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**STANDARD NOTICE**

**“Right to Receive a Good Faith Estimate of Expected Charges”**  
**Under the No Surprises Act**

**You have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost**

Under the law, health care providers need to give **patients who don’t have insurance or who are not using insurance** an estimate of the bill for medical items and services.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.

Make sure your health care provider gives you a Good Faith Estimate in writing at least one business day before your medical service or item. You can also ask your health care provider, and any other provider you choose for a Good Faith Estimate before you schedule an item or service.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.

Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](https://www.cms.gov/nosurprises) or 702-485-0430.

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Disclaimer:

\* This document was originally written by the Centers for Medicaid and Medicare (December 2021) and posted on their website (see reference below). Updated by Dr. Beaton-York of the Knowledge Tree (Ce Course provider) in consulted with a prominent attorney/psychologist with her malpractice carrier, The Trust (The revisions to this document were recommended by him to be more in compliance with ethical codes and yet maintain the integrity of this new legislation) and updated and adapted for use by Griffin Family Therapy. The No Surprises Law has already seen several revisions, so it is subject to change. This document on the CMS website actually has an expiration date of 3/31/22. Updates will occur over time.

Centers for Medicare & Medicaid Services. (2021). *Standard Notice and Consent Documents Under the No Surprises Act (For use by nonparticipating providers and nonparticipating emergency facilities beginning January 1, 2022)*.

<https://www.cms.gov/files/document/standard-notice-consent-forms-nonparticipating-providers-emergency-facilities-regarding-consumer.pdf>

