Step 1: Create your account on the OleMissCR App or at www.IMLeagues.com/OleMiss
- App Instructions:
  - Download the OleMissCR App from the Google Play Store or Apple Store
  - Select "Login via Portal," use your Ole Miss webID and password & update information
- Desktop Instructions:
  - Visit www.IMLeagues.com/OleMiss
  - Select the green "Create Account" button in the top right corner, use your Ole Miss webID and password & update information

Step 2: Get the UM Employee Pass
- App Instructions:
  - On the "Network" page (home page), click the "Fitness" widget
  - Select an open Employee Only group fitness class (registration opens one week before the class takes place)
  - Click the "Join Session" bar
  - Check the indication box on the Informed Consent and Release of Liability page
  - Click "Next"
  - Click "Sign Up
  - Click "Buy Now," the pass will charge $0
- Desktop Instructions
  - Select the "Fitness" tab below the main header at the top of the page
  - Select an open Employee Only group fitness class for any current or future date by clicking the green "Sign Up" button
  - Check the indication box on the Informed Consent and Release of Liability page and click "Accept"
  - Click the blue "Sign Up" button at the bottom of the page
  - Click "Buy Now," the pass will charge $0

Step 3: Sign up for and attend Employee Only Group Fitness Classes
- The free UM Employee pass allows you to sign up for any group fitness class labeled "EMPLOYEE ONLY"
- Class registration opens at midnight one week prior to the date the class takes place
- Instructors will check you in upon arrival to the studio

If you have any questions, please email vewinoku@olemiss.edu.