WIDEFIELD SCHOOL DISTRICT 3 ATHLETICS

STUDENT ATHLETE & PARENT HANDBOOK

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WIDEFIELD SCHOOL DISTRICT 3: STUDENT ATHLETE & PARENT HANDBOOK

Welcome to Widefield School District 3 Athletics. This handbook is designed to answer many of the questions that parents/guardians may encounter during their student-athlete's participation in extracurricular athletics. Please use this document as a reference guide pertaining to the rules and regulations as well as policies and procedures for participation in extracurricular athletics.

I. ATHLETICS PHILOSOPHY:

- **Mission of Widefield School District Athletics:**
    - Widefield School District 3 athletics programs are designed to support the needs of the district student population and community by maintaining a strong sense of pride, excellence, ethical values, and overall student development. Effective programming is executed through a balance of healthy competition, training, and educational excellence reflected in the classroom. In pursuit of this objective, we recognize the importance of academic accountability, community service, and the quintessential ideals of virtuous sportsmanship.
    - In partnership with coaches, teachers, parents, and administrators, student-athletes strive for excellence in an environment that is safe, positive, and an integral pillar of the entire school culture. Lifelong values such as leadership development, empathy for others, and positive social interaction are results of participation in our school programs. We are wholly committed to providing our student-athletes with a wide variety of well-organized programs, which meet their needs for physical and emotional well-being while developing constructive moral and social values in a highly competitive interscholastic arena.
    - Participation in athletics is a privilege that will enable student-athletes to develop skills and experiences that will lead to lifelong growth and achievement.

- **High School Varsity Athletics**:
    - Varsity-level programs are the most competitive of district athletics programs, which include the most skilled and/or well-prepared student-athletes. The student-athlete earns the privilege to be placed on the team. It is the coach's responsibility to field the most competitive team available. Therefore, starting positions and athlete playing time remains at the discretion of the respective coach.
- **High School Sub-Varsity Athletics**:
    - Sub-varsity athletic programs are focused toward the development of skills necessary for participation at the varsity level of competition. Student-athletes earn the privilege to make the sub-varsity team. The coach of any sub-varsity program will emphasize areas of needed development for possible participation at the varsity level.
- **Junior High School Athletics:**
    - The junior high school athletics program shall serve as an essential component of the total middle school educational program. It shall seek to provide all students with equitable opportunities to explore a wide variety of athletic offerings at appropriate levels that will contribute to the student-athletes' emotional, physical, social, and intellectual development needed for high school athletics participation.
- **The following components contribute to the enhancement of the mission:**
    - Vertical integration of feeder programs – youth and junior high school programs that support the high school athletic programs. Junior high school programs are expected to collaborate and align with the high school programs.
    - Development of fundamental sports skills.
    - Competitive high school athletic programs that promote and pursue academic and athletic excellence.
    - Programs that allow for maximum opportunities for student participation and that are developmentally appropriate, tailored to the physical, mental and emotional maturity levels of the participants.

- Principles of fair play and sportsmanship, both for participants and supporting spectators.
- Hiring and evaluating qualified coaches and staff, and offering opportunities for professional growth and development aimed to achieve excellence.
- Competitive resources for programs at each level made available through operating funds and fundraising.
- Support of multi-sport student-athletes.

II. SPORTSMANSHIP:

- The administration of Widefield School District 3 is committed to the practice of **sporting conduct** and **ethical behavior** during all interscholastic, middle school, and intramural athletics competition.
- To be successful, it is critical that everyone, whether participating, coaching, or spectating, consistently behaves in a manner that is **respectful** and reflective of the values of sporting conduct. Unfortunately, the failure on the part of one individual or any group can undermine the effort of all others.
- Sporting conduct is defined as those qualities of behavior which are characterized by **generosity** and a **genuine concern** for others, and that would include our own coaches, student-athletes and fellow fans; the opposing team, coaches and fans; the contest officials; and the administrators conducting the contests.
- There is nothing wrong with striving to be the best. However, school sports exist to help develop all participants to be their best — their best as individuals, as students, as teammates, as members of the community — not just their best as athletes.
- When our opponents visit our school, **treat them as our guests**. To you parents, please fill our stands in support of your sons and daughters.
- To both our parents and our students, please remember to show your team spirit in a way that **reflects positively** on our teams, our school, and our community.

