



The Student Assistance Program (SAP) has been serving Pennsylvania students and families for over 30 years because it works!

- SAP is confidential
- Available to all students in Garnet Valley, K-12
- Focused on eliminating barriers to school success
- Free to Garnet Valley families

How can the Student Assistance Program help?

Student Assistance combines the efforts of specially trained teams in our buildings to analyze the barriers to a student's success while creating strategies that parent/caregivers and students help design. Mentoring from school staff may provide ongoing support. An assessment which puts our heads together in the service of your student can be scheduled by the Supervisor of Social and Emotional Wellness, Dr. Kimberly Doyle. This meeting helps to access additional resources and provides guidance in finding community based services which fit each family's financial needs. SAP adds support and does not replace any educational programs students are already receiving.

What are the possible barriers to school success that students face?

Academics - struggling with academic goal setting, a drop in grades, organization, planning for projects, difficulty with having a schedule for distance learning and other executive functioning challenges

Attendance - a pattern of sporadic or lack of attending school, virtually or in person

Health - sleep and other hygiene concerns, mental health concerns, re-entry from a medical facility, losses of friends or family members, eating or body image concerns, drug and or alcohol concerns, vaping or other means of using tobacco products, or ongoing and challenging health concerns

Behavior - discipline and policy violation incidents, withdrawal from others, ongoing conflict and other social problems, bullying or being the victim of bullying, angry and or tearful outbursts, hurting self or others, lying, stealing, concerning social media activity, and other behavior that poses a potential risk to themselves or others.

For more information, please contact Dr. Kimberly Doyle directly at doylek@garnetvalley.org. 610-579-7381. Please click [HERE](#) to make a SAP referral.