

Health Requirements for Students

If you have moved to Illinois from another state or country you need the following to register for school:

1. A physical exam from a doctor in the state of Illinois within one year prior to the first day of the current school year. The physical must be signed and dated by the doctor. *
2. Immunization record with all immunizations up to date based on age of the student. *
3. The parent portion of the physical form must be completed and signed by the parent of the student. *
4. Eye examination completed by an eye doctor in Illinois within one year of the first day of the current school year.

*These requirements MUST be completed by October 15th of the school year OR within 30 days of registering students for school.

Students not meeting these requirements will be EXCLUDED from school

Pre-K students

1. A physical exam from a doctor in the state of Illinois within one year of the first day of the current school year. The physical must be signed and dated by the doctor. *
2. Immunization record with all immunizations up to date based on age of the student. *
3. The parent portion of the physical form must be completed and signed by the parent of the student. *

*These requirements MUST be completed by October 15th of the school year OR within 30 days of registering students for school.

Students not meeting these requirements will be EXCLUDED from school

Kindergarten students

1. A physical exam from a doctor in the state of Illinois within one year prior to the first day of the current school year. The physical must be signed and dated by the doctor. *
2. Immunization record with all immunizations up to date based on age of the student.*
3. The parent portion of the physical form must be completed and signed by the parent of the student.*
4. Eye exam from an eye doctor in the state of Illinois must be completed within one year prior to the first day of the current school year and submitted by October 15th.
5. Dental exam from a dentist in the state of Illinois by May 15th of the school year and must be within 18 months of the May 15th deadline.

*These requirements MUST be completed by October 15th of the school year OR within 30 days of registering students for school.

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2nd grade students

1. Dental exam from a dentist in the state of Illinois by May 15th of the school year and must be within 18 months of the May 15th deadline.

6th grade students

1. A physical exam from a doctor in the state of Illinois within one year prior to the first day of the current school year. The physical must be signed and dated by the doctor. *
2. Immunization record with all immunizations up to date based on age of the student.*
Tdap and meningococcal immunizations are additional and mandatory to enter 6th grade.
3. The parent portion of the physical form must be completed and signed by the parent of the student.*
4. Dental exam from a dentist in the state of Illinois by May 15th of the school year and must be within 18 months of the May 15th deadline.

*These requirements MUST be completed by October 15th of the school year OR within 30 days of registering students for school.
Students not meeting these requirements will be EXCLUDED from school

Sports Physicals

If your child has ANY interest in participating in sports at West Oak, it is MANDATORY to have a sports physical on file. The physical must be dated within 395 days from the conclusion of the season. Please contact the school nurse if you have any questions.

Sports offered at West Oak

5th Grade

Cross Country - August
Track – March

6th Grade – The required 6th grade physical will cover this sport physical requirement as long as the physical date is within 395 days.

Cross Country and Soccer - August
Cheerleading and Wrestling- October
Track - March

7th/8th Grade

Cross Country, Soccer and Girls Basketball- August
Wrestling and Boys Basketball -October
Girl's Volleyball - January
Boy's Volleyball and Track- March