

# **DAILY DOMINATION**

| ✓     |  <b>Today's Tasks &amp; Steps To Success</b>                                                                                                                                            |
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| 1. ✓  |  <b>Task: Checklist</b><br> <b>Action Steps: Complete all the 7 points of the Daily checklist</b>                                                                                         |
| 2. ✓  |  <b>Task: Future visualization and plan review</b><br> <b>Action Steps: Imagine my future dream state and read this doc</b>                                                               |
| 3. ✓  |  <b>Task: G work session</b><br> <b>Action Steps: Work with client (create post + fix maps)</b>                                                                                           |
| 4. ✓  |  <b>Task: PUC of the day</b><br> <b>Action Steps: the PUC of the day</b>                                                                                                                  |
| 5. ✓  |  <b>Task: Copy analysis</b><br> <b>Action Steps: Finish analyzing the "BOSS" sales page</b>                                                                                               |
| 6. ✓  |  <b>Task: Patrol the chats</b><br> <b>Action Steps: Check important chats in TRW</b>                                                                                                      |
| 7. ✓  |  <b>Task: Train</b><br> <b>Action Steps: 100 Burpees</b>                                                                                                                                  |
| 8. ✓  |  <b>Task: Old PUC</b><br> <b>Action Steps: Watch "You will be tested"</b>                                                                                                              |
| 9. ✓  |  <b>Task/Reward activity: Finish to watch the PUC about the presidential debate</b><br> <b>Action Steps: After having done the core part of the work, reward myself with this PUC</b> |
| 10. ✓ |  <b>Task: Day review and plan the next day</b><br> <b>Action Steps: Use the daily domination doc and post in the accountability roster</b>                                            |

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|  | <div><div>July 17</div><div>Date</div><div>July 17</div></div> |
| Date:                                                                             | 3rd of July 2024                                               |

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|  | <div> 3 Blessings I'm Grateful To Have </div> |
| 1.                                                                                |                                                                                                                                                                                                                   |
| 2.                                                                                |                                                                                                                                                                                                                   |
| 3.                                                                                |                                                                                                                                                                                                                   |

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|  | <div><div> Priority Tasks </div><div>(These are non-negotiable tasks and must be conquered today!)</div></div> |
| 1.                                                                                | Daily checklist                                                                                                                                                                                                                                                                    |
| 2.                                                                                | Catching up with PUC                                                                                                                                                                                                                                                               |
| 3.                                                                                |                                                                                                                                                                                                                                                                                    |

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|  | <div> What challenges/Roadblocks am I gonna face tomorrow? </div> |
| 1.                                                                                  |                                                                                                                                                                                                                                           |
| 2.                                                                                  |                                                                                                                                                                                                                                           |
| 3.                                                                                  |                                                                                                                                                                                                                                           |

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|  |  <b>What reward awaits me if I complete everything?</b>  |
| Reward:                                                                           | Time with people that I love and care about                                                                                                                                                                                  |

## Hourly Commitments & Reflections

|                                                                                                     |                                                                                                    |
|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| <b>Task</b>        | Task: <b>What will I do?</b>                                                                       |
| <b>Strategy</b>    | Strategy: <b>How will I do it, step-by-step action?</b>                                            |
| <b>Reflection</b>  | Reflection: <b>Was the task finished? If not, why &amp; what stopped me and how will I fix it?</b> |

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| <b>10 AM: Task</b>   |  |
| <b>Strategy</b>      |  |
| <b>Reflection</b>  |  |

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| <b>11 AM: Task</b>  |  |
| <b>Strategy</b>     |  |
| <b>Reflection</b>   |  |

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| <b>12 PM: Task</b>  |  |
| <b>Strategy</b>     |  |

Reflection 

1 PM: Task 

Strategy 

Reflection 

2 PM: Task 

Strategy 

Reflection 

3 PM: Task 

Strategy 

Reflection 

4 PM: Task 

Strategy 

Reflection 

5 PM: Task 

Strategy 

Reflection 

6 PM: Task 

Strategy 

Reflection 

7 PM: Task 

Strategy 

Reflection 

8 PM: Task 

Strategy 

Reflection 

9 PM: Task 

Strategy 

Reflection 

10 PM: Task 

Strategy 

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| Reflection  |  |
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| 11 PM: Task  |  |
| Strategy     |  |
| Reflection   |  |



## Twilight's Review



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|  What wins did I achieve today?  |
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|  What battles did I lose today?  |
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|  What lessons did I learn today?  |
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|  What roadblocks did I face?  |
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 **How will I improve and progress tomorrow?** 

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 **What worked well and will be repeated?** 

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 **Who are the People I need to connect with?** 

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 **What tasks remain uncompleted** 

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 **What changes do I need to make to my CONQUEST PLAN?** 

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 **The final assessment of the day's productivity** 

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## Freestyle Thoughts:

(Let your thoughts flow here. No judgment, no boundaries.)