

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 	1 	Wake up early
2. 	1 	Get chores done
3. 	1 	Get stuff ready for trip
4. 	1 	Find a way to spend the mandatory money
5. 	1 	Drink water (4)
6. 	1 	Make bed
7. 	1 	Make content and repost for socials
8. 	1 	Develop plan for emails
9. 	1 	Enjoy time on trip
10. 	2 	Listen to podcast while on the road
11. 	2 	Clean up oneself
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number: 13

Date: 3/25/23

Start Of The Day - Time: 6

	 3 Things That I Am Excited To Have In The Future? 
1.	\$40,000.00 in income per month
2.	Ability to travel anywhere in the world
3.	Complete mastery over my own mind

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Get up, get clothes , get ready
🔔 Intention 🔔	Get ready for a big day
✍️ Reflection ✍️	

\$ 7 am: Task \$	Head out and enjoy trip
🔔 Intention 🔔	Go trip
✍️ Reflection ✍️	Left like planned

\$ 8 am: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 9 am: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 10 am: Task	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 11 am: Task	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 12 am: Task	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 1 pm: Task	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 2 pm: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Good time

\$ 3 pm: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Made it home

\$ 4 pm: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	Slept few hours the night before so off to sleep I went

\$ 5 pm: Task \$	trip
🔔 Intention 🔔	
✍️ Reflection ✍️	sleep

\$ 6 pm: Task \$	trip
🔔 Intention 🔔	

 Reflection 	sleep
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\$ 7 pm: Task \$	trip
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 Intention 	
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 Reflection 	sleep
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\$ 8 pm: Task \$	Get home, shower and unwind
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 Intention 	Get ready to work once back from trip
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 Reflection 	Sleep, got up and ate
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\$ 9 pm: Task \$	Make content and post
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 Intention 	Build an audience on socials
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 Reflection 	Did chores
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\$ 10 pm: Task \$	Develop email plan + post up for review
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 Intention 	Make an email sequence for my ecom
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 Reflection 	Did not do that, socialized with parents
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 11 pm: Task	Go to sleep
 Intention 	Prepare myself for the next day
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 
The mind can push past sleep if asked to

 What Do I Plan To Do Differently Tomorrow? 
Be well rested

 What Do I Plan To Do The Same Tomorrow? 
Be happy, even when there is not much to be happy about

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
TRW about an email sequence

 **What Tasks Were Left Undone?** 

Develop plan for emails

Brain Dump: