

# Thomas Huebl - Authentic Awakening Advanced Intensive

## What You'll Discover in This Practicum

Thomas will build upon the four essential pillars of an awakened life while skillfully guiding you through the fundamental spiritual skills and competencies that you'll need to fully awaken your expanded presence and awareness in the fast-paced "marketplace" of our post-modern world.

Each contemplation and training session will build harmoniously upon the next, so that you'll develop a complete, holistic understanding of the practices, tools and principles you'll need to permanently sustain your awakening in everyday life.

We have also incorporated the invaluable feedback that we have received from Thomas' students and graduates to create the most powerful online format we have ever offered at the Shift Network for transformational learning and practice.

This is one-of-kind advanced training is a rare opportunity to learn from an authentically awakened teacher at a much deeper level, to suffuse virtually every area of your life with the gifts of greater consciousness, presence, and depth.

If you are truly ready to dive deep into the transformative field of awakening and are called to embody and express your enlightened potential more fully in this life, this Advanced Practicum with Thomas Huebl is the perfect training for you.

## Module 1

### Advanced Transparent Communication:

#### *Transforming Your Communication into a Spiritual Practice*

- Discover how to transform all communication into a spiritual practice
- Cultivate a conscious relational space through presence and attunement
- Perceive the subtle energy in all communication beyond the words
- Develop subtle energy competency: Gross – subtle- causal- non dual
- Discover how to speak to the essence of the problem not its symptoms
- Read energy and information directly to navigate with greater clarity
- Learn to see the full spectrum of others from their shadow to their highest potentials
- Experience Radical Empathy – shift your perspective to different levels of awareness – Self, Other, the Space between
- Learn how to let go of your habitual ego processes to clearly perceive the energy of others

## **Module 2**

### **Advanced Shadow Work:**

#### ***Integrating All that You Are to Awaken Your Full Potential***

- Learn how to find the pearls of wisdom within the shadow's contraction
- Discover how to bring conscious awareness and feeling into the unconscious areas of your personality
- Experience holding the space for others who are in a space of contraction, without dissociation or resistance
- Learn to detect and become aware when you are triggered into a shadow area
- Cleanse the filters of perception to liberate your innate intelligence and potential that is buried within the shadow
- Learn the optimal container for different types of shadow work – on your own, in a group or with a skilled therapist
- Get to the root of your unique shadow blocks and “symptoms” to heal them once and for all

## **Module 3**

### **The Mystical Process of Incarnation and the Cosmic**

#### **Cycles of Creation**

#### ***How to become fully embodied as your divine potential in this life***

- Understand how the past and future are affecting the present moment
- Learn the subtle dynamics of the law of Karma
- Experience the mystical process for how to fully incarnate and become embodied in this life
- Understand the intimate relationship between Freedom and Commitment
- Learn about the ego's defence mechanism of Spiritual Bypassing
- Learn what can go “wrong” in the incarnation process and how to resolve it
- Discover the process to face and bring closure to the recurring issues in your life

## **Module 4**

### **Actualizing Your Enlightened Potential:**

#### ***Awakening to Your Soul's Unique Purpose and Mission in this Life***

- Learn how you can recognize and help to liberate the higher potential in others
- Find ways to express your core energy more fluidly in life
- Experience what happens when our deepest humanity merges with our highest possibility

- Learn how you can own the darkness of your shadow and integrate with the full splendor of your light
- Discover how to align yourself with higher knowledge and let it guide your life
- Experience the transformational principle of initiation
- Learn how to embody your realizations so that every cell of your body radiates this new information
- Learn how to become a beacon of authentic transmission by walking your spiritual talk
- Trust your intuition more deeply and embody a higher level of consciousness

## **Module 5**

### **The New Culture of “We”**

#### ***Evolving Beyond the Contraction of the Ego in Service***

##### ***of the Whole***

- See how to cultivate a grown up, mature “I”, with transcendent insight
- Discover the components of a new “we” and how to cultivate it
- Learn how to open yourself beyond the ego’s preferences in service of the whole
- Shift from the ego’s “will to get” into the heart’s “will to give”
- Experience the transpersonal breakthrough of co-creating in a group without ego
- Find the healthy balance between giving and receiving based on where you are in your spiritual evolution
- Connect to the creative force of the cosmos and its overflowing joy and power
- Dissolve the illusory power of the ego and open to the flow of divine intelligence

