

# COLLEGE OF HUMAN KINETICS

University of the Philippines Diliman

## PROPOSED PLAN OF STUDY

As of (DATE)

NAME: \_\_\_\_\_ Student No.: \_\_\_\_\_  
Program: ☐ DESS ☐ MSHMS ☐ *Physical Education* ☐ *Exercise Science* ☐ *Leisure Studies*

Semester and AY of First Enrollment in the Program: AY 20xx-20xx

No. of Years Left to Complete the Program: \_\_\_\_\_

Required No. of Units: \_\_\_\_\_ Units Passed: \_\_\_\_\_ Units Remaining: \_\_\_\_\_

1<sup>st</sup> Semester, AY 20xx-20xx

Course	Units	Grade		Course	Units	Grade
Total (units)				Total (units)		

2<sup>nd</sup> Semester, AY 20xx-20xx

1<sup>st</sup> Semester, AY 20xx-20xx

Course	Units	Grade		Course	Units	Grade
Total (units)				Total (units)		

2<sup>nd</sup> Semester, AY 20xx-20xx

1<sup>st</sup> Semester, AY 20xx-20xx

Course	Units	Grade		Course	Units	Grade
Total (units)				Total (units)		

2<sup>nd</sup> Semester, AY 20xx-20xx

1<sup>st</sup> Semester, AY 20xx-20xx

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Course No.	Course Title	Units	Semester	Academic Year	Grade
A. Core Courses					
HMS 201	Philo. of HMS	_____	Sem 1 / 2	20xx-20xx	_____
HMS 206	Meas. and Eval. in HMS	_____	Sem 1 / 2	20xx-20xx	_____
HMS 299	Research in HMS	_____	Sem 1 / 2	20xx-20xx	_____
B. Specialization					
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
C. Electives					
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
HMS xxx	Course title	_____	Sem 1 / 2	20xx-20xx	_____
D. Cognate					
Non-HMS	Course title	_____	Sem 1 / 2	20xx-20xx	_____
E. Other Required Courses					
HMS 300	Thesis	_____	Sem 1 / 2	20xx-20xx	_____
Code	Course title	_____	Sem 1 / 2	20xx-20xx	_____
Code	Course title	_____	Sem 1 / 2	20xx-20xx	_____

### Declaration:

*I understand that I have to inform my adviser of any changes to the list of courses that I have submitted; otherwise, my adviser may delete any subject not indicated above from my CRS pre-enlistment.*

Prepared by: NAME AND SIGNATURE OF STUDENT \_\_\_\_\_  
Signature and Name of Student Date

Noted: NAME AND SIGNATURE OF PROGRAM ADVISER \_\_\_\_\_  
Faculty Program Adviser Date

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