

RYE NECK SCHOOL DISTRICT

SCOPE AND SEQUENCE

Subject/Grade: 7th Grade Health Unit: Social-Emotional Learning/Relationships Unit Length: 7 lessons

NYS Standard	Unit Topic	Activity/Text/Assignment/Assessments	Academic Vocabulary
1 2 3	Relationship Management and Mental Health	● Characteristics of a good person ● Silent roundabout discussion - ways to show good character ● Good character self-assessment ● Appearance Ideals - Time, money, emotions activity ● Positive affirmations list ● Self-esteem brainstorm ● Genuine compliment paper bag activity ● Stories of a young person activity ● Mental Illness Project and Presentation	● Nurturing, empathy, respect, responsibility, resilience, gratitude, forgiveness ● Appearance Ideals ● Internal and external influences ● Manipulated images ● Comparisons ● Positive affirmations ● Positive and negative self-esteem ● Genuine compliments ● Self-identity ● Gender unicorn ● Pronouns ● Gender expression ● Sexual orientation ● Ally ● Respect ● Stigma of mental illnesses ● WALLS

			• Depression, ADHD, OCD, Schizophrenia, social anxiety, panic, bi-polar, general anxiety
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