## **Module 6**

### **Advanced Mystical Principles and Meditation for an**

#### **Enlightened Life**

##### ***Opening to Your Superconscious Potential***

- Access higher levels of consciousness – from the sub-conscious to super-consciousness
- Avoid meditation traps and see how certain spiritual practices can actually block our higher evolution
- Dive deep into the art of meditation and the levels of awareness beyond your conventional ego perception
- Learn to transcend the conditioned structures of your body, mind and emotions that limit your awakening
- Experience the Initiation into mystical awareness
- Cultivate a clear connection to your Inner wisdom and guidance

- Awaken beyond the collective imprints and momentum of thousands of years of evolution
- Learn how to see through the veils of illusion to the underlying energy that is creating life
- Discover the universal spiritual truths that connect to the ancient traditions
- Learn the essential universal principles that will help your life flow with much more ease and grace
- Explore how to work with mystical principles to empower your authentic awakening

## Co-Teachers and Advanced Practitioners

As part of the power of this Authentic Awakening Advanced Training will flow from the calibre of the spiritual community that is formed, Thomas will have his most advanced and well-prepared practitioners play an active role in two of the sessions each module. While there can be a tendency to focus just on the singular spiritual teacher, this aspect of engagement with other advanced practitioners is particularly helpful in integrating and embodying the shifts, often clarifying distinctions and helping you to work through places of challenge on your path with more support.

## The Authentic Awakening Bonus Collection

In addition to Thomas Huebl's transformative intensive, you'll also receive these powerful bonus sessions that will complement the intensive, deepening your understanding and practices.

### **Illuminating Intimate Relationship:**

#### ***Transforming Your Relationships Into a Vehicle for Your Awakening***

### **Complete Extra Module from Thomas**

This very special bonus will give you **over 4 hours** of content from a module that Thomas taught on intimate relationship.

You'll receive:

- 2 Audio teaching sessions with Thomas
- 90 minute video session with Thomas
- A 60-minute Q&A session with Thomas

In this module, you will:

- Learn about the fundamental dynamics at work in intimate relationships
- Become aware of the unconscious patterns you are playing out with your partner
- Awaken to the spiritual aspects of sexuality as a tool to increase our intimacy

- Discover how not to fall into the trap of making your relationship a therapy
- Learn new tools and practices to handle communication breakdowns and regressive situations
- Transform sexuality into a tool to transcend separation and expand awareness
- Discover how your relationship can be a catalyst for you and your partner to awaken
- Understand intimate relationship in a bigger context

## **Shifting the World with Your Consciousness**

### ***Audio Dialogue with Thomas and Stephen Dinan***

In this exciting and visionary spiritual dialogue, Stephen Dinan, founder and CEO of The Shift Network, will explore with Thomas how the personal awakening work can begin to impact larger fields of consciousness. When our cultures are polarized around race or religion or are still playing out karmic patterning from decades past, how can we as committed, conscious beings play a role in beginning to shift the deeper dynamics? This impact goes far beyond the more obvious forms of activism or engagement into realms where we are literally working on the consciousness “field” of the collective. They will explore emerging practices of meditation and clearing that allow us to play a larger role in the most foundational shifts of our day, regardless of whether we are reaching dozens or thousands directly with our work.

**Stephen Dinan** is the CEO of The Shift Network and a member of the prestigious Transformational Leadership Council and Evolutionary Leaders groups. As the former Director of Membership and Marketing at the Institute of Noetic Sciences, he was the driving force behind the Shift in Action program, which grew to 10,000 paying members, and the One Minute Shift video series, which was seen by more than one million. He is also the author of *Radical Spirit* (New World Library), and a forthcoming book *Sacred America*. Stephen directed and helped to create the Esalen Institute’s Center for Theory & Research, a think tank for leading scholars, researchers, and teachers to explore human potential frontiers.