

# THERE IS NO RELATIONSHIP WITHOUT RESPECT

**Here's why she struggles to RESPECT YOU, follow you, trust you and commit to you.**

**A HIGH VALUE MAN'S GUIDE TO RELATIONSHIP  
RESPECT.**

**==> Watch this video First <==**

**A man's number one need is to feel respected...**

**Here's what that looks like:**

- *Respected by his woman, she admires him, follows his leadership, honors him and trusts his decisions.*
- Respected at work, his opinion matters, his team supports him and his vision is trusted in and executed.
- Respected by other men, he leads well, mentors others and is included or starts movements.

A sense of pride for something worked for and earned.

Everything from the car in the driveway, the antlers mounted on the wall and the scar on your knees from a play back in High School.

As men, we understand that respect is something that is earned.

So we work for it.

The business, bank account and body showcase to the world what we've accomplished.

It is external validation for internal integrity.

## **A woman's number one need is security.**

**Security for a woman looks like this...**

*I trust in the character, integrity and consistency of him.*

*I respect him because he keeps me physically, emotionally, financially and spiritually safe and he considers what is best for me.*

*I feel safe, seen and supported at all times, no matter how messy I show up.*

It is real commitment, not conditional character.

It is internal validation via external integrity.

*She desires to feel safe, seen and supported... which means you do what you say you will do and more.*

**These two needs are two sides of the same coin, respect and security.**

If a woman doesn't feel physically, emotionally, financially, spiritually and sexually safe with her man she will have a hard time respecting him...

If a man doesn't feel respected by his woman, he will seek it elsewhere...

This can often create a divide.



*Safety is more than physically protecting or providing...*

*And respect is more than following leadership...*

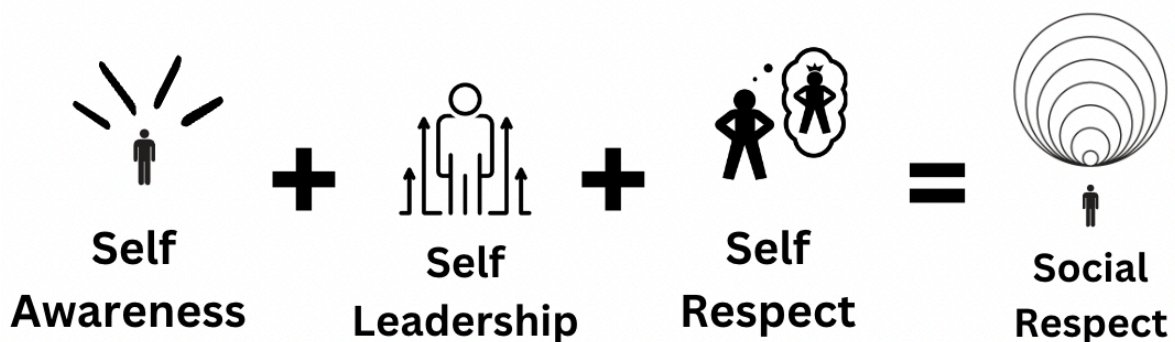
## First, let's begin with the man's need...

If a man is NOT feeling respected by his close social circle, his woman, at work or in the world...

It is because he is wanting credit for something that hasn't been earned...

Somewhere along the way, he dropped the ball in the **Respect Formula**.

Here is what the formula looks like...



**Self Awareness + Self Leadership + Self Respect = Social Respect**

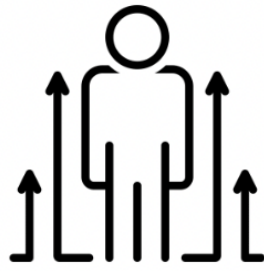
### Self Awareness

The awareness to reflect on actions, thoughts, or emotions and how they do or don't align with your internal standards followed by the ability to make new conscious decisions towards new behavior.



