

Welcome to the

Frozen Mites 2026

Jamboree 2 Divisions: Intermediate, Beginner (8U,6U)

All Games will be played on the Western Park Ice Area. 302 E 200 S Vernal, UT 84078

Each team to provide official USA Hockey roster emailed to Morgan Richardson avaha561@gmail.com 801 633 7687

All players must be USA Hockey approved and appear on the roster submitted by 1/15/2026. Any player or coach who is not USA Hockey approved or does not appear on the submitted roster may not be on the ice.

- To ensure compliance, all participating teams must provide the electronic link to their USA Hockey Official Team Roster, approved by their Associate Registrar. This roster serves as proof of proper registration for all teams and participants, guaranteeing that they are playing in the appropriate age classification. It is important to note that all teams, players, coaches, and team volunteers must be registered with USA Hockey and listed on the tournament roster. The Tournament Director will review the credentials before the first tournament game and may conduct subsequent checks to ensure ongoing compliance.

AVAHA will follow USA hockey zero tolerance policy for any abuse of officials/coaches/players.

- **All players, coaches, officials, team officials and administrators and parents/spectators are required to maintain a sportsmanlike and educational atmosphere before, during, and after all USA Hockey sanctioned games.**

Required Equipment: Hockey equipment requirements per USA Hockey Rule 304: [Rule 304 | Protective Equipment \(usahockeyrulebook.com\)](https://www.usahockeyrulebook.com)

Starting August 1, 2024 players competing in youth, girls, high school or junior hockey within USA Hockey are required to wear neck laceration protectors (NLPs) for all games and practices. In addition, on-ice officials under the age of 18 as well as players in all six disciplines within USA Hockey's disabled hockey program are also required to wear NLPs.

Per USA Hockey Rules and Hockey Canada Rules Agreement, all Canadian players must wear certified throat protectors.

FIRST CHECK IN. Teams will be assigned to a locker room available after you check in. ***All locker rooms are co-ed for the Frozen Mites Jam-please come with a base layer on!!***

UNIFORMS: The home team is listed first and wears the Dark jersey, away team is listed second and wears the Light jersey

Games can start up to 15 minutes early! Be on time if the tournament can be ahead of schedule it will.

Games will be 4v4 with goalies for Intermediate (8U), no goalies for beginner (6U) 4x4, cross ice, score will be kept for the intermediate division. Beginner division will not keep score-just for fun. Both divisions will be using blue pucks and mite regulation goals will be used.

Intermediate games will be officiated by 1 official, beginner games will have 1 registered coach from each team.

All games- Referees/Coaches will drop the puck at the midpoint between the two nets:

- Beginning of the game.
- Start of each period
- After each goal

In shift changes players will leave possession of the puck and go to the bench, the puck will be tossed in a corner by an official/coach for the next players to come on. There are no offsides, icing and no illegal clearing calls.

Beginner penalties-player will be sent to the bench to sit a shift. Then the player may return in the next shift.

Intermediate games penalties:

Minor Penalties will result in a penalty shot-taken immediately:

- If the penalty shot is unsuccessful, the puck becomes live immediately upon the miss or save. A successful penalty shot will be scored as a goal and be followed by a center faceoff.

Any player receiving a major penalty or more severe penalty will result in a penalty shot for the other team and the removal of that player from the game and that player will not be allowed to play in any more tournament games unless permission is granted from the Tournament Director or his/her designee, no overtime, no championship games.

All games are 10-minute run time for 2 periods with buzzer for shift changes every 2 minutes with a 1-minute rest period between periods of play. 2 minutes will be allotted for warm up. (23 min)

Intermediate games will be scored and teams will be given 2 points for a win, 1 point for tied games and 0 points for a loss.

At the end of pool play tie breakers will be as follows:

- Head to head
- Most wins
- Most goals for
- Least goals against
- Least penalty shots given to opposing team
- Coin toss

In the case of multiple teams being tied, the tiebreaker rules will apply to determine first place. Once first place has been determined then the tiebreaker rule will begin over to determine second place and so forth.

Seeding games will not end in a tie. Games will immediately go to a **sudden death shootout**. Shooters can not shoot twice until the entire team has had one shot excluding goalie.

Championship/Consolation games will not end in a tie. Games will go to a 2 minute overtime sudden death followed by a sudden death shoot-out if the game is still tied after the overtime period.

AVAHA reserves the right to amend any rule as it deems necessary.