46th ANNUAL SUNDAY LAKE RUN/WALK

CHIP TIMING

WHEN: Friday, July 4, 2025. Event will start at 8:00am sharp CST.

WHERE: Starts and finishes near the new pavilion by the dam on **Beautiful** Sunday Lake in Wakefield, MI.

DISTANCE: The flat, fast course is 2.8 miles around the lake.

AWARDS: T-shirt for all participants, medals for the Overall and Master's winners and metals for 1-3 in 17 age groups, walking with stroller and wheelchair division.

COST: Early registration: UPRRC members $20, non-members $23. $30 **fee for all on race day.** Early registration must be received by 6/23/2025 to be guaranteed a t-shirt. Race day registration near the new pavilion: 6:30 to 7:45am CST.

Pre-registrants ONLY: If you do NOT want a shirt, deduct $5 from your registration fee.

AGE GROUPS: 7 and under, 8-10, 11-13, 14-16, 17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, & 75 and over.

NAME: _____ AGE: _____

ADDRESS: _____ GENDER: M F

CITY: _____ STATE: _____ ZIP: _____

STROLLER DIVIDION: Yes WHEELCHAIR: Yes

EMAIL ADDRESS: _____

UPRRC Member? YES No Shirt Size: S M L XL XXL XXXL None

I hereby release all sponsoring groups and other representatives, all officials and volunteers involved with the Sunday Lake Run/Walk from any and all rights and claims for injuries or illness suffered by me in this event. I understand that participation in this event is strenuous and verify that I am physically fit to compete in this event

_____ _____

Signature of participant Signature of guardian if under 18

PLEASE make checks payable to: Kiwanis Club and mail to Jim Oliver at 631 E Ayer St, Ironwood, MI 49938. Any questions can be emailed to Jim at jolivercpa65@gmail.com