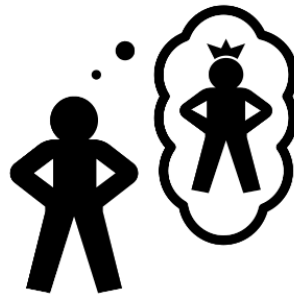
### Self Leadership

Choosing to consistently make the right decisions at the right time that support the **ideal vision of self**.



### **Self Respect**

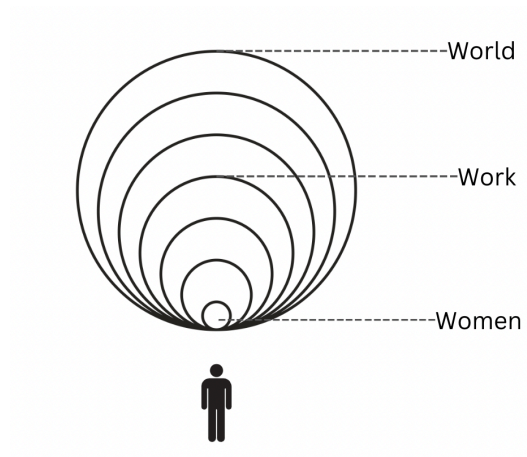
A by-product of self leadership that encompasses self esteem (how one values oneself) and self confidence (the level of self belief) that reflects a person's consistency of character (integrity).



### **Social Respect**

The honor and admiration from one's social circle as a direct result of consistent self leadership and self respect.

The higher the Social Respect the greater chance the person has to influence, impact and create change.



**Social Respect is ultimately what we all want as men...**

We want others to view us as leaders... especially our women.

Social Respect is the external validation for internal integrity.

It is the honor and admiration a man desires from his social circle as a direct result of consistent self leadership and self respect.

The greatest benefit to increasing a man's Social Respect Circle is the greater influence, impact and income that inherently follow.

***It's more power for a greater purpose.***

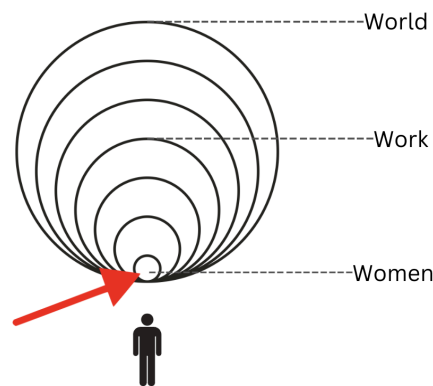
So, if you want MORE from Women, Work or the World you need to GROW your circle of Social Respect.

But, here's the thing to do it **and sustain it** you must strengthen the relationship closest to you – God first, then her.

Seems easy, but if you're struggling it's more than likely that you've focused your attention on the wrong circle first.

Start small – at home.

Then go wider.



***Now, let's bring it back to the conversation of your woman's number one need and why she may not be respecting you.***

Remember, what we said earlier and her number one need is ***Safety and Security...***

Well, if your woman isn't feeling physically, emotionally, financially, spiritually and sexually safe with you she is going to have a hard time respecting you...

She will challenge your leadership, authority, decision making and constantly test you, she may take on the masculine role, close off sexually, become cold, controlling, critical and confrontational.

This is her way of getting her primary needs met.

***Safety and security.***

"You can't do it, you let me down, so I'll do it alone." - she says.

This is typically the moment when the man feels disrespected.

"Don't you see how much I do?!" – he defends.



## **Conflict ensues and the man fights for his need of respect...**

While she fights for her need to feel safe...

Here's the thing...

***For her to respect you with the big things (like your leadership) – she needs to respect you with the small things like how you prioritize her number one need of safety especially during moments of conflict.***

(read that again)

You “winning an argument” with your wife or woman makes her a loser.

Congratulations, you are now dating a loser and you have failed to prioritize her number one need which is safety for the benefit of your pride.

If you really want to win with your woman... and the rest of the world.