- A spectator who is removed from an event and/or demonstrates habitually disruptive behaviors **may forfeit his/her privilege** of attending future contests/activities – either home or away. In the event a spectator is removed from a contest, they must complete the NFHS Sportsmanship Course at: https://nfhslearn.com/courses/sportsmanship-2. Upon completion, a certificate must be provided to the respective school athletic director prior to a return to future event attendance.

- Colorado law affords authority to school districts to regulate visitation and conduct on school property to provide for the safety of children, staff, and help ensure a proper education environment. Section 18-9-109 of the Colorado Revised Statutes gives school administration the authority to order a person off school premises when the person engages in unacceptable conduct, including but not limited to committing or threatening to commit an act which would disrupt, interfere with, impair, or obstruct the lawful mission or function of the school.

- If an athlete acts inappropriately (see guidelines presented in the Athlete's Code of Conduct and CHSAA Sportsmanship Bylaw 2200), consequences for such behavior will be outlined in team rules and expectations handbooks and discussed prior to the competitive season that will align with the Athlete's Code of Conduct and CHSAA Sportsmanship Bylaws.

- If a coach acts inappropriately (see guidelines presented in the Coaches Code of Conduct and CHSAA Sportsmanship Bylaw 2210), consequences may range from verbal reprimand, to written reprimand, to suspension, to dismissal.

- Coaches, student-athletes, and spectators are expected to set strong examples and model expected behavior at all times.

III. FUNDAMENTALS OF SPORTSMANSHIP:

- Gain an appreciation and understanding of the rules of the sports; please remember that they may change as athletes increase their level of play.
- Exercise exemplary conduct at all times.
- Recognize and appreciate skilled performance regardless of affiliation.
- Exhibit respect for contest officials.
- Openly display respect for opponents.

- Display pride in your actions.

IV. ATHLETE CODE OF CONDUCT:

- As a student/athlete representing Widefield School District 3, you carry a significant responsibility to behave in a manner that will bring pride to the school district, your school, your community, your team, and your family. As such, the following are guidelines of expected behavior. After reading this code of conduct, you agree to abide by these standards of behavior set forth by the school district.
    - I agree to respect and care for the equipment I am issued and agree to return all district-issued equipment at the end of the season in good condition. If equipment is not returned, fees will be applied.
    - I agree to respect those in authority, including the coaches, administrators, custodians, teachers, and adult officials from other schools.
    - I agree to practice good sportsmanship before, during and after contests, recognizing the talents and efforts of my opponents and the game officials.
    - I agree to represent my team, coaches, and school in a respectful manner.
    - I agree to respect the officials, as well as players, coaches, and spectators from the opposing school.
    - I agree to leave the facility I am visiting in the same condition as when I arrived. This includes refraining from damaging or vandalizing school property, stealing, or littering.
    - I agree to represent my team and my school with integrity and character when visiting opponent schools, restaurants, and places of lodging with the team.
    - I agree to be a self-advocate (see parent/athlete/coach communication section).

V. RESPONSIBILITIES OF THE ATHLETE:

- All athletes are students first and subject to the same rules as other district students:
    - Each athlete will be monitored for academic progress (see eligibility section).
    - Any athlete suspended from school will be ineligible to practice or play in a contest through the duration of the suspension. Building administration has the discretion to grant, appeal, or extend athletic suspension.

- All athletes should be aware of the policies, procedures, and rules that govern interscholastic participation as defined by CHSAA, the school district, and the respective school.
- All athletes are expected to demonstrate appropriate behavior on and off the field. School disciplinary action may result in dismissal from athletic participation.
- It is the responsibility of the athlete and parent to report a concussion and/or other medical needs that have been diagnosed by a healthcare professional to the school's academic team; including coach, athletic trainer, and school nurse. This includes concussions diagnosed outside of school activities, such as club sports or any other injury sustained and resulting in a concussion. The school academic team will return to play/learn protocol in accordance with the Jake Snakenburg Colorado Law.
- Building administration has the authority to hold student-athletes accountable to proper representation of the school's ideals in matters of citizenship, conduct, and sportsmanship (see CHSAA Bylaws 1710). Participation in extracurricular activities is a privilege not a right.
- No student-athlete will engage in hazing/bullying behaviors. Hazing/bullying is an abusive behavior, which also harms victims and negatively impacts a team and school culture by creating an environment of fear, distrust, intolerance and intimidation. The school district is committed to providing a competitive environment that promotes respect, tolerance, and equality (see training expectations). If you suspect any misconduct of coaches, athletes, etc., report immediately to school administration.

