



GTCC Summer Institute 2023



Workshop: 2317	
TITLE:	<i>Banish the Burnout!</i>
COURSE DESCRIPTION:	Teachers explore ways to help avoid burnout and collaborate ideas for a more positive 2023-2024 School Year. This will include strategies for self, families, and students to deal with stress or ways to avoid it altogether. Come prepared to brainstorm with other K-12 teachers, try out some different methods, and to prepare for a fresh start for next year!
SPECIAL INSTRUCTIONS:	<i>Bring an internet-capable device, outside clothes, walking/running shoes (or bike, basketball, rollerblades), favorite pen/pencil & notebook.</i> <i>One portion of the 2-day class will be held outside: bring a camp chair if you prefer not to sit on the grass.</i>
PRESENTER(S):	Sara Davidson
TARGET AUDIENCE:	PreK-12 Educators
DATE:	Thursday-Friday, July 6-7, 2023
TIME:	8:30 AM - 5:00 PM daily (1 hour lunch break)
LOCATION:	Great Falls, MT
SITE:	Great Falls College MSU, 2100 16th Avenue South/ Room #B108 (South Side Door #7) & Gibson Park
ENROLLMENT:	Limit of: 20
CREDIT: COURSE SYLLABUS <i>Requirements outlined in the syllabus are only for those taking the class for college credit.</i>	OPI Renewal Units -OR- 1 semester credit Continuing Education Credits (MSU-Northern) will be available (\$150 - paid at the workshop).
EXPENSES:	Participants will be responsible for travel, lodging, and meals.
REGISTRATION POLICY:	\$40 (GTCC Member) / \$100 (Non-Member) Registration and payment are accepted online or mail to: 869 Tumbleweed Lane - Deer Lodge, MT 59722 REGISTRATION IS CONFIRMED UPON RECEIPT OF PAYMENT ONLY NO REFUNDS AFTER MAY 19, 2023