

NAME OF RESOLUTION: Lupus and Fibromyalgia Awareness Month

WHEREAS, 10 million Americans live with fibromyalgia and 1.5 million suffer from lupus; and

WHEREAS, up to 90% both lupus and fibromyalgia sufferers are women

WHEREAS, lupus is a chronic, sometimes fatal, autoimmune disease with disproportionate impact among communities of color and that causes inflammation of various parts of the body particularly the skin, heart, joints and kidneys; and

WHEREAS, fibromyalgia is characterized by widespread musculoskeletal pain accompanied by fatigue, sleep, memory and mood issues. Researchers believe that fibromyalgia amplifies painful sensations by affecting the way your brain processes pain signals; and

WHEREAS, although lupus ranges from mild to life threatening and thousands of Americans who have lupus die each year, the majority of cases can be managed with proper treatment; and

WHEREAS, illnesses like lupus and fibromyalgia impacts more than just the life of the patient; it affects the patient's family, friends, coworkers, employers and community; and

WHEREAS, Existing public information and resources to properly serve patient communities remain inadequately disseminated and insufficient in addressing the needs of specific diverse populations and other underserved groups; and

WHEREAS, [insert your organization specific language OR] People with Empathy was founded as a coalition network of patient-focused health community with a mission to raise resources for those organizations; and

WHEREAS, early diagnosis, proper treatment, and community resources are critical to the improvements of the quality of life of those living with fibromyalgia and those living with lupus; and

WHEREAS, increased public awareness, education and research are the key to winning the battle against chronic illness, including lupus and fibromyalgia; now, therefore, be it

RESOLVED BY NAME OF CITY/COUNTY, that it recognizeS May 2019 as Lupus and Fibromyalgia Awareness Month and extends heartfelt wishes to Looms for Lupus, More than Lupus, the Purple Rose Foundation [and/or names of other organizations] for success in their core objectives in the future.