

Safety prerequisites

1. Explain what safety is and what it means to be safe

1a. Newspaper, internet (with parent's or guardian's permission), or other articles, facts, and statistics showing common types and causes of injuries in the home and in the workplace, and how these injuries could be prevented.

1b. Newspaper, internet (with parent's or guardian's permission), or other articles, facts, and statistics showing common types of crimes and ways to avoid being a crime victim.

1c. A paragraph or more, written by you, explaining how a serious fire, accident, or crime could change your family life.

1d. A list of safe practices and safety devices currently used by your family, such as safety practices used at home, while working, and while driving.

2a. Using a safety checklist approved by your counselor, make an inspection of your home.

(There is a Home Safety Checklist you can use at the end of this workbook.)

Identify any hazards found and explain how these can be corrected.

2b. Review and develop your family's plan fire prevention plan. Review your family's emergency action plan for fire in your home. As you develop these plans with family members, share with them facts about the common causes of fire in the home, such as smoking, cooking, electrical appliances, and candles.

3a. Discuss with your counselor how you contribute to the safety of yourself, your family, and your community.

3b. Show your family members how to protect themselves and your home from accidents, fire, burglary, robbery, and assault.

4a. Show your family the exits you would use from different public buildings (such as a theater, municipal building, library, supermarket, shopping center, or your place of worship) in the event of an emergency. Teach your family what to do in the event that they need to take shelter in or evacuate a public place.