

White People Challenging Racism: Moving From Talk to Action
Wayland
Begins Thursday, October 1, 2020

This Zoom workshop consists of five weekly 2-hour sessions (7-9 pm), beginning on Thursday, October 1 and ending on Thursday, October 29. A workshop description is below.

The workshop was first offered to the Wayland community last fall at First Parish church. Participants included State Rep. Carmine Gentile (carmine.gentile@mahouse.gov), Wayland Cultural Council Chair Rachel Sideman-Kurtz (rsideperson@yahoo.com), and Wayland Housing Partnership member Robi Zallen (robizallen@gmail.com) any of whom would be pleased to share their experiences or answer questions.

Class size is limited to the first 8 people to register. The cost per person is \$150.

The workshop will be co-facilitated by Karen Blumenfeld, a long-time Wayland resident, and Mary Green of Wellesley. Their bios can be found [here](#). Please contact Karen with any questions at oxbow3@comcast.net.

[White People Challenging Racism: Moving From Talk to Action](#) is a partner of [Community Change, Inc.](#), a Boston organization dedicated to educating and organizing for racial equity since 1968.

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Workshop Description

While this five-session workshop welcomes participants of all identities, its focus is on racism as a system that White people created, maintain and condone - and White people in particular need to take immediate action to end. In this small, online group setting you will:

- Examine the role of White people in dismantling racism, in becoming antiracist, and in building an equitable society.
- Explore the impact of White privilege and how being unaware of that advantage helps perpetuate racism.
- Write about your own racial awareness journey.
- Enhance your understanding and capacity for action through discussion of short readings, videos, and other materials.
- Share everyday racism-related situations where you may not have effectively responded and, using role plays, work out effective ways to challenge racism.
- Develop a specific plan for challenging racism in the workplace, an organization, or in the community, while being encouraged to find other people in your life who can provide support and serve as an accountability partner in implementing your plan.

Please note: Attendance at all sessions and completion of all assignments are required. Each participant will receive a phone call from one of the facilitators prior to the start of this program to review the commitment and class requirements.

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Here's what one Wayland resident said about taking the workshop:

"I've taken a few courses/workshops like this and this one far surpassed all the others and I can't say enough about how much I benefited from it. Although I had previously studied many of the issues focused on in the course (legacies of slavery, white privilege, unconscious bias and institutional racism), this particular course helped me understand things in a more visceral way than I have felt before. It helped me more fully understand why white people are by and large unaware of the system of institutionalized racism and oblivious to the daily challenges it creates for people of color, including the emotional and financial impacts. It was taught with sensitivity and compassion and truly inspired me to try to work with others to effect change. I can't recommend it enough."

-- Robi Zallen, Wayland

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