



DEMS Virtual Learning Plan

PE (Grade 8)

20-21, Trimester 1

	August 27	September 3	September 10	September 17	September 22
PE (Grade 8)	<p><u>Due Date :</u> August 27, 2:30pm</p> <p><u>Learning Targets :</u> Introduction/ Welcome</p> <p><u>Activities :</u> Students will learn about their PE teacher. Students will introduce themselves.</p>	<p><u>Due Date :</u> September 3, 2:30pm</p> <p><u>Learning Targets :</u> PE Guidelines and Expectations</p> <p><u>Activities :</u> Teacher's response to students' PE questions. Review over PE guidelines, expectations, platforms that will be used, and what to look forward to in the school year ahead. Back to school workout. Introduction on Vaping/Ecigs</p>	<p><u>Due Date :</u> September 10, 2:30pm</p> <p><u>Learning Targets :</u> Vaping/Ecigs Dangers and side effects, Peer Pressure</p> <p><u>Activities :</u> Teacher feedback from week 2's discussion on vaping. Teacher lecture on peer pressure. (Edpuzzle assignment) Google form on the Brain (Body Systems) Workout (Student upload for feedback)</p>	<p><u>Due Date :</u> September 17, 2:30pm</p> <p><u>Learning Targets :</u> Effects of being inactive</p> <p><u>Activities :</u> Teacher feedback from week 3's discussion on peer pressure. Teacher lecture on being inactive. (Flipgrid Assignment) Google form on the Heart (Body Systems) Workout (Student upload for feedback)</p>	<p><u>Due Date :</u> September 22, 2:30pm</p> <p><u>Learning Targets :</u> 1. Unit Reflection 2. Skeletal System Review</p> <p><u>Activities :</u> Google Doc Assignment (Skeletal system and scenario with injury) Flipgrid unit reflection Workout</p> <p><u>Google Meet :</u> Scheduled - Students will receive notification from their PE teacher.</p>
Extension Activities and Resources					



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