MY PERSONAL AGOGE NEW IDENTITY TEMPLATE

Me in 3-6 months

- 3 clients on revenue share deals where my income depends on how much value i can provide
- Earning at least £7,500 £10,000 a month consistently
- To go travelling whilst also working and using my new experiences and locations to draw inspiration for creativity
- Finding some real g's as well as training my friends up to my standards of work and discipline to open a marketing agency to take on more and bigger clients.
- To look like and have the mental fortitude of adonis creed, to never bow down from a challenge, and to take every loss as a lesson
- Provide my family with an amazing holiday to our homeland in africa and begin research on how i can help provide a better quality of life for the people in my dads childhood village
- To be able to spar with good Amateur boxers

Power Phrases (2-3)

- I am a winner. I'm going to win
- I do not fear the path god has planned for me
- Im tormented by the devil because im favored by god

Core Values (2-3)

- Bravery
- Honour
- integrity

Daily Non-Negotiables (2-3)

- Daily checklist
- Bible reading
- Aim for peace, prepare for war

Goals Achieved

- Help take 3 brands to the top of my niche and to have provided massive value
- Completed daily checklist everyday with no excuses
- Completed agoge program
- Moving out of my hometown and if possible out of my country and in to my first house
- Retire parents if they want to be retired and send them on a holiday to wherever they want to go for however long they want to go. Provide them with a limitless budget so they can do any and everything they want to do. A small gesture of gratitude to show them my appreciation for everything i've done
- Pay off my sister's university debt so she doesn't end up crippled and broke like so many other university students are going to end up

Rewards Earned

- Summer travelling all the way through western, southern and where possible eastern europe
- Family holiday to my home country (zimbabwe)
- Road Trip through scotland with my boys, being able to cover the cost of the entire trip

Appearance And How Others Perceive Him

- To make god and my parents feel proud of me
- 80 kg of lean muscle
- Respected by friends and enemies
- Seen as THE MAN
- To have a 2nd glow up in the last two years
- To be known as a good man, not a nice guy

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

Day in the life:

As I wake at 4:00 AM, I feel battered. My body aches from the torture of yesterdays training. My mind is tormented by demons trying to tell me to go back to bed, to rest and take the day off, to sleep on the wins that I have already achieved, trying to convince me that I can afford to relax today. Then i remember who i am, and that no one cares about my excuses. I asked for this pain when i decided i wanted an extraordinary life. So i pull myself out of bed, strap on my gloves and head out to the garden to complete my burpees session for the day. It's hell, my lungs are alight. My muscles scream with every rep. My bitch voice begs me to give up. FUCK THEM. I push on through regardless and complete the set. My mind is now awake, im ready for conquest. After a quick shower and double espresso, I set about completing the daily checklist, starting with the most mundane tasks in order to ensure they are not forgotten about. Afterwards, it's time for the 2nd training of the day, weight lifting, light work compare to the intensity of the first training session, but hell to an ordinary man. 2 hours of fat paced grind where I force myself to think of my enemies, my pain, the bitch I use to be and how I let everyone down. NOWS THE TIME TO MAKE THAT RIGHT! So I push through my limits and pain to prove I'm a real g. After this brutal session it's time for a quick catchup with the clients, my plans for their content this week, an opportunity for them to give me feedback, and and a chance to set this weeks goals. Afterwards I take a quick lunch break, spend some time to contact my friends and family, and read my bible or the book that I'm currently reading. The rest of the day is then used to produce content. Beginning with a brief brainstorming session, I only stop once an hour to do push ups or crunchies as I grind out at least one TikTok ad, one sales page or email, and a LinkedIn post. To create and ensure that cryptically analysis is properly carried out, this takes me between 3-4 hours of solid g work session time. It's long, but the sense of achievement I gain after finishing will always be worth it . After which I spend some time with my family as a reward for my day, read my bible, oodaloop and then rest and reset and get ready for the next day.