

DND/CAF SERVICE PROVISION CONTACT NUMBERS

CANADIAN FORCES MEMBER ASSISTANCE PROGRAM (CFMAP) 1-800-268-7708
Hearing Impaired Line 1-800-567-5803
<http://www.forces.gc.ca/en/caf-community-support-services-map/member-assistance-program.page>

CAF Transition Group

<https://www.canada.ca/en/department-national-defence/services/benefits-military/transition.html>

DND/CAF OMBUDSMAN 1-888-828-3626
<http://www.ombudsman.forces.gc.ca/>

CANADIAN ARMED FORCES CHAPLAIN GENERAL 1-866-502-2203
<https://www.canada.ca/en/department-national-defence/services/benefits-military/health-support/chaplain.html>

OPERATIONAL TRAUMA AND STRESS SUPPORT CENTRES

<http://www.forces.gc.ca/en/caf-community-health-services-mental/index.page?#otscc>

CANADIAN/MILITARY FAMILY RESOURCE CENTRES (C/MFRC)

Military Family Information Line **1-800-866-4546**
Military Family Resource Centre- Ottawa 1-613-998-4888
<https://www.cafconnection.ca/>

SEXUAL MISCONDUCT RESPONSE CENTRE 1-844-750-1648
<http://www.forces.gc.ca/en/caf-community-support-services/sexual-misconduct-response-centre.page>

CANADIAN ARMED FORCES MEDICAL CENTRES

See the following website for contact information for your local medical centre:

<https://www.canada.ca/en/department-national-defence/services/benefits-military/health-support/medical-dental-centers.html>

CANADIAN ARMED FORCES MENTAL HEALTH SERVICES

See the following website for information on available mental health services:

<http://cmp-cpm.mil.ca/en/health/caf-members/mental-health.page>