VI. Parent/Legal Guardian Code of Conduct:

- As a parent of a student/athlete representing Widefield School District 3, it is expected that you **model behavior conducive to good sportsmanship and conduct** that will not embarrass the school, your student, or yourself. After reading the expectation elements below, you agree to abide by these standards of behavior set forth by the school district.
    - I agree to respect all student athletes, coaches, contest officials, and the school representatives and facilities.
    - I agree to respect contest officials, opponents, and the opposing school representatives and facilities.

- I agree to the expectations of appropriate behavior before, during, and after all contests.
- Inappropriate behaviors include, but are not limited to, use of **profanity, taunting players, coaches, and officials, approaching coaches and officials before, during, and after contests, use of tobacco, alcohol, and drugs on public school property:**
  - Observance of the 24-Hour Rule, which states that a parent must wait a **minimum of 24 hours** following an incident (contest and/or practice) to contact a respective coach. Failure to abide by the 24-Hour Rule may result in denied attendance at future athletic contests/activities.
  - I agree to observe the Closed Practice Rule, which states that **practices are closed to the public**, including parents, with the exception of permission granted by the respective coach and/or athletic director.
  - I agree to support the goals of sportsmanship and **help bring pride** and respect to student athletes and the schools they represent.

VII. RESPONSIBILITIES OF THE PARENT/LEGAL GUARDIAN:

- Parents/guardians are responsible for following and adhering to the school district parent/guardian code of conduct, including Policy KFA regarding public conduct on school property.
- Parents/guardians are responsible for all documentation, paperwork, and registration that is required of the athletic office.
- Parents/guardians must attend the pre-season parent-athlete meetings hosted by the respective school athletic director and attend the individual team meetings hosted by their student's head coaches.
- All parents/guardians should be aware of the policies, procedures, and rules that govern interscholastic participation as defined by CHSAA, the school district, and the respective school.
- Parents/guardians are responsible for ensuring students are not left unsupervised on school property outside of designated practice and competition times.

- It is the parent/guardian's responsibility to report to the coach, school nurse and athletic trainer (if available, per school) if your student has a health condition that may require medical care or emergency medications (epi-pen, inhaler, seizure medication, glucagon) during school sponsored activities.

VIII. COMMUNICATION PROCEDURES:

- During the span of an athletic season, parental concerns arise and need to be expressed. Communication is the best solution to most problems. Therefore, the following protocol needs to be followed by administration, coaches, and parents:
    - **Step 1 -** Athletes must discuss the problem with their coach. If a solution cannot be reached then proceed to step 2.
    - **Step 2 -** Parents must discuss the problem with the coach, in accordance with the 24-Hour Rule. If the concerning issue involves an assistant, the head coach must be involved. If a solution cannot be reached then proceed to step 3.
    - **Step 3 -** The athletic director will be notified and a meeting will be conducted involving the athlete, parent, and coach. If a solution cannot be reached then proceed to step 4.
    - **Step 4 -** An appeal can be made to the building principal. The athletic director and coach will also be involved. If a solution cannot be reached then proceed to step 5.
    - **Step 5 -** If the parent is not satisfied, the problem will be addressed by district administration personnel. All participants may be asked to be present once a decision is rendered; at this level there are no more appeals.
        - Each meeting will be documented. This documentation will allow for a complete set of protocols to be set forth if further problems arise of this nature or of a different nature concerning the same individuals. It is important that each of us work to improve relationships and maintain open lines of communications. All discussion should be approached from a positive perspective looking for a win-win solution.
- Appropriate concerns to discuss with coaches:
    - Ways to help your student-athlete improve

  - The treatment of your student-athlete, mentally and physically
  - Concerns about your student-athlete's behavior

- Issues not appropriate to discuss with coaches:
  - Playing time
  - Team strategy

- Coaches will utilize the 'Remind' mass notification system implemented at the district, school, and classroom levels. Remind is an essential communication tool that allows coaches to disseminate information to parents and athletes alike. It should be utilized chiefly for information sharing, not conversation. For individual matters, parents/guardians are encouraged to contact the coach in-person and/or via phone to establish discussions related to their own student-athlete.

