

**Reno Inspiring Connections Outdoors  
First Ever Retreat and Outdoor Leadership Training  
November 15-17, 2024  
Participant Schedule**

**Friday, November 15:**

- 4:00 Arrival and Getting Settled: Enjoy the Lodge, Take a Walk...
- 6:00 Welcome and Dinner
- 7:00 Welcome Activities, Introductions, and Inclusion
- 8:00 Music, fun by the fire, etc.

**Saturday, November 16:**

- 8:00 Breakfast in the Lodge
- 9:00 Getting Started
- 10:00 ICO Mission and Commitment to Equity Goals
- 11:00 ICO Volunteering & Trip Leading – Our roles on ICO Trips
- 12:00 Lunch and Relaxation
- 1:00 ICO Trips Down and Dirty: Planning and Leading a Trip: Before, During and After
- 2:00 2 Mile Hike – ICO Trip Simulation and Debrief
- 4:00 Clothing, Equipment and Food – How Does That Work?
- 5:00 Free Time – Nap, fire, music, hanging out...
- 6:00 Dinner
- 7:30 Inspiring Connections Outdoors Film Festival! – Five Films, Lively Discussion, and Popcorn!

**Sunday, November 17:**

- 8:00 Breakfast
- 9:00 Team Building and Inclusion & Debriefing Day One
- 9:45 Building Youth Skills: Outdoor Skills, Social and Emotional Skills, and Leadership Skills
- 12:00 Lunch
- 12:45 Ethical Leadership and Decision Making... In the Moment
- 1:00 Planning an ICO Trip – Simulation and Debrief
- 1:45 Conservation and Connections Snowshoe Hike!
- 3:30 Reflections and Closing Circle
- 4:00 Departure