**Young Men will be sleeping on cots in cabins. Showers & bathrooms are available on-site.**

No Food or Medicines in Cabins.

Any medicines should be provided to the Camp Leaders at check-in and will be distributed as prescribed.

**Packing List**

Water Bottle

Flashlight

Bug Spray

Sun Screen

Bathing Suit

2- Towels – One for Shower, One for Swimming

Toiletries – Toothpaste, Toothbrush, deodorant, floss, soap, shampoo

Portable Fan (There are outlets in the cabins)

Extension Cord (6-8 feet)

Headphones, chargers for electronic device

Scriptures – pre downloaded – no cell service at camp – Paper Scriptures

Shirts, shorts or pants, underwear, socks and shoes – 4 days, 3 nights

Band-aids, Neosporin) *We will have a First Aid station/kit

Hat(s) (optional)

Musical Instrument (optional)

Writing Materials – Journal, Letter, envelope, Composition Notebook for classes (pen or pencils)

Sleeping Bag/Blanket/Sheets

Pillow

Air mattress and pump (optional)

*Additional running gear for morning runs (optional)