

# Studies - Pornography.

- Roughly 40 million Americans click onto porn sites regularly. ([Psychguides.com](#))
- 88% of porn scenes contain physical aggression. ([Psychguides.com](#))
- 20% of internet searches via mobile device are for porn ([Psychguides.com](#))
- 35% of all internet downloads are related to pornography. ([Webroot.com](#))
- It is estimated that 5% to 8% of the world's adult population is affected by porn addiction ([earthweb.com](#))
- 34% of internet users have experienced unwanted exposure to pornographic content through ads, pop up ads, misdirected links or emails. ([Webroot.com](#))
- Pornography hurts adults, children, couples, families, and society. Among adolescents, pornography hinders the development of a healthy sexuality, and among adults, it distorts sexual attitudes and social realities. In families, pornography use leads to marital dissatisfaction, infidelity, separation, and divorce. ([Webroot.com](#))
- 10 Negative Effects of Porn on Your Brain, Body, Relationships, and Society. ([fightthenewdrug.org](#))
- How Porn Changes the Brain Reward System, Addiction, and Escalating Behaviours. ([docs.google](#))
- Studies falsify the claim that sex & porn addicts "just have high sexual desire" ([yourbrainonporn.com](#))
- The hours spent viewing Internet pornography use was positively correlated to participant's narcissism level. ([nih.gov](#))
- Consumption was associated with sexual aggression in the United States and internationally, among males and females, and in cross-sectional and longitudinal studies. ([wiley.com](#))
- Multivariate analyses revealed that increased pornography use was associated with greater dissatisfaction with muscularity, body fat and height; greater eating disorder symptoms; more frequent thoughts about using anabolic steroids; and lower quality of life. ([nih.gov](#))
- The Romanticizing of Domestic Violence in Literature ([dvsn.org](#))
- Pornography and Violence: A New Look at Research ([socialcostsofpornography.com](#))
- How Porn Can Promote Sexual Violence ([fightthenewdrug.org](#))
- The Troubling Trend in Teenage Sex ([nytimes.com](#))
- A Meta-Analysis of Pornography Consumption and Actual Acts of Sexual Aggression in General Population Studies ([academic.oup](#))
- Pornography Viewing among Fraternity Men: Effects on Bystander Intervention, Rape Myth Acceptance and Behavioral Intent to Commit Sexual Assault ([researchgate.net](#))
- Pornography Consumption and Opposition to Affirmative Action for Women: A Prospective Study ([journals.sagepub.com](#))
- Pornography, Sexual Coercion and Abuse and Sexting in Young People's Intimate Relationships: A European Study ([nih.gov](#))
- Pornography and Sexist Attitudes Among Heterosexuals ([researchgate.net](#))
- Pornography and attitudes supporting violence against women: revisiting the relationship in nonexperimental studies ([nih.gov](#))
- Men's Objectifying Media Consumption, Objectification of Women, and Attitudes Supportive of Violence Against Women ([bristol.gov](#))