IX. Fundraising Protocols and Disclaimer:

- Fundraisers requiring students to sell items door-to-door are not permitted.
- The purpose of fundraisers will be made fully known to parents/guardians and student-athletes (i.e., what proceeds will be used for).
- Parent and athlete participation in team fundraisers will not have any bearing on whether or not an athlete makes a team, regardless of level. In addition, fundraising monies will not be refunded if an athlete chooses to no longer participate or is removed for team handbook/contract violations and/or academic concerns (i.e., eligibility).
- Outstanding financial balances associated with program participation is the responsibility of student-athletes, regardless of full season completion or voluntary/involuntary program removal.

X. Eligibility Rules and Participation:

There are several rules that govern participation in athletics. Several of these rules are state-regulated by the Colorado High School Activities Association (CHSAA) and others are local, instituted by the school district. All rules are for both the benefit of everyone who participates.

Colorado High School Activities Association Rules:

- Age – No one may participate in high school athletics if they turn 19 prior to August 1st of the upcoming school year without first being granted a waiver from the CHSAA office.

- Semester of Attendance – Athletes are restricted to a specific number of consecutive semesters of attendance in which they must participate. There is no red-shirting in high school athletics. An individual has 8 consecutive semesters to complete their eligibility (no more than 4 seasons in one sport).Junior High students will receive 6 semesters of athletic eligibility.

- Semester expectations - If a student athlete has two or more failing and/or incomplete grades in a semester they will be ineligible until the predetermined CHSAA regain dates. See CHSAA Bylaws for dates at www.chsaa.org.

    - Fall Season Scenario (High Schools Only): A student failed two classes at the close of the 2nd semester from the previous school year and did not make-up credits during summer school. The student is ineligible until the specified fall sports regain date in the respective sport of participation. The student regains eligibility if they are passing all classes on the given regain date.

    - Winter Season Scenario (High Schools Only): A student passed all classes from the 2nd semester of the previous school year. That student is eligible for winter sports participation. If the student failed two or more classes at the close of the second semester from the previous school year, they may regain eligibility on the fall sports regain date or they can regain from first quarter grades if they did not play a fall sport. If the student was eligible at the close of the 2nd semester of the previous school year, but failing more than one class on the fall sports regain date and/or from the 1st quarter, they are still eligible.

    - Spring Season Scenario (High Schools Only): A spring sport student failed two classes from the 1st semester. The student is ineligible to participate in any spring competitions until the specified March regain date, and becomes eligible if they are passing all classes on that date. If the student is failing more than one class on the regain date, they are ineligible for the remainder of the semester.

- Transfer Rules and Requirements (High Schools Only) - see CHSAA Bylaws at www.chsaa.org under 'Info & Tools' at 'Bylaws' (concerning all eligibility (full,

restricted) determinations and statuses. All transfer athletes and parents/guardians must initiate contact with respective high school athletic directors upon school enrollment:

- Incoming Student Athletes – 9th grade students are automatically eligible to compete in first semester interscholastic competition if enrolled within the first 15 days of the school year. 9th -12th grade students enrolling in a high school after the first 15 days of the school year will be required to complete the CHSAA transfer process through their respective high school athletic director.

High Schools:

- Every student must be enrolled in at least five classes.
- Eligibility will be posted weekly and provided to head coaches.
  - All Widefield School District #3 schools will pull grades for eligibility on Monday's. Eligibility will be from Wednesday through Wednesday of the following week.
  - Student athletes will have an opportunity to appeal their eligibility on Monday and Tuesday before eligibility begins on Wednesday.
  - It is the responsibility of of the student to have the WSD#3 Student-Athlete Academic Appeal form signed off by their teacher and turned into the Athletic Director by 3:00 on Tuesday afternoon.
- Student-athletes may not participate with more than one F grade:
  - 2+ F grades = no contest participation the following week of competition.
  - Individual coaches maintain the discretion to enforce more stringent eligibility rules.
- Academic Dismissal - High School:
  - An athlete who is ineligible three times during the season will be removed from the program.
- Student Discipline Procedure:
  - *Any Widefield School District 3 athlete grades 6-12 who are assigned In-school Detention for an entire school day may not play in the scheduled*

contest that day, though they remain eligible to attend and participate in team practice.

Junior High Schools:

- Every student must be enrolled in at least five classes.
- Eligibility will be posted weekly and provided to head coaches.
- Student-athletes may not participate if they receive an F grade: **NO PASS NO PLAY**
    - 1+ F grades = no contest participation the following week of competition.
- Academic Dismissal – Junior High:
    - An athlete who appears on the ineligibility list two times during the season will be removed from the program.

