

PROGRAMME EASTERN ZONE ATHLETICS
THURSDAY 21 NOVEMBER 2019

<u>9.00 A.M. EVENT</u>	1.	YEAR 7 GIRLS	1500 M)	= FINALS
	2.	YEAR 7 BOYS	1500 M)	
	3.	YEAR 8 GIRLS	1500 M)	
	4.	YEAR 8 BOYS	1500 M)	
<u>9.30 A.M.</u>	5.	HIGH JUMP – MAT 1 YEAR 7 GIRLS		
	6.	DISCUS – CIRCLE 1 YEAR 8 GIRLS		
	7.	LONG JUMP – PIT 1 YEAR 7 BOYS		
	8.	SHOT PUT – CIRCLE 1 YEAR 8 BOY		
<u>9.45 A.M.</u>	9.	YEAR 7 GIRLS	200 M)	= HEATS
	10.	YEAR 7 BOYS	200 M)	
	11.	YEAR 8 GIRLS	200 M)	
	12.	YEAR 8 BOYS	200 M)	
<u>10.15 A.M.</u>	13.	YEAR 7 GIRLS	100 M)	= HEATS
	14.	YEAR 7 BOYS	100 M)	
	15.	YEAR 8 GIRLS	100 M)	
	16.	YEAR 8 BOYS	100 M)	
<u>10.30 A.M.</u>	17.	DISCUS – CIRCLE 1 YEAR 7 GIRLS		
	18.	HIGH JUMP – MAT 1 YEAR 8 GIRLS		
	19.	SHOTPUT – CIRCLE 1 YEAR 7 BOYS		
	20.	LONG JUMP – PIT 1 YEAR 8 BOYS		
<u>11.00 A.M.</u>	21.	YEAR 7 GIRLS	200 M)	= FINALS
	22.	YEAR 7 BOYS	200 M)	
	23.	YEAR 8 GIRLS	200 M)	
	24.	YEAR 8 BOYS	200 M)	
<u>11.30 A.M.</u>	25.	HIGH JUMP – MAT 1 YEAR 7 BOYS		
	26.	DISCUS – CIRCLE 1 YEAR 8 BOYS		
	27.	LONG JUMP – PIT 1 YEAR 7 GIRLS		
	28.	SHOT PUT – CIRCLE 1 YEAR 8 GIRLS		
<u>11.45 P.M.</u>	29.	YEAR 7 GIRLS	800 M)	

	30.	YEAR 7 BOYS	800 M)	= FINALS
	31.	YEAR 8 GIRLS	800 M)	
	32.	YEAR 8 BOYS	800 M)	
<u>12.15 P.M.</u>	33.	YEAR 7 GIRLS	100 M)	
	34.	YEAR 7 BOYS	100 M)	= FINALS
	35.	YEAR 8 GIRLS	100 M)	
	46.	YEAR 8 BOYS	100 M)	
<u>12.30 P.M.</u>	37.	SHOTPUT – CIRCLE 1 YEAR 7 GIRLS		
	38.	LONG JUMP – PIT 1 YEAR 8 GIRLS		
	39.	DISCUS – CIRCLE 1 YEAR 7 BOYS		
	40.	HIGH JUMP – MAT 1 YEAR 8 BOYS		
<u>12.45 P.M.</u>	41.	YEAR 7 GIRLS	400 M)	
	42.	YEAR 7 BOYS	400 M)	= FINALS
	43.	YEAR 8 GIRLS	400 M)	
	44.	YEAR 8 BOYS	400 M)	
<u>1.15 P.M.</u>	45.	YEAR 7 GIRLS	RELAY)	
	46.	YEAR 7 BOYS	RELAY)	= HEATS
	47.	YEAR 8 GIRLS	RELAY)	
	48.	YEAR 8 BOYS	RELAY)	
<u>1.45 P.M.</u>	49.	YEAR 7 GIRLS	RELAY)	
	50.	YEAR 7 BOYS	RELAY)	= FINALS
	51.	YEAR 8 GIRLS	RELAY)	
	52.	YEAR 8 BOYS	RELAY)	
<u>2.00 P.M.</u>		END OF MEETING		