

Health Humanities Minor

Academic Planning Worksheet

Simmons University

Office of Undergraduate Advising

Notes

- The Health Humanities minor consists of 5 courses (19-20 credits, depending on whether the minor includes a course from MCPHS).
- Health Humanities is the study of human health and wellbeing. Multiple methodologies are utilized in order to gain deep insights into the human condition, such as reflection, careful textual analysis, critical thinking, contextualization, shared experiences in healing as well as receiving treatments.
- Health Humanities is an ideal minor for many majors, including Social Work, Nursing, Physical Therapy, and Data Science, and for a pre-med program.
- Health Humanities includes courses from a number of programs, including Biology, Business, Chemistry, Communications, Economics, History, Humanities, Nutrition, Philosophy, Women's and Gender Studies, Social Work, and Sociology.

Required Courses

Complete the following course.

Course #	Course Title	Credits	Complete
PHIL 131	Biomedical Ethics (Fall or Spring)	4	

Global Health Course

Choose one Global Health course from the following list of courses.

Course Selected	Credits	Complete
	4	

BIOL 104	Introduction to Environmental Science
CHEM 101	Chemical Determinants of Health (Fall)
ECON 145	Economics of Sustainability and Resource Use (Spring)
NUTR 150	International Nutrition Issues (Fall or Spring)
PH/ SOCI 245	Global Health (Spring)

Cultural and Historical Perspectives Course

Choose one Cultural Perspectives course from the following list of courses.

Course Selected	Credits	Complete
	4	

AST/ SOCI/ WGST 232	Race, Gender and Health (Fall)
BUS 220	Introduction to Health Systems
HIST 211	Medicine and the African American Experience
HIST 255	Pathogens and People (every other spring)
PH/ SOCI 241	Health, Illness and Society (Fall or Spring)
SOCI 275	Birth and Death (Prereq: SOC 101 or SOC 241) (Fall)
SW 251	Human Behavior in the Social Environment (Fall or Spring)

Medical Narrative Course

Choose one of the two following courses. Where appropriate, students can petition to have one course from a Learning Community meet this requirement.

Course Selected	Credits	Complete
	3 (if HUM 456-O) or 4 (if COMM 312)	

COMM 312	Health Communications
HUM 456-O	Narrative and Medicine (Taught at MCPHS)

Seminar

Choose one upper-level course from the following list of courses.

Course selected	Credits	Complete
	3 (if HUM 230) or 4	

HUM 230	Introduction to Health Humanities (taught at MCPHS)
HUM 370	Internship (Every Semester)
HUM 355	Humanities Seminar (in development)
SOCI 345	Health Systems and Policy (Spring) Prereq: SOCI 101, SOCI 241, NURS 237, or consent

Program Contact

Wanda Torres Gregory, Ph.D.

Professor of Philosophy and Chair of Humanities

Gwen Ifill School of Media, Humanities, and Social Sciences

wanda.torres-gregory@simmons.edu