ALBANY UNIFIED SCHOOL DISTRICT
Water Fitness Instructor
$42.25

POSITION DESCRIPTION: Under direct supervision of the Pool Director, provides water aerobics instruction, monitors, educates patrons on fitness and safety, and maintains a safe and enjoyable atmosphere for class participants.

REPRESENTATIVE DUTIES: E = Essential Duties The duties listed below are intended only as illustrations of the various types of work that may be performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment to the position.

1. Begin and end classes on time E
2. Provide adequate warm up exercise, stretching and cool down E
3. Instruct patrons on effective workout method E
4. Explain proper techniques E
5. Demonstrate exercises E
6. Prepare appropriate equipment and supplies E
7. Ensure that safety standards are met and department policies are adhered to
8. Perform other duties as assigned E

KNOWLEDGE OF: Rules pertaining to Aquatics regulations; Microsoft Office documents;

ABILITY TO: Interact in a positive manner with a diverse community; handle conflict in a positive manner, communicate effectively, both orally and in writing; identify appropriate solutions and take action; work independently; deal effectively with stress and conflict, as well as with multiple and concurrent job demands; establish and maintain cooperative and effective working relationship with others; maintain current knowledge of, and be able to apply and explain program rules, regulations, requirements and restrictions; develop, coordinate and schedule various activities; establish working relationships with employees, supervisors and customers; communicate effectively, orally and in writing.

TOOLS AND EQUIPMENT USED: Various office equipment; water treatment systems (will train), water test kit, computer including Microsoft, registration and POS software.

PHYSICAL DEMANDS: While performing the duties of this job, the employee is frequently required to walk, sit and talk or hear; use hands to finger, handle, feel or operate objects, tools, or controls and reach with hands and arms; occasionally required to climb or balance, stoop, kneel, crouch, or crawl; must occasionally lift and/or move up to 50 pounds; specific vision abilities required by this job include close vision, color vision, and the ability to adjust focus; occasionally required to swim; must be physically able to perform and teach all rescue skills.

WORK ENVIRONMENT: The work environment characteristics here are representative of those an employee encounters while performing essential functions of an aquatics job; reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions; employee is frequently exposed to wet or humid conditions, toxic or caustic chemicals.

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QUALIFICATIONS/REQUIREMENTS:

1. 18 years of age
2. Must have current American Red Cross CPR/AED for the professional Rescuer and First Aid or ability to obtain within 60 days
3. Certified Instructor (AEA, ACA, AFAA) water specialty certification preferred.