Give up your right to be right, get over your fragile ego and become irrefutable, undeniable and a truly self led man.

### **Make your actions answer louder than your words.**

When she confronts you with conflict, criticism or attacks your character – stop being a baby, get over your hurt feelings and instead of getting defensive, use it as feedback to increase your self awareness.

***“Thank you for helping me get better.”***

***“I never saw that perspective before.”***

***“Thank you for helping me realize where I’ve let you down.”***

The reason she is nagging, whining, criticizing or complaining is because of all those small things...

Everything from the garage you said you would clean out, the date night you said you’d prioritize, the weight you promised to lose and the business you’ve been talking about starting...

She’s the person closest to you so she’s probably heard it all.

Instead of becoming defensive or avoidant...

Become the man she is proud to tell her friends about.

***\*Interestingly, a woman will feel safer (and more attracted) when a man’s Social Respect is greater, he is desired more by others, has a greater influence***

***and can elicit a greater level of intimacy and attraction, she'll respect him,  
crave him and want to be led by him...***

***But only if she sees consistency in character, follow through and the ability for  
the man to keep the main thing the main thing: which is her.***

*IE: he has his priorities in order.*

**==> God first, Marriage, Kids, Self, Work and then The World <==**

**It doesn't mean she is the ONLY priority...**

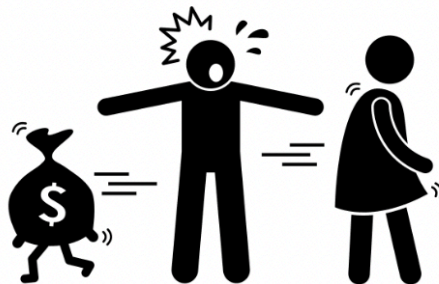
**But it means he communicates well, is clear and consistent.**

He is a leader in all of his domains.

With his woman, at work and in th world.

He does what he says he's going to do without being asked to do it.

And he doesn't lose sight because of the promises he's made.



**A man that invests all his energy in the beginning to “Win Her” but later stops  
“Wooing Her” because he focuses his attention on “Working to Support Her” will end  
up “Wilting Her” which will leave her “Wanting and Wandering”.**

**And leave him wondering what the heck happened.**

**She sees you working for respect everywhere else in the world... but not with her,  
why would she respect you?**

But, here's the greatest thing if you're in a healthy relationship...

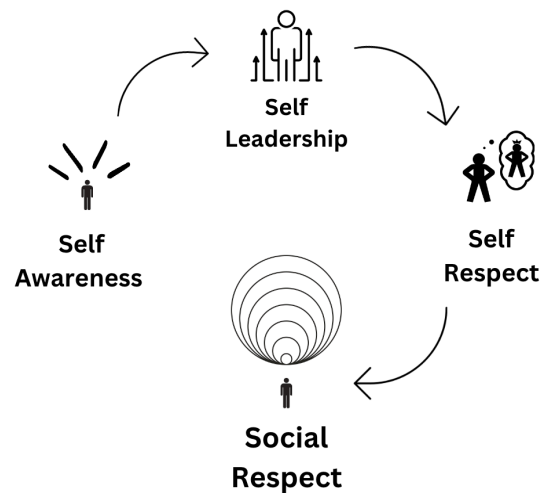


If she's giving you feedback, she loves you, wants you to level up and be the man you promised her to be.

It means she cares...

It means you still have a chance...

It means the **Self Awareness** from her perspective can help you grow as a man.



Since, Social Respect is a byproduct of Self Awareness, Self Leadership and Self Respect and she is closest to your character and consistency she has pretty great insight on who you really are.

A mature man sees that as an opportunity to level up.

A High Value Man welcomes this opportunity from her and the world to become the greatest version of himself.

