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## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 		Study
2.  / 		Prepare for school
3.  / 		Work
4.  / 		Make your bed
5.  / 		100 pushups
6.  / 		Coffee and eat
7.  / 		Meditate
8.  / 		Cold shower
9.  / 		Work
10.  / 		Get ready for school
11.  / 		Go to school
12.  / 		Go back home
13.  / 		Eat
14.  / 		Study
15.  / 		Work
16.  / 		Workout
17.  / 		Pray to god
18.  / 		Plan your next day and post both days to HU
19.  / 		Get ready for bed, and set the alarms
20.  / 		Go to sleep

**Day Number: 21**

**Date: 4/18/2023**







**Start Of The Day - Time: 1 am**

	 <b>3 Things That I Am Excited To Have In The Future?</b> 
<b>1.</b>	<b>Freedom</b>
<b>2.</b>	<b>Discipline</b>
<b>3.</b>	<b>Mindset</b>

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## **Hour-By-Hour** **Tracking:**

**[Track+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

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### **My War Mode Words:**

***1. I Am Acting With No Limits To My Abilities!***

***2. I Am Being All That I Can Be, Every Hour And Every Day!***

***3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***

***4. I Am Being Enthusiastic About Completing Each Task!***

## 5. I Am The Best Copywriter In The World!

<b>\$ 1 am: Task \$</b>	<b>Study</b>
<b>🔔 Intention 🔔</b>	<b>Asap</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 2 am: Task \$</b>	<b>Study</b>
<b>🔔 Intention 🔔</b>	<b>Asap</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 3 am: Task \$</b>	<b>Study</b>
<b>🔔 Intention 🔔</b>	<b>Asap</b>
<b>✍️ Reflection ✍️</b>	<b>I finished studying so I started working</b>

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<b>\$ 4 am: Task \$</b>	<b>Set the alarms,coffee, and start working</b>
<b>🔔 Intention 🔔</b>	<b>Asap</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>







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 <b>5 am: Task</b> 	<b>Work</b>
 <b>Intention</b> 	<b>All in! Remember?</b>
 <b>Reflection</b> 	<b>Done</b>







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 <b>6 am: Task</b> 	<b>Work, thill 6:20 and then: make your bed,100 pushups, coffee, eat</b>
 <b>Intention</b> 	<b>All in! Remember?</b>
 <b>Reflection</b> 	<b>Done</b>







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 <b>7 am: Task</b> 	<b>Cold shower, meditate, and get ready for school</b>
 <b>Intention</b> 	<b>Asap</b>
 <b>Reflection</b> 	<b>Done</b>


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 <b>8 am: Task</b> 	<b>Go to school</b>
 <b>Intention</b> 	<b>Walk to school in order to give your brain some space to think</b>
 <b>Reflection</b> 	<b>Done</b>

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 <b>9 am: Task</b> 	<b>School</b>
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 <b>Intention</b> 	<b>Be productive. All in, remember!?</b>
 <b>Reflection</b> 	<b>Done</b>

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 <b>10 am: Task</b> 	<b>School</b>
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 <b>Intention</b> 	<b>Be productive. All in, remember!?</b>
 <b>Reflection</b> 	<b>Done</b>

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 <b>11 am: Task</b> 	<b>School</b>
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 <b>Intention</b> 	<b>Be productive. All in, remember!?</b>
 <b>Reflection</b> 	<b>Done</b>

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 <b>12 am: Task</b> 	<b>School</b>
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 <b>Intention</b> 	<b>Be productive. All in, remember!?</b>
 <b>Reflection</b> 	<b>Done</b>

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 <b>1 pm: Task</b> 	<b>School, and get home</b>
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 <b>Intention</b> 	<b>Be productive. All in, remember!?</b>
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 <b>Reflection</b> 	<b>Done</b>
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<b>\$ 2 pm: Task \$</b>	<b>Eat and start studying</b>
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 <b>Intention</b> 	<b>Asap</b>
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 <b>Reflection</b> 	<b>Done</b>
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<b>\$ 3 pm: Task \$</b>	<b>Study</b>
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 <b>Intention</b> 	<b>Math and chemistry</b>
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 <b>Reflection</b> 	<b>Done</b>
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<b>\$ 4 pm: Task \$</b>	<b>Study</b>
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 <b>Intention</b> 	<b>Math and chemistry</b>
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 <b>Reflection</b> 	<b>Done</b>
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<b>\$ 5 pm: Task \$</b>	<b>Study, thill 4:30 and then start working</b>
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 <b>Intention</b> 	<b>All in!</b>
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 <b>Reflection</b> 	<b>Done</b>
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<b>\$ 6 pm: Task \$</b>	<b>Work</b>
<b>🔔 Intention 🔔</b>	<b>All in!</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 7 pm: Task \$</b>	<b>Work</b>
<b>🔔 Intention 🔔</b>	<b>All in!</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 8 pm: Task \$</b>	<b>Workout</b>
<b>🔔 Intention 🔔</b>	<b>Be productive in between the sets and don't make big pauses!</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 9 pm: Task \$</b>	<b>Workout</b>
<b>🔔 Intention 🔔</b>	<b>Be productive in between the sets and don't make big pauses!</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 10 pm: Task</b> \$	<b>Work</b>
<b>🔔 Intention 🔔</b>	<b>All in!</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 11 pm: Task</b> \$	<b>Get ready for bed, pray to god, set the alarms, plan your next day, and post both days to HU</b>
<b>🔔 Intention 🔔</b>	<b>Asap</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>

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<b>\$ 12 pm: Task</b> \$	<b>Go to sleep</b>
<b>🔔 Intention 🔔</b>	<b>Get some rest</b>
<b>✍️ Reflection ✍️</b>	<b>Done</b>



## End-Of-The-Day Report:



<b>🧠 What Did I Learn Today? 🧠</b>
<b>Need to focus on my goals</b>

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<b>NEW What Do I Plan To Do Differently Tomorrow? NEW</b>
<b>I will be more focused on my goals</b>



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NEW **What Do I Plan To Do The Same Tomorrow?** NEW

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 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

**Everything**

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 **What Tasks Were Left Undone?** 

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**Brain Dump:**