

# APPENDIX:

Links to Special Topics  
of Interest

Including Aggressive  
Behavior

# LINKS TO TOPICS OF INTEREST

## WEANING FROM BOTTLES, PACIFIERS, THUMB SUCKING

Thumb Sucking and Pacifier Use

<https://www.mouthhealthy.org> › az-topics › thumbsucking

Thumb Sucking: Help Your Child Break the Habit

<https://www.mayoclinic.org> › in-depth › thumb-sucking › art-20047038

FAQ: Baby Bottle Weaning

<https://www.ucsfbenioffchildrens.org> › education › baby\_bottle\_weaning

Weaning from the Bottle

[nursing.msu.edu](http://nursing.msu.edu) › Microsoft Word - EFB Question 2--weaning from bottle

## TOILET TRAINING

Toilet Training – Guideline for Parent

[www.goodlettsvillepediatrics.com](http://www.goodlettsvillepediatrics.com) › resources › information\_booklets ›

Potty Training: Learning to Use the Toilet

<https://www.zerotothree.org> › resources › 266-potty-training-learning-to-t...



## TEMPER TANTRUMS

Parents' Guide to Temper Tantrums- NASP Center

<https://www.naspcenter.org> › parents › tantrums\_ho

Temper Tantrums

[www.parentingcounts.org](http://www.parentingcounts.org) › information-for-parents-temper-tantrums

When Toddler Tantrums Test Ou

<https://health.clevelandclinic.org/when-toddler-tantrums-test-your-patience-5-dos-and-donts/>

## ”W” SIT

**The “W” Sit: the child is seated on the floor with their knees bent, feet positioned outside of their hips and their bottom on the floor. There are differing opinions as to whether or not “W” sit position should be corrected.**

Why It's Totally Fine to Let Your Kid Sit in the “W” Position

<https://www.parents.com> › Babies › Health

The Truth About W-Sitting

<https://www.cdchk.org> › parent-tips › truth-about-w-sitting

## SCREEN TIME

Screen Time and Children: How to Guide Your Child

<https://www.mayoclinic.org › in-depth › screen-time › art-20047952>

Limiting children's recreational screen...linked to better cognition

<https://medicalxpress.com/news/2018-09-limiting-children-recreational-screen-hours.html>

Young Children and Screen Time (TV, Computers, Etc.)

[www.center4research.org › young-children-screen-time-tv-computers-etc](http://www.center4research.org › young-children-screen-time-tv-computers-etc)

## **SEPARATION ANXIETY**

Separation Anxiety and Separation Anxiety Disorder

<https://www.helpguide.org/articles/anxiety/separation-anxiety-and-separation-anxiety-disorder.htm>

How to Ease Your Child's Separation Anxiety

<https://www.healthychildren.org/English/ages-stages/toddler/Pages/Soothing-Your-Childs-Separation-Anxiety.aspx>

Managing Preschool Separation Anxiety

<https://www.verywellfamily.com/managing-preschool-separation-anxiety-2764909>

## **SHYNESS IN CHILDREN**

Shyness: babies and children

<https://raisingchildren.net.au/toddlers/behaviour/common-concerns/shyness>

# **FEARFULNESS IN CHILDREN**

Normal Childhood Fears (Babies to School Age)

<https://kidshealth.org/en/parents/anxiety.html>

## **ENERGY IN CHILDREN**

Understanding High-Energy Kids

<https://www.parents.com/toddlers-preschoolers/development/behavioral/understanding-high-energy-kids/>

Giant Collection of Physical Activities for High Energy Toddlers

<https://handsonaswegrow.com/physical-activities-toddlers/>

## **WHINING IN CHILDREN**

Whining in Young Children

<https://www.babycentre.co.uk/a1022254/whining-in-young-children>

How to Pre-empt Whining

<https://www.ahaparenting.com/Ages-stages/preschoolers/Life-Preschooler/pre-empt-whining>

## **NAME CALLING IN CHILDREN**

Name Calling

<https://www.psychologytoday.com/us/blog/how-raise-happy-cooperative-child/201601/name-calling>

Bad Words from Good Kids

<https://www.handinhandparenting.org/article/bad-words-from-good-kids/>

Name Calling- When Do You Step In?

[http://www.earlychildhoodnews.com/earlychildhood/article\\_view.aspx?ArticleID=89](http://www.earlychildhoodnews.com/earlychildhood/article_view.aspx?ArticleID=89)



# **AGGRESSIVE BEHAVIORS**

Helping Young Children Channel Their Aggression

<https://www.zerotothree.org/resources/12-helping-young-children-channel-their-aggression>

Aggressive Behavior in Toddlers

<https://www.zerotothree.org/resources/16-aggressive-behavior-in-toddlers>

Taming Aggression in Children

<https://www.parentingscience.com/aggression-in-children.html>

Helping Children with Aggression

<https://www.healthychildren.org/English/ages-stages/toddler/Pages/Aggressive-Behavior.aspx>

10 Tips to Prevent Aggressive Toddler Behavior

<https://www.healthychildren.org/English/ages-stages/toddler/Pages/Aggressive-Behavior.aspx>

## **BITING**

Understanding and Responding to Children who Bite

<https://www.naeyc.org/our-work/families/understanding-and-responding-children-who-bite>

Toddlers and Biting: Finding the Right Response

<https://www.zerotothree.org/resources/232-toddlers-and-biting-finding-the-right-response>

Biting in the Toddler Years

<https://www.ok.gov/health2/documents/cgs.pub.BitingTodYears.pdf>

## **HITTING and KICKING**

Teaching a Preschooler to Stop Hitting

<https://www.verywellfamily.com/teaching-a-preschooler-to-stop-hitting-2764633>

When Your Toddler Hits You: A New Perspective

<https://www.handinhandparenting.org/article/toddler-hits-you/>

Hitting, Biting and Kicking: How to Stop Aggressive Behavior in Young Children

<https://www.empoweringparents.com/article/hitting-biting-and-kicking-how-to-stop-aggressive-behavior-in-young->

## **SPITTING**

What Are the Causes of Spitting Behavior in Children?

<https://www.hellomotherhood.com/article/185750-how-to-discipline-a-screaming-2-year-old-child/>

How to Discipline a Child for Spitting

<https://www.verywellfamily.com/the-best-way-to-discipline-a-child-for-spitting-1094999>

## **PINCHING**

How to Get a Toddler to Stop Pinching

<https://living.thebump.com/toddler-stop-pinching-15185.html>

Biting Pinching and hair pulling

<https://raisingchildren.net.au/babies/behaviour/common-concerns/biting-pinching-hair-pulling>