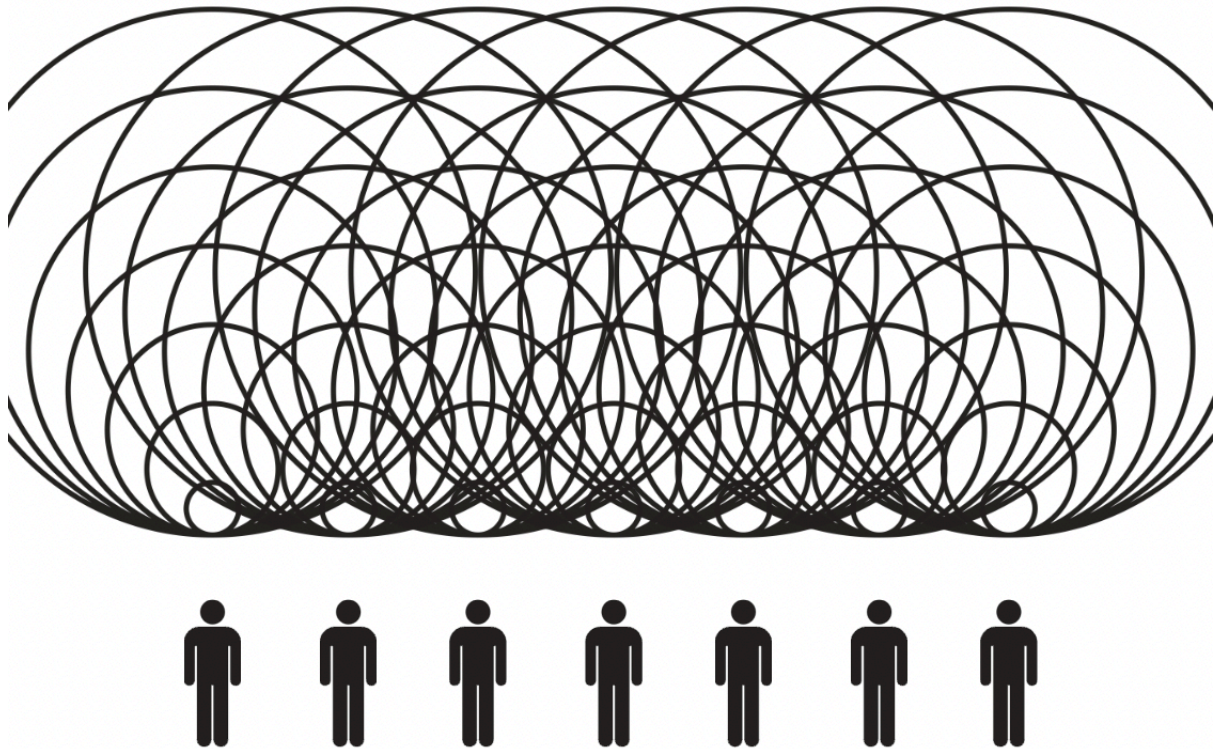
Here's the thing...

Don't wait for HER to point out what's wrong.

She's not your mommy, she's your Queen.

It's your JOB to increase your Self Awareness, Self Leadership, Self Respect and Social Respect – to do that you need other men... (BTW a WOMAN desires a man that is respected by other men).

***The ONLY way a man truly reaches his greatest potential is by spending time with other great men living at their potential.***



This is the formula for a High Value Man.

**A Man who has CLARITY of Vision, lives by CORE VALUES and stacks VICTORIES.**

**MASTERS HIS VICES AND HAS PURPOSE AND VOCATION.**

This is your responsibility to your Woman...

This is your opportunity to your Work...

This is your contribution to the World...

This will be the greatest gift to your RESPECT and HER SAFETY when you live as you are called to.

Stop playing small, go all in and become The High Value Man you know you're meant to be.

**[IF YOU WANT TO LEARN MORE ABOUT THE HIGH VALUE MAN  
ACCELERATOR CLICK THIS LINK TO WATCH A SHORT VIDEO.](#)**

## Here's how you can do that...

