

Grade Eight Health Standards (unit outline)			
Healthy Relationships	Sexual Health	Sexual Assault & Abuse Prevention	Mental & Emotional Health
HR 1.1.8 Differentiate among gender expression, gender identity and sexual orientation.	SH 1.1.8 Identify resources, products, services related to supporting sexual health.	* SAAP 1.1.8 Explain that acquaintance rape and sexual assault are illegal.	MEH 1.1.8 Recognize factors that lower self-worth (comparisons, perception vs. reality, social media, technology, internalizing negative external messages from media and peers).
HR 1.2.8 Identify various types of relationships (peer, family, romantic, professional, etc.).	SH 1.2.8 Explain sexual activity and their associated risks.	* SAAP 1.2.8 Describe how power and control differences in relationships can contribute to aggression and violence.	MEH 1.3.8 Recognize the connection between depression and suicidal ideation.
HR 1.3.8 Describe characteristics of healthy relationships (communication, respect, trust, and boundaries).	SH 1.3.8 Describe reproductive body parts and their functions.	* SAAP 1.3.8 Explain that a person who has been sexually assaulted or raped is not at fault.	MEH 1.9.8 Summarize the benefits of talking with parents and other trusted adults about feelings.
HR 1.4.8 Differentiate between healthy and unhealthy relationships.	SH 1.4.8 Describe the menstrual cycle, the process of sperm production and the relationship to conception.	* SAAP 1.4.8 Explain the term affirmative consent and what it looks like in words and/ or actions.	MEH 1.12.8 Explain the importance of a positive body image.
HR 1.5.8 Explain why it is wrong to tease others based on personal characteristics (such as body type, gender, appearance, mannerisms, and the way one dresses or acts).	SH 1.5.8 Determine the benefits of being sexually abstinent.	* SAAP 1.5.8 Describe situations and behaviors that constitute sexual mistreatment, grooming, harassment, abuse, assault, and exploitation.	MEH 1.16.8 Examine the risks of impulsive behaviors.
HR 1.6.8 Explore strategies to address unhealthy relationships.	* SH 1.6.8 Explain how the most common STDs and HIV are transmitted.	* SAAP 1.6.8 Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched.	MEH 1.17.8 Identify trusted adults and resources for assistance.

HR 1.7.8 Describe healthy ways to express affection, love, and friendship.	*SH 1.7.8 Describe the usual signs and symptoms of common STDs and HIV and explain that some are asymptomatic.	* SAAP 1.7.8 Explain why a person who has been sexually mistreated, groomed, harassed, abused, assaulted, or exploited is not at fault.	
HR 1.8.8 Describe how consent is a foundational principle in healthy sexuality and in violence prevention.	SH 1.8.8 Summarize which STDs can be cured and which can be treated.	* SAAP 1.8.8 Explain the role of bystanders in escalating, preventing, or stopping violence, or supporting the victim.	
HR 1.9.8 Discuss how affirmative consent mitigates confusion within a sexual relationship.	SH 1.9.8 Summarize ways to decrease the spread of STDs and HIV by not having sex, using condoms consistently and correctly when having sex, not touching blood, and not touching used hypodermic needles.	* SAAP 1.9.8 Demonstrate how to ask for help and to report sexual mistreatment, grooming, harassment, abuse, assault, exploitation, and trafficking.	
HR 1.10.8 Identify factors (e.g., body image self-esteem, alcohol, and other substances) that can affect the ability to give or perceive consent to sexual activity.	SH 1.10.8 Describe how the effectiveness of condoms can reduce the risk of HIV, and other STDs including HPV (human papillomavirus)	* SAAP 1.10.8 Describe the positive and negative ways in which technology and social media can impact physical and emotional safety.	
HR 1.11.8 Explain the importance of talking with parents and other trusted adults about issues related to relationships, growth and development and sexual health.	SH 1.11.8 Explain the significance of the physical changes in puberty.	* SAAP 1.11.8 Identify the process for reporting incidents of sexual mistreatment, grooming, harassment, abuse, assault, and exploitation.	
HR 1.12.8 Explain how the use of social media can positively and negatively impact relationships.	SH 1.12.8 Define and explain differences between cisgender, transgender, gender nonbinary, gender expansive, and gender identity.		
HR 1.13.8 Identify the legal and social consequences of viewing and/or sending sexually explicit pictures or messages or posting sexually explicit pictures on social media sites.			

***state mandated content**