

Person Centered Approaches in Schools and Transition (PCAST)

Information Gathering Packet

| | |
|---|--|
| Full Name of person completing this packet: | |
| Name of person with whom you are planning: | |
| Please return completed packet by: | |

Please place an "X" the box that best describes who you are:

| | | |
|--------------------------|-----------------------------|---------------------------|
| Person (this is my plan) | Friend | Staff (home/community) |
| Family | Spouse/boyfriend/girlfriend | Staff (school/employment) |

We ask that each student complete this document with support as needed. Those who are close to her/him are also asked to complete it from their perspective. The information will inform the person-centered plan. Please try to complete each section to the best of your ability.

[illegible][illegible]

| | |
|---|---|
| • | • |
|---|---|

How the person communicates

All people communicate feelings without using words. Please share how the person communicates feelings in various situations and offer advice on how others can best support them at those times.

| What is happening? | What does the person do? | What do we think it means? | What should we do? |
|--|--|---|---|
| What is happening around the person? | What does the person do (expressions, behavior)? | What is the person trying to communicate? | How do we support the person to feel better? |
| <i>Example: The environment is extremely loud.</i> | <i>Student covers ears and rocks body.</i> | <i>This is too loud and distracting for me. I am uncomfortable.</i> | <i>Provide assurance and give the option to move to a quieter area.</i> |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

This packet was developed by The Elizabeth M. Boggs Center on Developmental Disabilities at Rutgers Robert Wood Johnson Medical School and includes person centered concepts, principles and materials used with permission from The Learning Community for Person Centered Practices: www.learningcommunity.us

Contact Michael Steinbruck at michael.steinbruck@rutgers.edu for more information.

Revised 07/12/16