



OCD Connecticut
PO Box 104
Old Saybrook, CT 06475

2017 ANNUAL REPORT

Dear Friends and Members,

OCD Connecticut had a productive 5th year and we continue to focus on our mission of: **“Serving adults, children, and families in Connecticut living with Obsessive Compulsive Disorder by promoting early intervention and expanding awareness, treatment and research”**.

Communication via email and phone has been ongoing and these personal connections have verified the need of support for families living with OCD in our state. Our website www.ocdct.org is consistently updated to include current local research, listings of local providers, and support groups within our catchment area as well as events of interest to our members. Our Facebook page and twitter accounts are timely ways of providing information.

Our activities this past year include:

- Attendance at IOCDF's Annual Conference in San Francisco and hosted a table to promote affiliate.
- “OCD Basics and Beyond”: We began this during OCD Awareness Week and have continued it as an ongoing presentation- our goal to reach every county in CT. The program reviews OCD in both children and adults. A review of symptoms, treatment, and strategies to support loved ones are discussed. Real life experiences are shared and Q+A is encouraged.

We plan to continue our presentation “OCD Basics and Beyond” in other CT counties. We will also be attending the IOCDF conference in DC (hosting a table, presenting, and running groups) and the 1 Million Steps for OCD Walk in Boston.

OCD CT is excited for the upcoming year and looks forward to growing membership and continuing to be a resource for people in the State of Connecticut. New board members have been instituted and are grateful for this wonderful opportunity. Please feel free to contact us for support and volunteers are always welcome.

Sincerely,

Jen Piper, President
Susan Schuster, Vice President

Michelle McLain, President
Collin Schuster, Secretary

