

Course Help and Support

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Learn About Canvas

Learn more about how to use Canvas by watching the following videos.

- [Canvas Overview](#)
- [Update Your Profile](#)
- [Update Your Notification Preferences](#)
- [Communicate with Your Instructor and Peers Using the Canvas InBox](#)
- [Participate in Discussions](#)
- [Keep Track of Assignments Due](#)
 - Guide: [Add the Canvas Calendar to Your Google Calendar](#)
- [Submit Your Assignments](#)
- [Participate in a Group](#)
- [Check Your Grades](#)
 - Guide: [View Assignment Feedback from Your Instructor](#)
- [Canvas Student App](#)
 - Note: The mobile app is a convenience but does not provide the full feature experience of Canvas.
- [Canvas: Getting Started for Students](#) (U of M Office of Information Technology)

You can also learn more about the features of the Canvas learning management system by reading their [guide for students](#).

Learn About Zoom

Zoom is used by the University of Minnesota for online meetings and video conferencing.

- [U of M Zoom Resources](#)
- [Getting Started with Zoom](#)
- [Zoom Whiteboard - a Quick Guide to Getting Started](#)

Technology Support

- [Online and In-Person Tech Help](#): UMN Help Desk, 24/7 support
- [Technology Help for Students](#) (Comprehensive list of links to tutorials for technology tools that may be used in courses)

U of M Accommodations Statement

The University of Minnesota views disability as an important aspect of diversity and is committed to providing equitable access to learning opportunities for all students. The Disability Resource Center (DRC) is the campus office that collaborates with students who have disabilities to provide and/or arrange reasonable accommodations.

- If you have, or think you have, a disability in any area such as, mental health, attention, learning, chronic health, sensory, or physical, please contact the DRC office on your campus (UM Twin Cities - 612.626.1333) to arrange a confidential discussion regarding equitable access and reasonable accommodations.
- Students with short-term disabilities, such as a broken arm, can often work with instructors to minimize classroom barriers. In situations where additional assistance is needed, students should contact the DRC as noted above.
- If you are registered with the DRC and have a disability accommodation letter dated for this semester or this year, please contact your instructor early in the semester to review how the accommodations will be applied in the course.
- If you are registered with the DRC and have questions or concerns about your accommodations please contact your (access consultant/disability specialist).

Additional information is available on the [DRC website](#) or email drc@umn.edu.

Student Mental Health

As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce your ability to participate in daily activities. University of Minnesota services are available to assist you with addressing these and other concerns you may be experiencing. You can learn more about the broad range of confidential [mental health services](#) available on campus.

Additional U of M Student Support Services

- [Educational Policies](#)
- [Tutoring and Academic Success Center](#)
- [Student Writing Support](#)
- [Safe Campus > Personal Wellbeing](#): Student Mental Health
- [Safe Campus](#): Campus Safety and Security
- [Resources for Students](#): a comprehensive list of student resources
- [Learn Online](#) tips and tools will help with your online learning experience

Help us improve our resources. Take this [one-minute survey](#).