

WEEK 3- 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓	Q1 ▾	Wake up at 9 AM and drink water
2. ✓	Q1 ▾	Get ready to attack the day and resist the slave mind
3. ✓	Q1 ▾	Go gym (Saturdays and Sundays are rest days)
4. ✓	Q1 ▾	Come home and eat
5. ✓	Q1 ▾	Shadow box for 5 minutes
6. ✓	Q2 ▾	50 push ups
7. ✓	Q2 ▾	Read an entrepreneurial book for 10 minutes
8. ✓	Q2 ▾	Read the Bible
9. ✓	Q2 ▾	Watch the morning power up call (Must take notes)
10. ✓	Q2 ▾	Review a copy
11. ✓	Q3 ▾	Take a shower
12. ✓	Q3 ▾	Look for ways to improve outreach
13. ✓	Q3 ▾	Watch videos from the course
14. ✓	Q3 ▾	Prospect new leads
15. ✓	Q3 ▾	Plan out the next day (Google Calendar)
16. ✓	Q4 ▾	Review the day
17. ✓	Q4 ▾	OODA loop on current strategies
18. ✓	Q4 ▾	Practice DIC, PAS, and HSO short copy
19. ✓	Q4 ▾	Break down 1 good copy
20. ✓	Q4 ▾	Go to bed on time

	 DAY NUMBER + DATE + TIME 
Day Number:	22
Date:	29/05/2023
Start Time:	9:00 AM

	 3 Things That I Am Grateful To Have In My Life 
1.	For my family
2.	Everyone around me including me is well and healthy
3.	For having food, clean water, and a roof over my head

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Outreach
2.	Review a copy
3.	Prospect

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

 **What Do I Plan To Accomplish This Morning?** 

 **What Is The Main Goal For This Morning?** 

 **How Will I Start My Morning With Power?** 

9 am: Task \$	
Intention 	
Reflection 	

10 am: Task \$	
Intention 	
Reflection 	

11 am: Task 💰	
Intention 🔔	
Reflection ✍️	

12 am: Task 💰	
Intention 🔔	
Reflection ✍️	

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 What Did I Learn This Morning? 🧠

❌ What Problem's Did I Face This Morning? ❌

🔑 How Will I Solve These Problems For This Afternoon? 🔑

MY AFTERNOON WAR PLAN

 **What Do I Plan To Accomplish This Afternoon?** 

 **What Is The Main Goal For This Afternoon?** 

 **How Will I Start My Afternoon With Power?** 

1 pm: Task \$	
Intention 🔔	
Reflection ✍️	

2 pm: Task \$	
Intention 🔔	
Reflection ✍️	

3 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

4 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

5 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

6 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

7 pm: Task \$	
Intention 🔔	
Reflection ✍️	

8 pm: Task \$	
Intention 🔔	
Reflection ✍️	

9 pm: Task \$	
Intention 🔔	
Reflection ✍️	

10 pm: Task \$	
Intention 🔔	
Reflection ✍️	

11 pm: Task \$	
-----------------------	--

Intention 🛎	
Reflection ✍	

12 pm: Task 💰	
Intention 🛎	
Reflection ✍	

End-Of-The-Day Report:

🧠 **What Did I Learn Today?** 🧠

✗ **What Problems Did I Face In The Day?** ✗

🔑 **How Will I Solve These Problems Tomorrow?** 🔑

 **What Do I Plan To Do Differently Tomorrow?** 

--

 What Do I Plan To Do The Same Tomorrow? 
--

--

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 
--

--

 What Tasks Were Left Undone? 

--

Brain Dump: