

Garfield 5th Ward Emergency Preparedness

Purpose

This Emergency Response Plan outlines the courses of action and member responsibilities for use in times of emergency. It considers the needs of members, but can include non-members. In the event of a major incident involving the welfare of Ward members, this emergency response plan will be implemented.

A digital copy of this document is located at
<https://garfield5thwardpreparedness.blogspot.com/>

Spiritual and Temporal preparedness

For 30+ years. Apostles and prophets have encouraged us to prepare temporally for times of crisis. There is a spiritual reason for all of this, and even in modern days, Russel M. Nelson has asked us to create “places of safety” in our homes and to prepare temporarily for what the future holds. As the return of our Savior gets closer, it's becoming more important to have eyes to see what things our families will need to be prepared for. The purpose of preparing is to minimize fear and focus on spiritual matters in times of disasters.

5 most common threats in Eastern Idaho

Wildfires: Eastern Idaho dry climate and vegetation make it prone to wildfires, especially during the hot summer months. These fires can spread quickly and cause extensive damage. *Response: Likely evacuate, 72 hour kit*

Floods: Due to the region's terrain and occasional massive snow melt and dam infrastructure flash floods could be a risk. *Response: Likely evacuate, 72 hour kit*

Power outages: These could be experienced through harsh weather, cyber attacks, or EMP style attacks. *Response: Depending on impacted area*

Civil Unrest: The 2020 riots, political discontent, South American gangs, “zombies” (unprepared people willing to invoke violence for your food). *Response: Shelter in place*

Disease outbreak: Covid-19 demonstrated not only health concerns but government overreach which impacted supply chain and manufacturing. *Response: Likely Shelter in place*

Take Inventory of your current situation

Evaluating where you are at in the process helps you and your family to make goals and track progress along the way. There is no right or wrong way to do this. Do what makes sense to you, whether through a spreadsheet, pen and paper, or even just a mental exercise of your situation. Here are some things to look at

Family: How many adults and children do you have in your family? Any pets?

Food Storage: How long could you survive with the amount of food you have in your home?

Water: How many gallons of drinking water do you have at your house? How long has it been since you checked it? Do you have a way to capture and purify more for sustainability?

Medications / Supplements: Do people in your family require medication? How much do you have throughout the month? Look into jacemedical.com or twc.health to get stocked up on certain prescriptions for emergencies.

Clothing: Do you have the sufficient clothing for the different weather of Eastern Idaho? Do you have clothes for extreme cold, extreme heat? Do you have items for all members of your family?

Once you get a ballpark picture of where you are currently at, here are some quick topics below on where to start.

Before an emergency

72 hour kits

72-hour kits are used to be easily accessible and quickly loaded into a vehicle for evacuation. They are meant to support initial survival needs through minimal disturbance or organize efforts for long term survival needs.

Meeting place for the ward

It's important for your family to have an arranged meeting place in your home and outside your home in the event you are separated. In case of communications lines being down, our meeting place for the ward will be our church building.

Order of Communication Methods

Phone: If you absolutely need to, try making phone calls with your phone first. If networks are down, we will use the next line of communication. Phone lines will become congested quickly after an emergency.

Radio: HAM, GMRS, FRS or standard walkie talkies may be a good way to communicate short distances after an emergency. The channels we'll use to communicate with the ward will be

- HAM: 145.025000/TSQ/L/Tone Squelch 77.0/Duplex +/-Offset 5.0000
- GMRS: 462.662500/ Tone: 88.5/Mode:FM

Walk / Run: If all other modes of communication are not working, you may need to go old school and walk or run to communicate.

Important Emergency Contact Info

EMERGENCY CONTACT INFORMATION

Type of Service	Contact Number	Website
Fire / Police Emergencies	911	
Jefferson County Emergency Management	208-745-0868	https://jcgov.us/219/Emergency-Management
Jefferson County Fire Dept.	208-745-6003	https://www.centalfiredistrict.com/fire-department-jefferson-county/
Rocky Mountain Power	888-221-7070	https://www.rockymountainpower.net/
Intermountain Gas Company	800-548-3679	https://www.intgas.com/
Idaho State Police	208-525-7377	https://isp.idaho.gov/
Jefferson County Sheriff's Office	208-745-9210	
Rebecca Squires, Director Jefferson County Civil Defense	208-745-868	
American Red Cross	Idaho Falls- 208-522-8262	https://www.redcross.org/local/idaho.html
Idaho Poison Center	800-222-1222	www.poison.org
IDT Travel Alert		https://itd.idaho.gov/travel/

PREPARATION RESOURCES

Church Websites and Resources:

www.ProvidentLiving.org

www.ChurchOfJesusChrist.org – [search: emergency preparedness, food storage, etc.]

<https://store.churchofjesuschrist.org/usa/en/new-category/food-storage/5637160355.c> • LDS Library – Handbook section 22

Government and Public Resources:

www.Ready.gov

www.redcross.org

www.redcross.org/get-help/how-to-prepare-for-emergencies.html

www.redcross.org/get-help/how-to-prepare-for-emergencies/survival-kit-supplies.html

www.hhs.gov/programs/emergency-preparedness/index.html

<https://emergency.cdc.gov/>

www.pnsn.org – Volcanoes in Pacific Northwest

Advice and Preparedness Information & Resources: (not official Church resources or websites)

www.approachingready.com

<https://www.abysmal.com/product/LDSPREP-8.html> - Emergency preparedness manual; LDS perspective

www.hillcrestready.org - Hillcrest Utah Stake website (emergency preparedness site with CERT training)

www.roseredhomestead.com

<https://preparednesstips.blogspot.com/>

Commercial Websites with good information: (not official Church resources or websites)

www.buyersguide.org/emergency-food-supply-reviews/t/best - (buyer's guide to emergency food; information not an official church website)

www.ldsprepperstore.com

www.beprepared.com

www.theprepared.com

www.cityprepping.com

www.the Provident Prepper.org

Simple Steps to Emergency Preparedness: A 6-Month Plan for Your Family



Month 1

Building a reliable food supply

wf20ward.org.month1



Month 2

Ensuring access to clean and safe water

wf20ward.org.month2



Month 3

Preparing for Heat, Cooking, and Staying Warm

wf20ward.org.month3



Month 4

First Aid, Sanitation, and Maintaining Health

wf20ward.org.month4



Month 5

Stocking Up on Nutrition and Vitamins

wf20ward.org.month5



Month 6

Essential Tools and Communication Devices

wf20ward.org.month6



General Conference talks on preparedness

David A Bednar

We Will Prove Them Herewith | David A. Bednar | October 2020

“Some Church members opine that emergency plans and supplies, food storage, and 72-hour kits must not be important anymore because the Brethren have not spoken recently and extensively about these and related topics in general conference. But repeated admonitions to prepare have been proclaimed by leaders of the Church for decades. The consistency of prophetic counsel over time creates a powerful concert of clarity and a warning volume far louder than solo performances can ever produce.”

<https://www.youtube.com/watch?v=-UUJqOCK7QM>

President Russel M. Nelson

Embrace the Future with Faith | October 2020

“The future will be glorious for those who are prepared and who continue to prepare to be instruments in the Lord’s hands.”

<https://www.youtube.com/watch?v=C4m2bAGhzJY>

W. Christopher Waddell

There Was Bread | October 2020

“As we seek to become temporally prepared, we can face the trials of life with increased confidence.”

<https://www.youtube.com/watch?v=LKXEwQAUbtQ>