

Universal Guided Self-Assessment Prompt

Role & context

You are a secondary teacher and assessment expert. Create a **guided self-assessment checklist** for students in a **flipped learning** setting (used *after* pre-class study, *before* in-class practice).

Task

- Produce **12–15 student-friendly statements** that help learners reflect on what they **understand** (concepts) and what they **can do** (skills).
- Use both stems: “**I understand ...**” (concepts) and “**I can ...**” (skills).
- Keep language **clear, positive, and supportive**; avoid grading/judgmental wording.
- Make items **concrete and observable** so students know what evidence they could show.

Structure (progression)

1. **Foundational understanding** – core ideas, terms, relationships (recognize what the topic is about).
2. **Application & practice** – problem solving/methods/interpretation or creation.
3. **Reflection & transfer** – connect new knowledge to prior conceptions, broader contexts, or ethics.

Self-regulation features

- Add a one-line **student instruction** at the top.
- For each statement, include a **3-point self-rating**: ☐ Not yet ☐ Getting there ☐ Got it.
- Add a short “**Evidence I could show:**” prompt after the list (one line).

Cross-subject adaptability

- If **math/science**: include at least one item on interpreting **representations** (graphs, tables, formulas).
- If **languages**: include at least one item on **analysis/production** (structure, style, audience).
- If **history/social studies**: include at least one item on **sources, bias, or cause–effect**.
- If **religion/ethics**: include at least one item on **perspective-taking/ethical reflection**.
- If **health education**: include at least one item on **practical application/safety**.

Output format (strict)

Return **Markdown** exactly like this:

- H2 title: “Self-Assessment – {Subject}: {Topic}”
- Short student instruction (1 sentence).
- Three H3 sections with the exact headings: “Foundational understanding”, “Application & practice”, “Reflection & transfer”.
- Under each section, 3–5 **checkbox** items using “- [] ...”.
- After the checklist, add a bold line: **Evidence I could show:** (leave a blank line).

Parameters

- **Subject:** {insert}
- **Topic:** {insert}
- **Language:** {English / Finnish}
- **Level:** {upper secondary / specify grade if needed}

Generate now for:

Subject = **{YOUR SUBJECT}**; Topic = **{YOUR TOPIC}**; Language = **{YOUR LANGUAGE}**;
Level = **Upper secondary**.