All School Levels:

- Student-athletes must be in attendance for 50% of the school day of scheduled classes on game days in order to participate in that day/evening activity.
    - Unless excused for an appointment or pre-determined absence.
- School District 3 Appeals Process:
    - All eligibility appeals will be directed to the respective school athletic director. The athletic director will gather information and render a decision based on the input of the athlete, coach and teacher.
- Participation:
    - Current Physical Completion:
        - Each student must have a WSD3 Athletic Packet completely filled and signed by the parent/guardian and signature of a practicing physician authorizing athlete participation, which will remain on file. Securing the physical is the responsibility of each individual student and must be completed each year prior to any athletic participation.
            - District forms for physical examinations, emergency information, and parent participation for participation may

be obtained from the school front office or from the district administration building.

- Attendance:
    - Team members of all sports are required to attend all scheduled practices, meetings, and scheduled events during the respective sport season. If circumstances arise whereby the student cannot attend a practice and/or team meeting, the validity of the reason will be judged by the individual coach. In all cases, however, the coach must be notified prior to the practice and/or meeting missed, by personal contact, phone or email from the student's parent/guardian.
- Practices:
    - Each student-athlete is required to participate in at least nine practices for football (High School) and five practices (Junior High); three practices for all other sports in order to participate in a competitive event.
- Selection Criteria:
    - Selection for participation is at the discretion of the respective sport coaches. Selection will be determined by evaluating several critical areas of significance, including, but not limited to the following:
        - Academic responsibility
        - Athletic ability
        - Attitude and behavior
    - Upon selection, understand that WSD3 athletics programs are competitive in nature and conducted as such. Playing time is a privilege, not a right, that must be earned, based upon an athlete's abilities, coachability, academic standing, citizenship, and sportsmanship.
- Dual Sport Participation:
    - Participation in two sports simultaneously is permitted upon the pre-season completion of a 'Declaration of Dual Sport Participation' form. A student-athlete must declare a primary and secondary sport with required signatures from their sport head coaches and a parent-guardian.

XI. OFF-SEASON VS IN-SEASON TRAINING (HIGH SCHOOLS ONLY):

- In pursuit of adhering to our philosophy, continuous engagement in sport training throughout the calendar year is essential to athlete development and a high expectation of all programs:
    - The frequency and level of training intensity must vary in accordance with the sport season and team goals set by each respective head coach.
- In-season sports (followed by pre-season, then off-season) have priority in athletes, scheduling events, practices, and facility usage:
    - Head coaches are expected to support and collaborate with one another for the best interests of all student-athletes to minimize training overlap.
    - All coaches must carry a unified message of priority support for in-season sports programs:
        - Athletes cannot be pressured or required to attend voluntary practices/training during the pre-season and/or off-season periods (CHSAA requirement).
        - Off-season and pre-season coaches must be mindful in how they communicate to athletes and parents to mitigate confusion and false perceptions of expectations in how voluntary training/practices are implemented.
- Athletes who choose to no longer participate in their in-season sport cannot participate in programs that are in their pre-season or off-season periods until the conclusion of their previous in-season sport:
    - Scenario: ‘Student A’ decides to quit the basketball program to commit more time to baseball off-season training. ‘Student A’ cannot join baseball until the conclusion of the school’s basketball season.
- Multi-sport athletes are more prone to injury and academic challenges when they are practicing and training for multiple sports at the same time:
    - All coaches must collaborate and consult with the strength & conditioning coaches and athletic trainers regarding training management concerns.
    - Off-season and pre-season coaches must make conscientious decisions in how and when to engage athletes in activities of high physical exertion, to

avoid injury, and thus, not jeopardize performance opportunities for their in-season sport program.

- Multi-sport athletes must be led by all coaches according to the best interests of the athletes. They cannot be left to feel as though they are failing their off-season program if they are competing for another sport that is in-season; coaches do not have "ownership" over athletes.
- Differentiated instruction must always be a priority approach to coaching, where re-teaching throughout all seasons occurs on a regular basis.

