

Reading Routines:

Ideas for creating shared reading routines

What is shared reading?

Collaborative activity when a child and caregiver read a book together.

What are the benefits of shared reading?

- Supports cognitive development
- Improves language skills
- Caregiver and child bonding
- Self-expression
- Preparation for school
- Improves imagination and creativity

Creating a reading routine

- Select a designated time to spend reading with your child. This doesn't need to be daily, but create a schedule that you can stick to.
- Reread favorite stories! Let your child read their favorite books over again. They may pick up on details they didn't notice before and draw deeper connections to the book.
- Check out this resource for creating an enjoyable reading routine: [Six tips for setting up your home for reading success](#)



Ideas to incorporate during shared reading time

- Ask your child questions before, during, and after the reading time to build their reading skills and help them connect with you and the book.
 - For example, try asking: What do you think will happen next? Does the character look happy or scared? What did you like about the story?

GO BABY GO

OREGON

- Or you could ask questions that don't need a verbal response:
Can you point to the dinosaur? This page says "Hello Dog", where is the dog?
- Encourage your child to touch and interact with the books. Invite them to touch the pages and turn the pages.
- If your child is struggling with interest and attention, try having items on hand that relate to the characters/items in the book to bring it to life.

References:

<https://www.beginlearning.com/parent-resources/shared-reading/#:~:text=Why%20Use%20Shared%20Reading%3F,and%20improve%20their%20reading%20proficiency.>

<https://readingpartners.org/blog/6-tips-for-setting-up-your-home-for-reading-success/>

Work closely with your early interventionist, occupational therapist, and/or speech therapist to help determine the most appropriate book adaptations for your child based on their needs and goals.

Visit the Go Baby Go website to apply for an adapted book for your child.