

# Jachi Lesson Notes

## **Keep in Mind/Focus Points**

Thumb underneath finger 2!

Down bow = pulling the bow from the base of the bow to the tip

Up Bow = pushing the bow from the tip back to the base

## **Note-Reading:**

## **Complete pages 1 and 2 of the Bass Clef Worksheet**

## **Tuning:**

- before every practice session

## **Open Strings:**

- First Duo, Ai clair de da lune - working with quarter notes (one beat), half notes (2 beats), and whole notes (4 beats)
  - Adding a heart beat! Practice with the 60bpm Drum Loop (simple straight beat) on the website (how to find the drum loops - Current Students - Drum Loops)
- Whole Bow Every Bow
  - Correct bow angles
  - Only play one string at a time
  - Use the whole bow for every bow
  - Playing on one contact point the time
  - Every four bars, readjust your bow arm

## **Pluck, Open, Elbow**

- **Challenge yourself to not look at the fingerboard while playing**

- **Experiment with the thumb hovering behind the fingerboard to start pulling instead of squeezing**
- **More curve in the fingers - make a mountain with your knuckles**
- how to find the exercise - Current Students - All Resources - Technique - Left Hand - Pluck, Open, Elbow
- Follow the instructions on the page, but the main goal we're getting from this is to get a really solid hand shape - one that stays solid when moving from string to string (only the elbow moves when we move from string to string)

### **C Major Scale**

- how to find the exercise - Current Students - Scales - Scale Sheet Music - C Major
- Place the thumb slightly more behind the fingerboard
- Play with Drum Loop at 60bpm, 2 beats per note