XII. PAPERWORK REQUIREMENTS (HIGH SCHOOLS ONLY):

- Certain forms must be on file with the school, prior to the participation of any athlete in a practice, scrimmage, or contest.
  - Athletic Participation Form
  - Completed CHSAA/WSD#3 Physical packet signed by a physician
  - Athlete Information
  - Emergency Contact Information

XIII. ATHLETIC DEPARTMENT PROTOCOLS:

- There are several protocols that both athlete and parent should be aware of prior to participation. These protocols allow for successful functioning of the athletic department:
  - Practice Protocol – Each student-athlete is expected to attend all scheduled practices and team meetings. This may include Saturdays. There are no Sunday practices and/or competitions, ever. If any athlete is in school, they are expected to be at practice. Individual coaches will manage excused and unexcused practices.
  - Rejoining a Program – Pending extraordinary circumstances, student-athletes who choose to no longer participate in an athletic/activity program and then seek to re-join the same program are prohibited from doing so until the following school year.
  - Equipment/Uniform Liability – All equipment/uniforms issued to the student-athlete is the property of the respective district school. Any issued

equipment/uniforms that are lost is the responsibility of that individual. The student-athlete and their parents/guardians will be billed. If the bill is not paid, the school district reserves the right to prevent future participation.

- Transportation - All participants are expected to ride district transportation to school sponsored events and contests, unless the parent/guardian has communicated directly with the respective coach of their student's sport.
    - When the district provides return trips, parents may sign for their child at the conclusion of the event or contest using a checkout document provided by the coach.
    - WSD#3 does not transport High School athletes within the district. Students and/or parents/guardians will provide transportation within our school district.

- Athletic Training:
    - The high schools have secured the services of licensed athletic trainers who are responsible for the prevention and treatment of athletic injuries. At least one trainer will be available at selected athletic events, during school days and practices for consultations, evaluations and treatments of athletic injuries. Students, coaches, and parents must communicate with the athletic trainer concerning injuries and any other medical needs. Decisions made by the athletic trainer are final, and will be respected by students, parents, and coaches.
    - It is the parent/guardian's responsibility to report to the school nurse, coach, and athletic trainer (if applicable) if your student has a health condition that may require medical care or emergency medications (epi-pen, inhaler, seizure medication, glucagon) during school sponsored activities.
    - Widefield School District 3 strictly adheres to the Return-to-Play protocols enforced by the Colorado High School Activities Association per Colorado Concussion Law SB 11-040:
        - **Step 1 -** No moderate to intense physical activity or noisy environments. Appropriate rest until symptom free, which may include the need for mental rest if symptoms are severe. (School, Video Games, etc.)

BEGINNING OF THE 5 DAY RETURN TO PLAY PROTOCOL

- **Step 2 -** When asymptomatic, begin low level/light aerobic activities such as stationary cycling or walking (keep intensity <70% of max heart rate) (Day 1-2)
- **Step 3 -** Moderate exertion, sport-specific training without pads (running, agility fundamentals, jump rope, etc.) No head impact activities. (Day 3-4)
- **Step 4 -** Heavy exertion, non-contact drills specific to sport. May begin resistance activities. (Day 5)
- **Step 5 -** Full contact in practice setting: scrimmage.
- **Step 6 -** Game-level play/activity

- Athletes must remain asymptomatic to progress to the next level. If symptoms recur, the athlete must return to the previous level. Each step generally requires at least one day, but could take longer.
- Athletes need written clearance from an approved health care provider (MD, DP, PA, NP, PsyD), AND clearance from a Widefield High School Staff ATC upon completion of a return to play protocol.

XIV: ASSUMPTION OF RISK:

- Participating in any athletic activity may involve risks of injury. Although serious injuries are not common in supervised programs, it is impossible to eliminate all risk.
- WSD3 will not assume responsibility for payment of doctor, hospital, or ambulance costs resulting from injuries incurred on school property or at school functions. The Board of Education authorizes an insurance company to sell life, accident, and dental insurance to provide for student coverage.
- Information about this coverage is available in the health office at each school. The purchase of insurance under this program is at the option of parents/guardians and becomes effective upon completing the application and payment of the premium. WSD3 strongly encourages parents/guardians to provide some type of insurance coverage for their child(ren).

- The school district and its employees may have certain legal protections and immunities from liability with respect to any property damage or personal injury that may occur during activity. The school district and its employees have not waived these protections and immunities. In addition, the school district and its employees may also have certain legal obligations with respect to the athletics programs.
- Athletic participants must obey all rules, report all physical problems to their respective coaches, follow a proper conditioning program, and inspect their own equipment on a daily basis.