

Hi guys. I want to talk about some stuff.

TW: Mental health themes and disturbing descriptions
(Viewer discretion is advised)

1. My mom wants to limit my device time

I think this is unfair, because I am 16 now, and should be able to control myself how much time I use on a personal device per day. If she tells me I can only use the device (Ipad, computer, phone, etc.), for ex.

Amount of hours per day, It'll be a lot harder to do the following:

1. Go on long phone calls or zoom calls with my school friends (Tony (KAIT0) and Nicole (No UTAU forum account)), meaning communication will either be cut short and/or only limited to inside school or during planned hangouts after school.
2. Make big projects, like albums or voicepack projects.
3. Play video games to calm myself down from stress.

2. My parents want me to get a part-time job

This could stress me out, because I am not ready to work yet, and if I work after school and during weekends, I'll never be able to have a break from labor and take care of myself (Taking a shower, resting/sleeping, etc.), well, it really depends what hours my boss would want me to work for, and hopefully I'll still be able to be hygienic and not have to go to school with messy, dirty hair and an uncleaned face and make a complete embarrassment out of myself. Also, if I do get a job, It'll still be very hard to do the 3 things I listed above.

3. Educational pressure is rising...

Since I am in Grade 11, My marks are starting to matter even more, and Universities and Colleges will be looking at those grades that I have received. Because of this, it is important I study really hard to get high grades. This means I will most likely be spending less time on the internet, meaning the albums, voicepack projects, etc, will either be extremely delayed or cancelled altogether to prioritize my studies. Eventually I might have to stop using the internet altogether so I don't get distracted. If I ever do quit the internet, I'll notify everyone I know so they know I'm quitting ahead of time, and after that you won't be able to communicate with me anymore unless I know you in real life.

4.Mental and Physical health problems are affecting my ability to stay motivated

This part may be a little TMI (Too much information). I am currently experiencing symptoms of depression, and intense anxiety, which is causing issues when trying to think, observe, and use the 5 senses to see, hear, feel, etc. It's causing me to overreact a lot in real life and accidentally hurt other people (Mentally, i'd never hit anyone.) It's making me feel terrible for what I do. Physically, I am having problems with my body. I have a skin condition called eczema, where it heavily affects my hair and skin. Eczema usually causes lots of dead skin and/or dandruff buildup in the hair, and red flaky patterns all over the body. I am frustrated as I can't seem to get rid of it, and it's only getting worse. I'd have to wash my hair every 2-3 hours just so my head won't itch and irritate me. My body is extremely inflamed due to the condition, and nothing works. Not even medication. I also noticed how a lot more frequently now, my ears start ringing loudly and then stops after a slight headache. I may be going partially deaf due to extremely loud noises I've been hearing lately such as loud TV, and frequent yelling at the dinner table due to arguments I don't get involved in, but everyone else in my family does, and they sometimes yell right in my ears. I don't want to get checked for deafness because then my parents will just start blaming me saying it's "The computer's fault" or say it's just "Temporary and will recover soon." So, if I go deaf, I guess I go deaf. There's nothing I can do. Due to the fact the hair on my face (Sides, chin, and over the mouth) grows very quickly, I have to shave it every couple of days, which bothers me and also bothers my skin since the skin goes red whenever I shave, but I don't want to wax my face either because it'll hurt even more before and after. It's very annoying. It's making me just want to bedrot and scroll depressingly on Instagram and Tiktok all day because of how mentally and physically sick I feel.

5. I'm starting to study my own things outside of school

Recently, I've started taking interest in learning about other things that I WANT to learn about, and this is outside of my school education. I am currently starting to learn things like IPA and consonants and vowels from multiple languages across the globe, basically just phonology. I am also learning how to code so I can go to my dream college program in 1 & ½ years time which is Software Development and Network Engineering at one of the top Arts and Technology Colleges in Canada, Sheridan. In my own free time, I am also learning how to sing better and learning more on how to cook meals so that when I am old enough to move into my own house, I know how to cook enough dishes so I have variety to eat. Because of this, I am slowly replacing some of my computer and video game time with a mix of my personal studies and school studies so I can focus on becoming smarter and achieving my educational and financial goals in the future.

**Thanks for reading,
-> Mr. Cloud.**