Apricot Mousse Cake

Ingredients

Sponge Cake ~

- 3 large eggs
- 100g (½ cup) sugar
- ½ teaspoon vanilla extract
- 65g (½ cup) all-purpose flour
- ½ teaspoon baking powder

Apricot Mousse ~

- 380g (2 cups) canned apricots, drained (reserve syrup)
- 240g (1 cup) sweetened condensed milk
- 710ml (3 cups) heavy cream, chilled
- 1 teaspoon vanilla extract
- 110g (½ cup) sugar
- 20g (2 tablespoons) unflavored gelatin
- 60ml (1/4 cup) water

Apricot Gelee ~

- 240ml (1 cup) water, divided
- 2 tablespoons (20g) unflavored gelatin
- 355ml (1½ cups) reserved apricot syrup

Additional Ingredients ~

Additional sliced apricots, for center of the cake and garnish

Preparation

Cake ~

- 1. Preheat the oven to 180°C (350°F).
- 2. Line the bottom of a 23-cm (9-inch) springform pan with parchment paper.
- 3. In a large mixing bowl, whisk together the eggs, sugar and vanilla on high speed until thick and pale in color, about 5 minutes.
- 4. In a separate bowl, combine the flour and baking powder.
- 5. Sift the dry ingredients into the eggs in small amounts, folding gently but thoroughly.
- 6. Pour the batter into the prepared pan and bake for 20 minutes.
- 7. Cool the cake on a wire rack, then remove it from the pan.
- 8. Clean the pan and line the sides with plastic wrap or an acetate cake collar.
- 9. Return the sponge cake layer into the pan.

Apricot Mousse ~

1. Drain the canned apricots and reserve 1½ cups (355ml) of the syrup for the gelee.

- 2. Place 190g (1 cup) of apricots and the sweetened condensed milk into a food processor and pulse into a puree.
- 3. Dice the additional 190g (1 cup) of apricots and set aside.
- 4. In a mixing bowl, whisk together the cream, vanilla and sugar on high speed until stiff peaks form.
- 5. Fold the puree and diced apricots into the whipped cream.
- 6. Combine the unflavored gelatin and water in a small ramekin.
- 7. Microwave for 30 seconds, or until the gelatin is completely dissolved.
- 8. Pour the hot mixture directly into the mousse mixture and fold in until well combined.

Assemble the cake ~

- 1. To assemble the cake, first soak the sponge cake layer with a few tablespoons of apricot syrup.
- 2. Add the apricot mousse and level off the top.
- 3. Arrange apricot slices around the perimeter and the center, gently pressing them into the mousse.
- 4. Chill the cake for 30 minutes in refrigerator

Apricot Gelee ~

- 1. Combine 60ml (½ cup) of cold water and the unflavored gelatin in a small ramekin and allow the gelatin to bloom for a few minutes.
- 2. Boil 177ml (¾ cup) of water and pour into a large bowl, adding the gelatin mixture and stirring until the gelatin is completely dissolved, then add the apricot syrup.
- 3. Pour the mixture over the partially set mousse layer.
- 4. Return the cake to the refrigerator and allow it to set for at least 6 hours, or until the gelee on top is set completely.
- 5. To serve, transfer the cake onto a cake stand, then remove the plastic wrap.