

Songs for the Quarantine #46: Obsessions, Maria DeHart

Good morning, Roll Over Easy, and welcome to the forty-sixth Songs for the Quarantine. I'm @suldrew, back again after a week off. Every week while we are under shelter-in-place, we'll bring you a song that's perfect for taking your mind off social distancing, that you can listen to while you walk in the park, or work from home, or sit under the cherry blossoms in full bloom, look at the sky, and just enjoy ohanami on a lovely spring day.

We might be in the home stretch in the pandemic. The weather surely suggests it - it's been 70 degrees and sunny, the Giants are in spring training, and starting today - today! - everyone over fifty can get their vaccine if they didn't already qualify. But just as the signs say, we need to "[mask on / stay strong](#)" even as we're out there enjoying yet another beautiful day. And if you're like me, that means taking some long walks out in the Panhandle or Buena Vista Park, under those blossoms or up where the view is still nice and clear, and get into your head a little.

So let's put in those AirPods and listen to some ethereal pop from the Portland indie solo artist Maria DeHart, off her suitably named album Quarantunes - thanks to The Real We Built This City for the tip! Today's selection is [Obsessions](#), a "bewitchingly dreamy," yet introspective, song that's all about listening to yourself while sheltering in place.

Says American Robb of music blog American Pancake, Obsessions "drifts along like a daydream about daydreaming but deals with allowing yourself to let go of a caretaker instinct." DeHart tells Amanda Hatfield of Brooklyn Vegan that it's a "song about struggling to gain some semblance of control in impossible circumstances. ... Quarantine served as a crucial time in my journey of letting go of things outside of my control and instead focusing on myself."

At a time when we're getting out there again - when we've got the finish line in sight - let's not forget to enjoy those quiet moments too. Even after the pandemic is over, you'll want to listen to Maria DeHart's Quarantunes again and again.