



THE INTERNATIONAL
ASSOCIATION
FOR FUNCTIONAL
HORMONE HEALTH

Educational Resources for Supporting Women of Color in Healthcare

Brought to you by The International Association for Functional Hormone Health

Books:

- [Medical Bondage](#)
- [Medical Apartheid](#)
- [The Pain Gap](#)
- [Killing the Black Body](#)
- [Just Medicine](#)
- [Reproductive Justice](#)
- [Policing the Womb](#)
- [Laboring Women: Reproduction and Gender in New World Slavery](#)
- [Skimmed: Breastfeeding, Race, and Injustice](#)
- [Her Blood is Gold](#)
- [Witches, Midwives, and Nurses](#)
- [Doing Harm](#)

Articles

- [Misrepresenting Race in Medical Education](#)
- [Racial Inadequacies in Sexual & Reproductive Healthcare](#)
- [The Impact of Racism on Sexual & Reproductive Health](#)
- [Black Women & Infertility](#)
- [Black Maternal and Infant Health](#)
- [Racial Disparities in Reproductive Aging and Midlife Health](#)
- [Increased Risk for Uterine Fibroids in Black Women](#)

- [Risk of Uterine Fibroids for Black Women](#)

Podcasts/Videos

- <https://podcasts.apple.com/us/podcast/creogs-over-coffee/id1437744535?i=1000518527772>
- <https://podcasts.apple.com/us/podcast/the-quest-for-equity-in-reproductive-health/id1437924056?i=1000543843214>
- <https://www.youtube.com/watch?v=mmrOsWRDZ4Y>
- <https://podcasts.apple.com/us/podcast/black-girls-guide-to-surviving-menopause/id1462589097>
- <https://podcasts.apple.com/gb/podcast/black-menopause-beyond/id1570812103>
- <https://podcasts.apple.com/us/podcast/menopause-whilst-black/id1537012198>

Additional Resources:

- [Anti-Racist Prenatal & Postnatal Care Preferences](#)
- <https://www.raceandmedicine.com/reproduction>

Health Organizations & Practitioners:

- [The Bridge Directory](#)
- [Black Women's Health Imperative](#)
- [The Black OB/GYN Project](#)
- [The Black Girl's Guide to Surviving Menopause](#)
- [Black Women in Menopause - UK](#)
- [Black Women's Health Movement](#)
- [Black Women for Wellness](#)

Anti-Racism Education:

- [Embodying Equity](#) - antiracist & wellness education for health practitioners
- [7-Day Antiracism Challenge](#) by Chakita Patterson

If you have additional resources or suggestions to add to this list, please email info@iafhh.com