with his / her Tongue and Hands..... (Sahih Bukhari - Vol-1, Book-2, Belief, Hadeeth-009). So Encourage and do NOT Discourage and apply the logics of Psychology.

On the Day when their tongues, their hands, and their feet will bear witness against them as to their actions. (Al_Quraan_024:024)

Anxiety is also a **Weapon** to **Hurt or kill** some one, even without knowing it, since it may cause **dangerous diseases** like **blood pressure, sugar, heart attack etc**. Although in this world it may be hard to prove it, **BUT** on the Day of Judgment Allah will sure ask about this as well. **So change your attitude before it gets too late**.

Anxiety occurs when both the parties disagree on some matters. It hurts you badly, if you get it from your loved ones, for others you normally don't care. Generally we do the **Great Mistake** that "**I am Right**". You must avoid the Great Mistake that "I am Right and all others are wrong", even though you are a scholar or an elder, after all you are still a human being.

Allah has very clearly mentioned in the Quraan to AVOID Anxiety.

There is NO Compulsion in Religion..... (Al_Quraan_002:256)

Also it is not only true for the disbelievers, BUT also for the different sects that your believe is with you and my believe is with me.

"To you is your religion, and to me is my religion." (Al_Quraan_109:006)

Invite (all) to the Way of thy Lord with wisdom and beautiful preaching; and argue with them in ways that are best and most gracious: for thy Lord knoweth best, who have strayed from His Path, and who receive guidance. (Al_Quraan_016.125)

Mind Your Language:

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Allah does **NOT** love the public utterance of hurtful speech (language) unless (it be) by one to whom injustice has been done; and Allah is Hearing, Knowing. (Al_Quraan_004.148)

Also Remember that both Musaa (Peace-Be-Upon-Him) and Khizr (Peace-Be-Upon-Him) were prophets and obeyed Allah BUT disagreed on some of their mission. So we might differ in our missions to help the world, BUT our goal to obey Allah is same. You might be obeying Allah, according to what you understand and I am also obeying Allah according to what you understand. It is time to UNITE not DIVIDE.

Global Family:

The World is shrinking and becoming a Global Family. I found this as a KEY point in cooling down the mind of others, so always remember and keep reminding, that we are the children of Adam and Eve and we are Cousin Brothers and Cousin Sisters and we are a Global Family.

None argue concerning the revelations (Ayaat) of Allah but those who disbelieve... (Al_Quraan_040.004)

These are Very Critical BUT Essential issues to do Positive Dawah and we must be very careful in passing any comments. Let us make Duaa first.

Dividing into Sects:

As for those who Divide their Religion and break up into Sects, thou hast NO part in them in the least (They are Not Muslim): their affair is with Allah. He will in the end tell them the truth of all that they did." [Holy Quraan 6: 159]

If you DIFFER in anything (Faith, Salaat, Siyaam, Zakaat, etc.) amongst yourself, then REFER to Allah and his Messenger, if you really believe in Allah and in the Last Day. That is better and more suitable for determinations. [Al_Quraan_004.059]

Change yourself NOW Before it gets Too LATE and may Hurt your love ones badly:

Verily Allah will never change the condition of a people until they (first) change it themselves. [Al_Quraan_013.011]

And if you turn away, Allah will exchange you for some another people, and they will not be like you. [Al_Quraan_047.038]

Duaa for Scholars and Students:

O Allah! Guide us and help us. If I am wrong, O Allah! Correct me. If others are wrong, O Allah correct them. If we all are wrong, O Allah correct all of us. AMEEN.
"Rabbi Zidnee Aailmaa". (O my Lord! Increase me in knowledge). Ref: Al_Quraan_020.114 AMEEN.
"Rabbishrah Lee Sadree Wayassir Lee Amree Wahlul AAuqdatan Min Lisanee Yafqahoo Qawlee". (O my Lord! expand my breast; And ease my task for me; And loose the knot from my tongue; So they may understand what I say). Ref: Al_Quraan_020.025 – 028) AMEEN.
"Rabbana Hab Lana Min Azwajina Wathurriyyatina Qurrata aAAyunin WajjAAalna Lilmuttaqeena imamaan". (O our Lord! grant us in our wives and our offspring the joy of our eyes, and give us (the grace) to lead the righteous). Ref: Al_Quraan_025.074. AMEEN.

May Allah UNITE all Muslims. AMEEN.

If you will Unite in one Day, Allah help may come after one Day.
If you will Unite in one Week, Allah help may come after one Week.
If you will Unite in one Month, Allah help may come after one Month.
If you will Unite in one Year, Allah help may come after one Year.
If you will Unite in one Century, Allah help may come after one Century.

Inshaa Allah

Remember

If you will Unite Verbally, Allah help may come Verbally.
If you will Unite Practically, Allah help may come Practically.

Your comments are welcome....noor.e.islaam@gmail.com

Mission to save the whole world from Disasters

Always Remember:
Allah is One <---> Quraan is One <---> Siraat_al_Mustaqeem is One

One Ummah <---> One Islaam <---> One Voice <---> One Worshipping Method

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Quraan is full of Wisdom (Al_Quraan_036.002)
Quraan is a Light and to see a light, you don't need any other light.
Quraan is Free from any Error or Contradictions.
when the Quraan is recited, then listen to it and remain silent, that mercy may be shown to you. (Al_Quraan_007.204)
Repeating and Reminding is a **Key** to the success of Effective Communication.
You are **FULLY** allowed to copy / forward / Print / Distribute / Clone Web / Duplicate Web any or all part of it.

For more details and latest update please visit the following websites:
For Muslims:
http://global-right-path.net16.net
http://global-right-path.webs.com
For Dawah to Non-Muslims:
http://miracle-truths.webs.com
To Answer all never ending questions / concerns from Non-Muslims:
http://open-trial-of-islaam.webs.com
To get more information and updates on emails, please join Siraat-al-Mustaqeem, for the Mission to Reform Ummah: Please invite others to join as well:
global-right-path+subscribe@googlegroups.com
Download for FREE to Print, Publish and Forward to as many as you can.
And withhold yourself with those who call on their Lord morning and evening desiring His goodwill, and let not your eyes pass from them (always yes sir, till they follow the Quraan and Really Authentic Sunnah), desiring the beauties of this world's life; and do not follow him whose heart We have made unmindful to Our remembrance, and he follows his low desires and his case is one in which due bounds are exceeded. (Al_Quraan_018.028)
